

vote

On or Before  
**March 6th**  
**Rainberry Bay**  
Board of Directors  
Master-Homes-Villas

# RAINBERRY BAY BEACON

vote

On or Before  
**March 19th**  
City of Delray Beach  
**MUNICIPAL  
ELECTIONS**

MARCH-APRIL 2024

SHARING COMMUNITY

## SAVE THESE DATES

March 6  
Election Night  
March 8  
Neil Zirconia  
March 9  
Shredding Event  
March 10  
Newcomers' Party  
Movie Night  
March 12  
STORM/CERT  
March 13  
Master Mtg (tent.)  
March 15  
Friday w Friends  
March 17  
Breakfast Club  
March 19  
NF Book Club  
March 20  
Book Discussion  
March 23  
WC Bingo  
March 29  
Foodberry  
March 31  
Movie Night  
April 2  
Homes Mtg  
April 5  
Friday @ Five  
April 9  
NF Book Club  
STORM/CERT  
April 10  
Master Mtg  
April 12  
Cherry Spider Band  
April 16  
WC Card/Game  
Party  
April 17  
Book Discussion  
April 21  
Foodberry  
April 28  
Movie Night

## Roads Update Lois Wiesler and David Kulick

There have been many questions about the roads project, so here is a summary timeline. This does not include every detail as there is

FL DOT including I95 and local roads. The finalized contract was executed May 23, 2021. It is posted on our website.



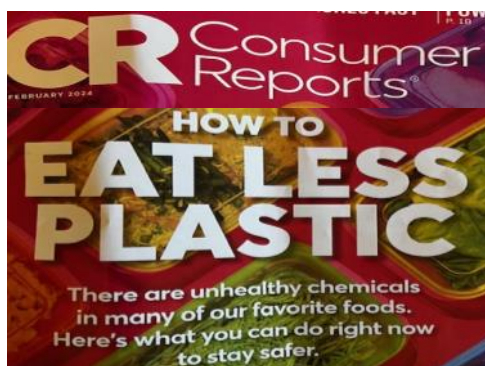
There had been quite a lot of push-back about removing the trees. We had two arborists look at the trees. The ones damaging the road were marked for removal and then the city of Delray Beach got involved to advise us on what we needed to apply for permits. Outright, Delray Beach said we could not remove the trees that had cracked our road and sat over a water main.

April 2021 the board approved a loan – to date

Continued on page 23

just not enough room to include it all.

January 2020 - The board hired an engineer to oversee the roads project. He suggested three companies to bid on the job. We chose Hardrives, which was later bought out by Ranger, a large, well-known company that also does jobs for



## April: Earth Day

The Green Committee is working on events for Earth Day. This year's International theme is **Planet vs. Plastic.**

Stop by the showcase in the Clubhouse for a Planet vs. Plastic display.

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*Brad Jaffe and his grandmother*

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Real Estate News for Those on The Move



Your Referral Helps The Community.

March—April 2024

If you're selling your house, you will need to obtain a home inspection report one way or another. Traditionally, the buyer purchases a home inspection to make sure they are buying a sound, solid home that's free of major defects. Why not stay one step ahead of the buyer and have your home inspected beforehand



- Your home will be in tip-top shape.
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According to statistics based on the National average of homes sold, about 40% of homes sell within the first month of being on the market.

However, houses that don't sell in the first month often remain on the market for months and months and usually don't sell until significant price adjustment.

Take advantage of this report and check the best strategies to have your home sold.

Scan the QR code to have a Real Estate Guidance.



## Why Invest in Real Estate in Florida

### Strong Demand

Florida is a popular destination for retirees, tourists, and people looking for a warmer climate. This can create a consistent demand for rental properties and real estate in general.



### Turism & Hospitality Industry

Florida's tourism industry is significant, and areas such as Orlando and Miami attract millions of visitors each year. This can be advantageous for investors in short-term rental properties.

### Tax Incentives

Florida is known for having no state income tax, which can be attractive for investors. Additionally, property taxes in some areas may be lower compared to other states.



### Growth Potential

Certain areas in Florida experience population growth, leading to increased demand for housing. This can result in property appreciation over time. AND MORE!



If you believe that investing in real estate could be of interest, please feel free to CALL OR TEXT Thomas at (561) 513-5162



Thank you so much Tom for selling our house and putting up with all the ups and downs. Thank you for being so calm and collective throughout the process. Your vast experience and outstanding performance can't be denied. I would highly recommend anyone selling or buying to use your services and your knowledge.

Arik XO

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<https://SHSDelrayBoynton.com/>

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## **To Schedule Your Exterminator Appt Call BugOff directly at: 954- 772-8338**

Rainberry Bay's Schedule is:  
 Mon., Wed., and Fri. 9am-1:30pm  
 A total of 15 appointments per day

## **PET SITTER and DOG WALKER**

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 1305 NW 29th Ave. A | 2-BR, 2-BA | 1,404sf. House  
 1427 NW 26th Ave. | 2-BR, 2-BA | 2,142sf. House  
 2959 NW 10th St. C | 2-BR, 2-BA | 1,188sf. House  
 3010 NW 12th St. D | 2-BR, 2-BA | 1,680sf. House  
 3030 NW 12th St. D | 2-BR, 2-BA | 1,404sf. House



Reach out today for a  
 complimentary market analysis

**LAURIE DIETZ**

*Realtor Associate*

M: 561.400.1524

[laurie.dietz@elliman.com](mailto:laurie.dietz@elliman.com)



[elliman.com/florida](http://elliman.com/florida)

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## Rainberry Bay Board of Directors Candidates

**Rhona Campton**  
Master Board Candidate

**Carol Fredericks**  
Master Board Candidate

**Barry Shore**  
Master Board Candidate

**Lois Wiesler**  
Master Board Candidate

**Michael Coleman**  
Homes Board Candidate

**John English**  
Homes Board Candidate

**Norma Koff**  
Homes Board Candidate

**Janet Ahlgren**  
Villas Board Candidate

**Please VOTE** On or Before **March 6th**

### HOMES BOARD

PRESIDENT: JOHN ENGLISH  
**jenglshrbdd@gmail.com**

VICE PRESIDENT: NANCY ABEL  
**na28onboard@gmail.com**

TREASURER: NORMA KOFF  
**normaonboard@gmail.com**

### MASTER BOARD

PRESIDENT: LOIS WIESLER  
**lwrainberryboard@gmail.com**

VICE PRESIDENT: JOE MALTEZO  
**joemboard@gmail.com**

TREASURER: DAVID KULICK  
**dkrainberry@gmail.com**

### VILLAS BOARD

PRESIDENT: JILL FORSHEY  
**jillfrainberry@gmail.com**

VICE PRESIDENT: GAIL MORELLI  
**gailmrainberry@gmail.com**

TREASURER: TERRY BARBERIO  
**terrybrainberry@gmail.com**

COMMITTEE .....	CHAIR (SUBJECT TO CHANGE) .....	BOARD LIAISON
ARCHITECTURAL CONTROL.....	R. LEFEVRE / C. GUINYARD / R. COHEN / E. MAGUIRE / S. MALTEZO .....	J. ENGLISH
ARCHIVING.....	SHELLEY GLASS.....	D. KULICK
BEACON.....	JOAN POWELL / DEB PETERS .....	L. WIESLER
BOCCE.....	JACK MITRANI/BARBARA FILIPOWSKI.....	T. BARBERIO
BUDGET & FINANCE .....	S. LAMPEL / T. BARBERIO / N. KOFF / D. KULICK .....	L. WIESLER
CALENDAR.....	JOAN POWELL.....	LOIS WIESLER
CLUBHOUSE.....	ALLEN GLASS.....	T. BARBERIO / D. KULICK
DIRECTORY (BIENNIAL PUBLICATION) .....	CHAR LANE .....	N. ABEL
ELECTION .....	BOB WILLIAMS / DONNA GOUIN .....	D. KULICK
EVENTS .....	DEBBIE ARRIGO .....	N. KOFF
GREEN .....	KAREN APRILL / STEPHANIE BRAUNSTEIN .....	N. ABEL
GRIEVANCE.....	SUE RAGOVIN/ROB GAETA.....	N. KOFF
IRRIGATION .....	PATRICK NOON .....	D. KULICK
LANDSCAPING OVERSIGHT / BEAUTIFICATION .....	EILEEN BLOCK.....	J. ENGLISH / G. MORELLI
LEGAL CONTRACTS .....	ALLEN GLASS.....	J. FORSHEY / J. MALTEZO
LIBRARY .....	JOLIE TRABIN.....	N. ABEL
MANAGEMENT OVERSIGHT .....	RHONA CAMPTON .....	J. MALTEZO
PAINTING (HOMES & VILLAS).....	MORT LEWIS .....	J. ENGLISH / J. FORSHEY
PICKLEBALL .....	MIKE SHULTZ .....	T. BARBERIO
RENTAL / RESALES.....	DIANE KLUSNER.....	L. WIESLER
ROOFING (HOMES).....		N. KOFF
ROOFING (VILLAS).....		J. FORSHEY
SAFETY & SECURITY .....		J. FORSHEY / J. MALTEZO
SEARCH / NOMINATING.....	NAN ROBB.....	J. FORSHEY
STORM .....	JON BRUCKS .....	J. MALTEZO
TELECOMMUNICATIONS.....	JOYCE MARCHETTE .....	L. WIESLER / N. ABEL
TENNIS .....	KEN RUBIN .....	N. ABEL
THEATER MANAGEMENT .....	JIM MCMORROW .....	D. KULICK
TECH. OVERSIGHT (TOC) .....	PATRICK NOON .....	D. KULICK
WEBSITE.....		D. KULICK

**IN CASE OF EMERGENCY**  
7 Defibrillator Locations



Name That Tune

**"Into this house we're born"  
"Into this world we're thrown"**

The song title, artist, and year are located  
somewhere in the Beacon.

Thank you for your submission, Norman Fink

**BOARD MEETINGS**

ALL DATES ARE SUBJECT TO CHANGE

**APRIL 2, 2024**

**HOMES MEETING**

**7:00PM AUD & ZOOM**

**MARCH 13, 2024 (TENTATIVE)**

**APRIL 10, 2024**

**MASTER MEETING**

**AUD & ZOOM**

Recordings of all meetings are available on  
myrainberrybay.com/videos  
and are password protected.

**RB COMMUNICATION**

**BEACON:** rainberrybaybeacon@gmail.com

**CALENDAR:** rbcalendar@yahoo.com

**EBLAST:** rainberrywebsite@yahoo.com

**WEBSITE** myrainberrybay.com

PLEASE ADDRESS AND MAIL YOUR  
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**RAINBERRY BAY BEACON**  
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Request digital issues of the Beacon at:  
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responsibility for the services listed in this  
publication. All references should be checked by  
the individual homeowner before using said  
services. **We reserve the right to edit all  
copy or to reject an advertisement, letters  
or articles.** The views and opinions expressed in  
individual articles do not necessarily reflect  
those held by the Beacon.

1. ROVER vehicle.
2. CLUBHOUSE/POOL 1 unit is  
in cabinet near front entrance.
3. TENNIS CENTER in pro-shop.
4. THEATER/POOL 5 unit is  
inside women's restroom.
5. THEATER unit is next to  
sound booth.
6. BOCCE COURT
7. PICKLEBALL COURT

FIRE, POLICE, AMBULANCE 911  
ELDER HELP LINE 211

**Editors' Note:**

Because the Beacon is so time  
and labor intensive to produce  
and our editors cannot con-  
tinue to commit such a large  
amount of time on a monthly  
basis, going forward the  
Beacon will be published on a  
bi-monthly basis. The issues  
will be January-February,  
March-April, May-June,  
July-August,  
September-October and  
November-December. Same  
great newsletter, two additional  
double issues and our editors  
will be able to have a life.

Please  
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clearly  
displayed  
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Lunch Hour: 12 noon-12:30pm  
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**Security Guard 561-276-3183**

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Association

c/o First Service Residential

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Tampa, FL 33630

**PLACE A WORK ORDER ON THE FSR  
WEBSITE OR**

**OVER THE PHONE:**

**CALL MANAGEMENT OFFICE -  
561-272-6560**

**TO CONTACT XFINITY FOR CABLE  
ISSUES:**

**RAINBERRY GROUP SERVICE-  
800-COMCAST**

We encourage our readers to  
**PLEASE SUPPORT THE ADVERTISERS**  
found in the Beacon the way they support us.

**DEADLINES:**

**ADVERTISING: 8th of prior month**

**ARTICLES: 10th of prior month**

TYPE OF AD	COLOR ADS		B/W ADS	
	(Sales Tax Incl.)		(Sales Tax Incl.)	
AD SIZE & PLACEMENT	10 issues	5 issues	10 issues	5 issues
BACK COVER	\$ 2,000.	N/A		
INSIDE COVER	\$ 1,600.	N/A		
FULL PAGE	\$ 1,300.	\$ 700.	\$ 1,150.	\$ 600.
HALF PAGE	\$ 700.	\$ 400.	\$ 600.	\$ 350.
QUARTER PAGE	\$ 400.	\$ 300.	\$ 350.	\$ 200.
BUSINESS CARD	\$ 300.	\$ 175.	\$ 200.	\$ 125.

**Please send original artwork, as a JPEG, to:  
rainberrybaybeacon@gmail.com**



# Elections

## Bob Williams and Donna Gouin

When this Beacon is published, it will almost be time for our Rainberry Bay elections. We would like to thank all who have had a hand in the smooth running of this election: the nominating committee, the candidates, the FSR staff, and the current Board members. We appreciate, as well, all of our Rainberry Bay volunteers who will be at the theater for the election, registering voters and counting ballots. Thank you all very much!

# GC Hazardous Waste

## Anne-Marie Blondin

A Successful Second Green Committee Hazardous Waste event took place Saturday Jan. 20, 2024. Televisions, printers, bulbs, batteries, old paint, pesticides, aerosol cans, and assorted other items were collected and disposed of at SWA. Anne-Marie Blondin supervised the event. Thanks to Lois Fink, Susan Jones, Carol Unger, Eileen Jardini and Bob Stewart for volunteering your time for the event.

## Bob's Bones

### Vegetarian Dog Bones

- 3 1/2 C flour
- 2 C wheat flour
- 1 C rye flour
- 1 C corn meal
- 2 C cracked wheat
- 1/2 C dry milk
- 1 pint vegetable broth
- 1 pkg dry yeast
- 1 egg & 3 Tbs milk wash to brush

On bones before baking

Warm broth. Dissolve yeast in warm water and add broth. Mix dry ingredients, pour liquid over and knead until stiff dough. Roll out till 1/4 inch thick and cut with cookie cutters. Put on baking sheet. Brush with egg mixture. Place in 300 degree oven for 45 minutes. Turn off oven and leave in oven overnight.

These are for your dog but you can enjoy them as well. Healthy eating.

—Bob Stewart



## Karen Jensen and Marlene Elmowitz photos





**Saturday**  
Morning  
**Yoga**  
with  
Deb Mayes  
**10am**  
in the  
Clubhouse

## **Foodberry News** By Marlene Elmowitz

### **Foodcrawl was a success – if you missed it don't miss it next year!**

We were a group of almost 50 Foodberry members. We divided into 4 groups and visited 4 host homes for appetizers and drinks. We finished the evening at the Clubhouse. First, we always celebrate birthday months with a raffle. Then the group enjoyed potluck dishes prepared by our talented members. We shared 3 different salads, various pasta dishes, smoked beef tacos bar, 2 baked hams, veal stew, paella, chicken cacciatore, and arroz con gandules. We finished with a buffet of desserts. So, YES, we all rolled out of the clubhouse.

Next up:

March 29th – Easter cook and dinner

April 21 – Passover cook and dinner

May 5th – Cinco Mayo cook and eat

We plan to demonstrate and cook as a small group with some impromptu classes such as a Challah bake and wok/stir fry class. Keep checking Friday e-blasts to stay posted on that.

There are talks of a breakfast club to be held one Sunday a month. You will need to put in an order form with payment so we can have your breakfast and coffee/tea ready between 10am and 12pm after pickleball, tennis, your morning exercise or when you wake-up.

More to come on that, so stay tuned.

We have shared meals with a few Rainberry residents in need who are so grateful for home cooking. **Foodberry Meals on Wheels:** I have personally delivered homemade chicken matzah ball soup for many who were sick in the last month.

I am proud to say we are at almost 100 members. If you like to cook, eat, or just want to meet new Rainberry friends, this is the club for you.



# Rainberry Bay Health Expo

Sponsored by The Events Committee



## Telephones for the Hearing Impaired

### Debra Peters

One of the many vendors at the January 31st Rainberry Bay Health Expo, included ClearCaptions. LouErik Ambert, the company's representative explained the benefits of captions on the telephone for those having difficulty hearing a phone conversation. Callers' words are displayed on the screen so you will SEE what your callers say.

Deb Peters' appointment with LouErik included free delivery and installation of the new phone, and directions for how to use it, as well as a new phone number. The phone is free for people who have a registered hearing loss, paid from a federally administered fund. There is a

one-time minimal charge if you don't already have a landline and includes lifetime support. A dedicated mobile captioning phone number may also be provided at no additional charge. For more information contact LouErik at 954-395-4804 or [louerik.ambert@clearcaptions.com](mailto:louerik.ambert@clearcaptions.com)

## Volunteer for the Legacy Corps Program

### Kathryn Powell

The Legacy Corps Program at MorseLife Health System is seeking to enroll members 55 and older to provide companionship to seniors living in Palm Beach County. The program helps individuals who may be feeling alone or isolated while offering stress relief for caregivers. In addition to socialization, members can provide transportation to appointments, grocery shopping, and activities around the community. Members visit with their assigned clients 8-10 hours a week with the goal of earning 450 service hours each year. They receive a stipend of \$200 monthly and can earn an education award of \$1700 each year for up to 4 years of service. The education award can be transferred to a child or grandchild if the member is at least 55 years of age. The Legacy Corps Program at MorseLife is a great way to help lonely or isolated older adults. Give back to the community and join a team of like-minded service members! For more information on joining the Legacy Corps Program, please contact Kathryn Powell at (561) 817-7761 or [kpowell@morselife.org](mailto:kpowell@morselife.org).

## EVENTS COMMITTEE

### Debbie Arrigo

Our Health Fair at Rainberry Bay was held on January 31. It was a huge success. There were free

giveaways, baskets and lots of information from over two dozen facilities! We were visited by well over 100 of our residents! Each of the vendors brought a wealth of information for everyone. We will be announcing an upcoming Alzheimer program in the near future. We will keep you posted.





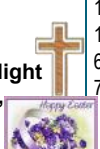


# MARCH 2024

AUD = CLUBHOUSE AUDITORIUM  
ART = CH ARTS & CRAFTS RM  
MCR = CH MEN'S CARD RM  
WCR = CH WOMEN'S CARD RM  
CFR = CH CONFERENCE RM

TH = THEATER  
TC = TENNIS CT  
PC = PKLBALL CT  
BC = BOCCIE CT  
ZM = ZOOM

P1 = POOL 1  
P2 = POOL 2  
P3 = POOL 3  
P4 = POOL 4  
P5 = POOL 5

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 			<b>CLUB LEGEND</b> BC = Bocce CL MnM = Mix-n-Mingle CL OS = OnStage PB = Pickleball CL TC = Tennis CL TT = Table Tennis CL WC = Women's CL CC = Council of Clubs	<b>March 10th-</b> <b>Spring forward</b>  Don't forget to set clocks ahead one hour at 2 a.m. Sunday.	<b>1</b> 8a Pickleball Open Play 9a EZ Fitness-AUD 10a Clay Studio-ART 10a Table Ten-AUD 10a NIA- MCR 1p Adv. French 5:30 Pickleball Open Play	<b>2</b> 9a Bocce 10a Yoga
<b>3</b> 9a Bocce	<b>4</b> 9a EZ Fitness-AUD 10a Chair Yoga-MCR 11a Art Studio 12n Table Ten-AUD 1:30 Canasta Play-MCR 6p Bocce 7p Beading	<b>5</b> 10a Crafts 10a Nia 11:30a French Class	<b>6</b> 8a Pickleball Open Play 9a Bocce 9a EZ Fitness-AUD 12n Table Ten-AUD 4p Art Class 5:30 Pickleball Open Play  <b>ELECTION NIGHT</b> <b>6p @ TH</b>	<b>7</b> 10a The Art of Painting 10:30a Curr. Evts - Aud 12:30p Water Aero-P1 3p Bowling 6p Bocce 7p Table Tennis	<b>8</b> 8a Pickleball Open Play 9a EZ Fitness-AUD 10a Clay Studio-ART 10a NIA 10a Table Ten-AUD 1pm Yiddish Club CH 1p Adv. French 5:30 Pickleball Open Play <b>8p Neil Diamond Tribute</b>	<b>9</b> <b>9a SHREDDING EVENT</b> 9a Bocce 10a Yoga
<b>10</b> 9a Bocce  <b>11a NEWCOMERS' PARTY</b>  <b>7p Movie Night</b>  <b>"Mission Impossible: Dead Reckoning"</b>	<b>11</b> 9a EZ Fitness-AUD 10a Chair Yoga-MCR 11a Art Studio 12n Table Ten-AUD 1:30 Canasta Play-MCR 6p Bocce 7p Beading	<b>12</b> 10:15 Card Making 10a Nia 11:30 French Class 7p STORM/CERT Mtg	<b>13</b> 8a Pickleball Open Play 9a EZ Fitness-AUD 9a Bocce 12n Table Ten-AUD 4p Art Class 5:30 Pickleball Open Play  Tentative: <b>7PM MASTER MEETING</b>	<b>14</b> 10a The Art of Painting 10:30a Curr Evts - Aud 12:30p Water Aero-P1 3p Bowling 6p Bocce 7p Table Tennis	<b>15</b> 8a Pickleball Open Play 9a EZ Fitness-AUD 10 NIA 10a Clay Studio-ART 10a Table Ten-AUD 1p Adv. French 5:30p Pickleball Open Play <b>7:30 Friday w Friends</b>	<b>16</b> 9a Bocce 10a Yoga
<b>17</b> 9a Bocce  <b>9:30 Foodberry Breakfast Club</b>  	<b>18</b> 9a EZ Fitness-AUD 10a Chair Yoga-MCR 11a Art Studio 11:30 Table Tennis Les. 1:30 Canasta Play-MCR 1:30 CofC Mtg 6p Bocce 7p Beading	<b>19</b> 10a Crafts 10a Nia 11a NF Book Club 11:30 French Class	<b>20</b> 8a Pickleball Open Play 9a EZ Fitness-AUD 9a Bocce 9a Bocce Breakfast 12n Table Ten-AUD 2p Book Discussion Grp 5:30 Pickleball Open Play	<b>21</b> 10a The Art of Painting 10:30a Curr. Evts - Aud 12:30p Water Aero-P1 3p Bowling 4p Green Comm 6p Bocce 7p Table Tennis	<b>22</b> 8a Pickleball Open Play 9a EZ Fitness-AUD 10a Clay Studio-ART 10a Table Ten-AUD 10a NIA- MCR 1p Adv. French 5:30p Pickleball Open Play	<b>23</b> 9a Bocce 10a Yoga <b>7p Women's Club BINGO</b>
<b>24</b> 9a Bocce  <b>31</b> 9a Bocce  <b>Movie Night</b> <b>"Barbie"</b> 	<b>25</b> 9a EZ Fitness-AUD 10a Chair Yoga-MCR 11a Art Studio 12n Table Ten-AUD 1:30 Canasta Play-MCR 6p Bocce 7p Beading	<b>26</b> 10a NIA  10:15 Card Making 11:30 French Class	<b>27</b> 8a Pickleball Open Play 9a EZ Fitness-AUD 9a Bocce 12n Table Ten-AUD 5:30 Pickleball Open Play	<b>28</b> 10a The Art of Painting 10:30a Curr. Evts - Aud 12:30p Water Aero-P1 3p Bowling 6p Bocce 7p Table Tennis	<b>29</b> 8a Pickleball Open Play 9a EZ Fitness-AUD 10a Clay Studio-ART 10a Table Ten-AUD 10a NIA- MCR 1p Adv. French 5:30p Pickleball Open Play	<b>30</b> 9a Bocce 10a Yoga 3p FOODBERRY



# APRIL 2024

AUD = CLUBHOUSE AUDITORIUM  
ART = CH ARTS & CRAFTS RM  
MCR = CH MEN'S CARD RM  
WCR = CH WOMEN'S CARD RM  
CFR = CH CONFERENCE RM

TH = THEATER  
TC = TENNIS CT  
PC = PKLBALL CT  
BC = BOCCIE CT  
ZM = ZOOM

P1 = POOL 1  
P2 = POOL 2  
P3 = POOL 3  
P4 = POOL 4  
P5 = POOL 5

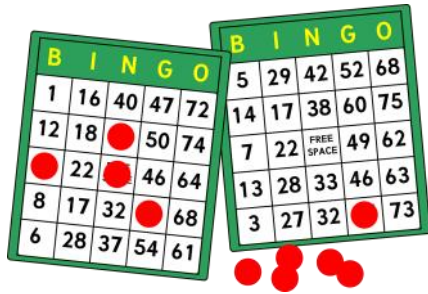
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>CLUB LEGEND</b> BC = Bocce CL MnM = Mix-n-Mingle CL = OnStage OS = OnStage PB = Pickleball CL = Tennis CL TC = Table Tennis CL = Women's WC = Women's	<b>1</b> 9a EZ Fitness-AUD 10a Chair Yoga-MCR 11a Art Studio 12n Table Ten-AUD 1:30 Canasta Play-MCR 6p Bocce 7p Beading	<b>2</b> 10a Crafts 10a Nia 7p <b>HOME Mtg</b>	<b>3</b> 8a Pickleball Open Play 9a Bocce 9a EZ Fitness-AUD 12n Table Ten-AUD 5:30 Pickleball Open Play	<b>4</b> 10a The Art of Painting 10:30a Curr. Evts - Aud 12:30p Water Aero-P1 3p Bowling 6p Bocce	<b>5</b> 8a Pickleball Open Play 9a EZ Fitness-AUD 10a Clay Studio-ART 10a Table Ten-AUD 10a NIA- MCR 5:30 Pickleball Open Play <b>7p Friday @ Five</b>	<b>6</b> 9a Bocce 10a Yoga
<b>7</b> 9a Bocce	<b>8</b> 9a EZ Fitness-AUD 10a Chair Yoga-MCR 11a Art Studio 12n Table Ten-AUD 1:30 Canasta Play-MCR 6p Bocce 7p Beading	<b>9</b> 10:15 Card Making 10a Nia 11a NF Book Club 7p STORM/CERT Mtg	<b>10</b> 8a Pickleball Open Play 9a Bocce 9a EZ Fitness-AUD 12n Table Ten-AUD 5:30 Pickleball Open Play  <b>7PM MASTER MEETING</b>	<b>11</b> 10a The Art of Painting 10:30a Curr. Evts - Aud 12:30p Water Aero-P1 3p Bowling 6p Bocce 7p Table Tennis	<b>12</b> 8a Pickleball Open Play 9a EZ Fitness-AUD 10a Clay Studio-ART 10a NIA 10a Table Ten-AUD 1pm Yiddish Club CH 5:30 Pickleball Open Play <b>7:30p Cherry Spider Band</b>	<b>13</b> 9a Bocce 10a Yoga
<b>14</b> 9a Bocce <b>10a EARTH DAY ACTIVITIES @ TH</b>	<b>15</b>  9a EZ Fitness-AUD 10a Chair Yoga-MCR 11a Art Studio 12n Table Ten-AUD 1:30 Council of Clubs 1:30 Canasta Play-MCR 6p Bocce	<b>16</b> 10a Crafts 10a Nia <b>12p WC Card/Game Party</b>	<b>17</b> 8a Pickleball Open Play 9a EZ Fitness-AUD 9a Bocce 12n Table Ten-AUD 2p Book Discussion Grp 5:30 Pickleball Open P	<b>18</b> 10a The Art of Painting 10:30a Curr Evts - Aud 12:30p Water Aero-P1 3p Bowling 4p Green Comm 6p Bocce 7p Table Tennis	<b>19</b> 8a Pickleball Open Play 9a EZ Fitness-AUD 10 NIA 10a Clay Studio-ART 10a Table Ten-AUD 5:30p Pickleball Open Play	<b>20</b> 9a Bocce 10a Yoga
<b>21</b> 9a Bocce <b>3p FOODBERRY</b>	<b>22</b>  9a EZ Fitness-AUD 10a Chair Yoga-MCR 11a Art Studio 12n Table Ten-AUD 1:30 Canasta Play-MCR 6p Bocce 7p Beading	<b>23</b> 10:15 Card Making 10a Nia	<b>24</b> 8a Pickleball Open Play 9a EZ Fitness-AUD 9a Bocce 12n Table Ten-AUD 5:30 Pickleball Open Play	<b>25</b> 10a The Art of Painting 10:30a Curr. Evts - Aud 12:30p Water Aero-P1 3p Bowling 6p Bocce 7p Table Tennis	<b>26</b> 8a Pickleball Open Play 9a EZ Fitness-AUD 10a Clay Studio-ART 10a Table Ten-AUD 10a NIA- MCR 5:30p Pickleball Open Play	<b>27</b> 9a Bocce 10a Yoga
<b>28</b> 9a Bocce <b>Movie Night</b> <b>"The Color Purple"</b>	<b>29</b> 9a EZ Fitness-AUD 10a Chair Yoga-MCR 11a Art Studio 12n Table Ten-AUD 1:30 Canasta Play-MCR 6p Bocce 7p Beading	<b>30</b> 10a NIA 11:30 French Class				

# WOMEN'S CLUB FERN KATRONETSKY & CAROL SHORE, CO-PRESIDENTS

The Rainberry Bay Women's Club Ways & Means Committee Chair, Beverly Librescu, will be

seeking monetary donations throughout 2024 for the neediest students and their families in the Delray Beach Community, culminating in a holiday gift card distribution. "Thank you" to our newest donor, Norma Koff, on behalf of the RB Bridge Club, who now joins the very generous individuals and clubs: Margaret & Joseph Christensen; Helen Gagliardi; Debra Peters; Allan & Caroline Trust; Neal & Louise Vichinsky; RB Bocce and Pickleball Clubs; The Joyce Vogel Rev Liv Trust UTD; RB Women's Club and their BINGO players; and one individual who requested anonymity.

On February 11th, the Women's Club enjoyed a modified version of today's fashions in "A Day of Shopping in Delray Beach." The owners of FASHION FAZE (in the 3G's Shopping Plaza), were kind enough to open their doors for 90 minutes prior to business hours just for us. It was a very enjoyable shopping experience. Women's Club will hold a Saturday Night BINGO event on March 23rd in the Club-



house. Our Board members are busy working to make it successful. Details will be provided in upcoming weekly March e-Blasts.

Finally, on April 16, we will once again have a Cards/Mah Jongg/Board Games Party along with a luncheon to close out the 2023-2024 Winter Season. We hope

you will join us on Tuesday, April 16th, at noon for an afternoon of what else?? EATING and FUN, NATURALLY!! Details will be provided in the weekly April e-Blasts.



Women's Club will share more event info with you in April as it becomes available. If you would like us to hold other types of events, please provide your suggestions to Fern Katronetsky by e-mailing her at <f.katronetsky@verizon.net> . Our ears are always open to recommendations. STAY TUNED . . .



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# LIBRARY NEWS

JOAN POWELL & JOLIE TRABIN

## LIBRARY HOURS

JUNE - AUGUST: Mon, Wed, Fri 1-3 pm

SEPTEMBER - MAY: Monday-Friday 1-3 pm



**March 10: MISSION IMPOSSIBLE:  
DEAD RECKONING**

**March 31: BARBIE**

**April 28: THE COLOR PURPLE**

### MARCH '24 DVDs

HYNOTIC	1
INDEPENDENT, THE	2
WAITRESS: THE MUSICAL	5
NEXT GOAL WINS	9

### MARCH '24 BOOKS

SUN CITY	MINSON, MATTHEW
OATH OF HONOR	CHENEY, LIZ
BOOK WOMAN'S DAUGHTER (BK DISC)	RICHARDSON, KIM MICHELE
HER HIDDEN GENIUS (BK DISC)	BENEDICT, MARIE
HOLMES, MARPLE, AND POE	PATTERSON, JAMES

### APRIL '24 DVDs

FERRARI	13
COLOR PURPLE, THE	28
AQUAMAN & THE LOST KINGDOM	43
MARVELS. THE	50
WONKA	57

### APRIL '24 BOOKS

WOMEN, THE	HANNAH, KRISTEN
BERRY PICKERS, THE	PETERS, AMANDA
FIRST LIE WINS	ELSTON, ASHLEY
IRON FLAME	YARROS, REBECCA
FOURTH WING	YARROS, REBECCA

### WE NEED YOUR HELP!

The library may be closed on any given day from 1-3pm due to a shortage of volunteers. If you would like to be trained to work in our wonderful library, and are willing to give up one afternoon each week, please contact Jolie Trabin: [jols3@comcast.net](mailto:jols3@comcast.net)

## BOOK DISCUSSION GROUP NANCY EFFRAIN

The Book Discussion Group will meet on March 20th at 2pm, in the CH, to discuss ***The Librarian of Banned Books*** by Brianna Labuskes. The issue of book banning is very topical. It is front and center in Florida on all political agendas. As we learn from this intriguing story, book banning is not new. We have been fighting the banning of books for years. The issue of book banning crops up in societies that want to control its citizens. We can debate the pros and cons of this during our meeting.

***The Librarian of Burned Books*** is a WWII novel about the fates of three women who believe in the power of books to triumph over the dark moments of the war and of censorship in Germany and the USA.

On Wednesday, April 17, 2pm in the MCR, the group will be discussing Her ***Hidden Genius*** by Marie Benedict. This is a fictionalized story of the very strong and brilliant scientist, Dr. Rosalind Franklin. She played a pivotal role in the discovery of DNA, but was overlooked by the scientific community. Three men took credit for her discovery, while she was shoved aside. Her *Hidden Genius* is a balance between historical information and fiction.

Dr. Franklin comes across as a very dedicated and methodical scientist who had to confront not only society's biases against female scientists, but also her Orthodox Jewish family who wanted Rosalind to chose a different path.

Books are available locally, as well as the RB library, and online. Reading the book will enhance your participation in our discussions.

Please join us Wednesday, March 20, and April 17, at 2pm in the MCR, for a lively discussion of these books. Nancy Effrain [jneffrain@aol.com](mailto:jneffrain@aol.com)

## Our “Returns” Are Going to the Landfill

Stephanie Braunstein

Whether you love it or hate it, online shopping is here to stay. Some aspects may change over time; but the basic concepts of the remote ordering of goods and then the delivering of those goods to your location will stay the same.

It all seems so simple: you need a new pair of sneakers; you see an online brand that’s on sale for a great price. Maybe it’s a luxury brand you normally could not afford, and since you’ve never worn this particular brand before, you order two pairs—a half-size apart—just in case. You figure, logically, that you can return the size that doesn’t fit. Assuming that the online retailer will resell that pair, you feel no reluctance to return them. After all, you’re not going to wear the pair that doesn’t fit before returning it and make it all dirty and smelly. Now you—savvy shopper—are satisfied, maybe even a little smug that you’ve gotten a terrific deal on a pair of designer sneakers.

But wait: what you don’t know is that the cost of restocking those sneakers is so

high that the company may decide to simply throw them away rather than try to resell them—no matter how pristine their condition. Remember, the sale price was so low that the company could not be making much of a profit on this particular item (possibly a loss-leader); so by throwing it away, they see that solution as a better business decision than going through the costly process of restocking. Also, if the brand is especially high-end, the manufacturer might not want that brand to possibly show up in a bin at a downmarketer’s location. Think of a pair of Oscar de la Renta or Chanel sneakers rubbing laces with pairs of Asics at your local Ollie’s—God forbid!

**The waste of a perfectly good pair of sneakers may offend some of you, but the truly offensive part of this scenario is that the sneakers go into a landfill along with millions of other pieces of “unwanted” clothing.** Once those Chanel sneakers are buried under mountains of other consumer cast-offs, ain’t nobody gonna know they’re there; and those Chanel sneakers were made of such “quality” materials that they won’t be biodegrading for a long, long

time. Nightmarish as this all sounds to those of us who care about our environment and want less non-biodegradable material going into landfills, the fact is that it happens with such frequency; and very little is being done about it.

I say “very little” because I must acknowledge that there is now a burgeoning business model in which companies specialize in reselling returned items. However, those items are generally not clothing items; rather they are mechanical or electronic items that can be fixed and resold (for instance, at Ollie’s) as “certified refurbished.” The sneakers, unfortunately, do not fit into that business model.

In an August 14, 2023 article in The Atlantic magazine (“What Happens to All the Stuff We Return?”), David Owen gives the example of “[a] brand-new women’s backpack end[ing] up in a waste-processing center, en route to a landfill.” In this same article, an employee of a “product-destruction” facility “described receiving truckload after truckload of Amazon returns and shredding everything—ostensibly for recycling, although the recoverable content of a

**Continued on page 25**



# Audubon

## Presentation

Unless we Restore Native  
Plants, Local Birds Will  
Not Survive

Anne-Marie Blondin photos



WHAT HAPPENS WHEN NATIVE PLANTS  
ARE ELIMINATED FROM THE LANDSCAPE?

The connection between birds, plants, and insects is a complex ongoing relationship within an ecosystem.

In this complex cycle, butterflies lay eggs on native host plants, the eggs hatch into caterpillars who eat the leaves, and then birds take the hi-protein caterpillars and feed them to their chicks.

As clearcutting native habitat for development became the norm decades ago, this complex cycle is broken.

Unless we restore native plants, local birds will not survive.

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## Pickleball News

Camille Mazza & Nina Diamond



Pickleball VP Nina Diamond and club member Lourdes Alfonzo presented a check to Eat Better Live Better from the Pickleball Club.



## BOWLING CLUB

FERN KATRONETSKY, PRESIDENT



Interested in joining the Rainberry Bay Bowling League? We bowl every Thursday afternoon starting with practice at 2:45 p.m. The league games start at 3:00 p.m. We are at the AMF in Boynton Beach. Contact Fern Katronetsky (President of League) at [f.katronetsky@verizon.net](mailto:f.katronetsky@verizon.net) for further details.

Congratulations to our own Richard Schimmel for bowling a WHOPPING 236 the week of January 26, just at our half-way point through the season.

And, HE'S ON MY TEAM!  
 CONGRATULATIONS, RICH!!



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Rainberry's own Beatriz DeJesus has been named Assistant Property Manager of the Year by FirstService Residential. Congratulations, Beatriz—Well deserved!

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**BOCCE:**  
Teams, BINGO  
& The Dance

— Katy Mitrani photos

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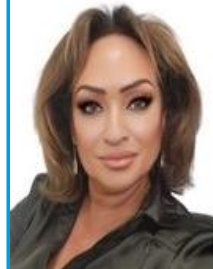
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 Parade  
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## The Tennis Club's Annual Rainberry Bay DAVIS CUP Allen Glass photos



# NABC

## NOT A BIKE CLUB

Deb Peters dLp0003@gmail.com



Join us for weekly **Friday** INSIDE-Rainberry Bay Bike Rides. **Meet at 8:00am at the Clubhouse entrance** with your bike, HELMET, closed-toe shoes, and water. Maybe one day we will be needed as BOPS. What's a BOP? Find out Friday. Looking forward to riding together. —Char Lane photo

Meet at the **Clubhouse 8am each Wednesday** morning for a **10-mile** bike ride. Wear your helmet and bright colors. Bring water and cash. We stop halfway through the ride for breakfast and conversation at various breakfast venues. Confirm at **nabdelray@gmail.com**



## Roads Update

Continued from page 1

we have not drawn any money from this loan as the Special /Assessment ends with the May 2024 payment (unless paid in full initially). We should have enough money to cover the whole project. There was no change in price on the initial contract, regardless of the oil price changes.

March 2022 - Zoom meeting with Master Attorney and DB attorneys, with our attorney explaining that the expert advice we had been given warranted the removal of the trees. We asked about a new state statute (163.045, Fla. Stat) that would allow us to proceed but the city attorney said that it did not apply to HOAs.

November 2022 - We then hired a landscape architect, Carter & Associates, and began our work with him. A number of options were proposed to DB including moving the sidewalk, narrowing the road and putting trees near pool #4. There are specific requirements for replacement trees: canopy and street trees plus width and height—no saplings or palm trees.

We separated the project into two permits so that some paving could begin, removing the section with the trees slated for removal. Ranger started in the villas near the clubhouse. Car stops were removed and the paving and striping began. We had them change some spots to include ADA crosshatched walks

January 2023 - We sent DB the next set of plans, closer to what the City wanted, but they were still not accepted. They continued to argue that we needed to put the trees back where they are because they are in the original site plan—over the water main, which will not work.

August 2023 – from DB: “January 2022 ... If the removal of the trees were approved through a Class II Site Plan Modification by the appropriate acting body, such as SPRAB, mitigation of the removal would be required...” (SPRAB is the review board.) We submitted a new plan in September followed by a meeting as the City did not just approve it.

November 2023 - Virtual Meeting – The city seemed to better understand our issues. We were asked to submit updated engineering and landscaping plans. They asked for those before we could set up a meeting with the SPRAB/review board.

December 2023 - We received the updated landscape portion from our landscape architect.

January 2024 - Our engineer is submitting the landscaping and engineering plans to the City. We are awaiting the next step. As of February 27th we have not heard back.

## Information Please

Lois Wiesler

### Tip of the Day

Those packages of pre-sliced apples you can buy at the store are great for a healthy snack on the



go, but the price can add up. Make your own by slicing apples, soak in cold water for 3-5 minutes, then soak in a lemon-lime carbonated soda (such as 7-up or Sprite) for 3-5 minutes. Divide into snack size portions and store in Ziploc bags in the fridge. The lemon-lime soda will keep the apples from browning and make them last longer.



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Need your listings.*

## **YHC** The “New” Yiddish Heritage Club Nancy and Jack Effrain



On March 8, 2024, at 1PM in the Clubhouse, the YHC is pleased to have as a guest speaker, Rabbi Mendy Heber. The rabbi and his wife Mirel are the directors of the Chabad in the City of Delray Beach. Rabbi Heber will discuss the evolution of the Chabad from its creation to its role in the 21st Century. He will also discuss Purim and its connec-

tion to Chabad.

On April 12th, Rabbi Liberow, the Director of the Chabad at Florida Atlantic University, will discuss the role of the Chabad on campus life.

Refreshments are served. English is spoken exclusively. Please refrain from wearing perfumes as some of us are allergic. Thank you. For more details contact Jack Effrain, [jneffrain@aol.com](mailto:jneffrain@aol.com)

## **DID YOU KNOW?**

### **Allan Trust**

It's 2035, and artificial intelligence, AI, is everywhere.

AI systems use robots to operate huge manufacturing facilities, invent new cancer treatment drugs, write poetry, and allow you to access information, TRUE or FALSE? New products, cures and innovations appear daily, as science and technology kick into overdrive.

Just a year ago, that scenario would have seemed purely fictional. Now, it seems nearly inevitable. The rapidity of progress is staggering. Processing what once took weeks now happens in seconds.

Since the 1960's, Moore's Law successfully predicted that computing power would double every two years. The new waves of AI dwarfs that. The most powerful AI models have increased by the power of ten every year for the past ten years. Try to imagine that. Pretty hard isn't it?

Virtually, every American company is scrambling to ramp up their investments in AI with the expectation of improved technological capabilities and greater profitability.

However, great uncertainties exist as these same systems can result in the loss of many jobs, guide horrific weapons to targets thousands of miles away, spread toxic information to undermine government institutions, and erode democracy. AI is not the first technology with these dangerous

characteristics, but it is the first to combine so many undesirable side effects.

Regulatory efforts to govern AI are still in their infancy. Many nations, including the US, are working to create universal rules and regula-

tions. One of the major challenges is to do this without stifling AI innovations and the opportunities that flow from it. Additionally the sheer velocity of the technological progress will quickly overtake the ability of governmental structures to keep up.

There are few challenges as daunting or opportunities as promising as AI. In recent decades a global architecture was created to deal with the computer and internet era. Now, we need to build a new governance infrastructure to contain and harness the most formidable and potentially defining force of this century. The year 2035 is just around the corner.

**THERE IS NO TIME TO WASTE!**

\*To learn more about AI, the non fiction book club will host an event during March, 2024 to discuss this topic.

Contact Allan Trust at [CTrust371@comcast.net](mailto:CTrust371@comcast.net) for details.





## Returns Going to the Landfill

Continued from page 16

chewed-up random selection of consumer goods is not high” (Owen, D., <https://www.newyorker.com/magazine/2023/08/21/the-hidden-cost-of-free-returns>).

Doing a simple Google search, one finds a report from CNBC that further details this online return conundrum. A CEO of one of the new “returns solution providers,” Tobin Moore, claims that in 2021, online returns created “nearly 6 billion pounds of landfill waste . . . and 16 million metric tons of carbon dioxide emissions as well.” He also notes “[t]hat’s the equivalent of the waste produced by 3.3 million Americans in a year” (Moore, T., <https://www.cnbc.com/2022/01/28/amazon-returns-what-really-happens-to-them.html>).

Thus, the good news is that Amazon and other online retailers are finally dealing with this problem, but the bad news is that their efforts

are not completely effective. Too many goods will still be trashed in landfills or burned, causing air pollution. The best way to handle this problem, in my opinion, would be to discourage the return mentality; but understanding human nature as I do, that would be quite difficult. We want the freedom to buy more than we intend to keep and then be able to send it back—no questions asked.

**Is there an environmentally conscious way to address our urge to order three dresses for a wedding and see which one we like the best? Perhaps simply giving away two extra dresses to someone who will wear them could keep those dresses out of a landfill or an incinerator.** What comes to my mind is the Hippie version of the Northwestern Native American tradition of the Potlatch. In the traditional version, wealthy tribe members have a party and give away their extra possessions to the less wealthy as a sign of prestige. In the version that I partook

of in the sixties, everyone who had extra possessions brought them to a party to give away to all of the attendees. The concept was more like a holiday gift swap; you just brought stuff to a party and put it into a pile and let everyone choose items to take. Another comparison is to the White Elephant Swap—the ultimate proof that one person’s trash is another person’s treasure.

In today’s obsession with decluttering (à la Marie Kondo), this idea of giving things away might not be so extreme as it once was. If you really can’t use it or don’t want it, just gift it to someone who will; and if you are uncomfortable with paying for things you won’t keep, maybe you should stop ordering things that you know you won’t keep. Another remedy is to shop in a real, brick and mortar store where you know that the merchandise returned will be restocked properly; and, as a positive side effect, maybe you can help keep a local retailer from going bankrupt. Heavens, what a radical idea!

.....  
EDITOR’S NOTE: Stephanie Braunstein wrote this article. She’s a scholarly author, so her writing is long, detailed, and properly annotated. Stephanie wanted to share the information with her Rainberry Bay neighbors. If it were to be edited down it would compromise the message.

For Earth Month, and Earth Day, April 22nd, The Beacon editors decided to print Stephanie’s important message in its entirety. If you do one thing this Earth Day, for yourself and for the world—Read this article—go for ALL of it!  
.....

# Roots and Recipes

## Not Your Usual Kings' Cake!

by Donna Gouin

My husband is French, and we celebrate January 6, the Epiphany or Little Christmas, with La Galette des Rois.... The Kings' cake. It is not like the one you might be familiar with, especially at this time of year, served for Mardi Gras. This cake is made with puff pastry and

frangipane, an almond cream. When it is made, we hide a little porcelain charm inside. The youngest in the family hides and tells the person cutting the cake who should get each piece... no playing favorites to find the charm! Then, the person who gets the charm is crowned king or queen for the day. Another tradition is that if an adult finds the charm, they should bring a bottle of champagne to the



next party! I have a collection of charms, called "fèves" in French - and crowns!!! Joyeuse Épiphanie!!!

## Challah Recipe

Marlene Elmowitz

1 loaf (feel free to double up)

Can't rush the challah. It takes time but not a lot of YOUR time.

Needs to rise 2x.

Challah making is great activity to do with family or friends

### Ingredients

1 cup lukewarm water

2 Teaspoon active dry or instant yeast (sold in packets) Yeast must be fresh (expired yeast a big no-no)

4 to 4 1/2 cups of flour (best with either prefer bread flour or King Arthurs all purpose)

1/4 cup sugar

2 teaspoons salt

2 large eggs

1 egg for egg wash to baste the challah

1/4 cup neutral flavor oil – Veg or canola

Honey—a teaspoon for egg wash

Other Options: Raisins, sesame seeds, everything seeds, poppy seeds, cinnamon.

### Equipment

Stand mixer – optional or Large

mixing bowls  
Bench scraper  
Baking sheet  
Parchment paper  
Cooking spray



Light Cloth napkin if you have one  
Optional Rubber gloves to knead/if you don't want to get dirty

1. Put water in mixing bowl, sprinkle the yeast in slowly and a pinch of sugar. Stir and cover with a cloth napkin (a pillowcase works too) let it sit for **15 minutes** and it will get foamy. This means the yeast is active and ready to go. If doesn't foam your yeast was old or no good.

2. Mix dry ingredients in a separate bowl: flour, sugar, and salt. Slowly add to #1 into mixer or mixing bowl and add the eggs and oil. If mixing in a bowl you can mix with a spoon, but eventually will need to knead by hand when you get to the 3<sup>rd</sup> and 4<sup>th</sup> cup of flour.

3. Mix or knead for **8-10 minutes** until it's a smooth ball You can knead on the counter and sprinkle counter with flour to get some strength into it. If you like raisin challah add into mix

4. Cover bowl and let it rise. It will double in size **Give it 1-2 hours.**

5. I cut the dough into 3 – 6 pieces and roll snakes or ropes out of them.

a. 3 pieces is an easy braid.

b. 6 pieces, a bit more skill needed.

c. Roll to be 12 – 16 inches and braid – squeeze 3 ends on top and then braid as you do hair or yarn. When done squeeze the ends together

d. Place parchment paper on cooking sheet pan & spray with cooking spray, place braided challah on that.

e. Cover it with towel or napkin, put in warm place (preheated oven top) Let rise about **1 hour**

f. Make egg wash – whisk egg, with a little honey and if you want some cinnamon.

g. Brush onto risen challah. Add seeds if you like.

h. Bake on center rack at 350 for **30 to 35 minutes** (inside s/b 190)

i. Rotate halfway through.

j. Let cool and then ready to eat.

Bottom s/b golden brown but if you use a thermometer, it will be perfect.





## BOCCE

KATY MITRANI

**The Bocce Courts  
are located on  
29th Ave. in front  
of pool #2.**

The Bocce Club meets on the two courts located on 29th Ave, in front of pool 2, every Monday and Thursday evening at 6pm, and Wednesday, Saturday and Sunday mornings at 9am.

Our Bocce League competes with other communities throughout Palm Beach County.

Come cheer for the Rainberry team at 9am on Monday Feb 26, Tuesday, March 5th, and Tuesday, March 12.

Upcoming Bocce Club Events:

It's Not A Pizza Party - Feb 27

Bocce Breakfast - March 20

See Rose Ann for details.

## Table Tennis Club Helen Sohne



Whether you call it ping-pong or table tennis, it is a bona fide sport. In 1988 ping-pong became an official sport in the Seoul summer Olympics. Today, the International Table Tennis Federation reports that some 300 million people play the game.

If you are looking to have some fun out of the sun and heat this summer, why not give it a try? We love newcomers. After all, we were all beginners once. The club meets in the auditorium of our clubhouse on Monday and Wednesday from 12-2pm and Friday from 10am-12pm. The room is also available for play Thursday evenings from 7-9pm.

Please remember to wear your sneakers, and if you have a paddle bring that too.

We have extra paddles and balls for you to use. Join us to play or to watch. We look forward to seeing you! Questions? Write to [RBtabletennis@gmail.com](mailto:RBtabletennis@gmail.com)

## Breakfast Club



### Marlene Elmowitz

NEW: Foodberry will be trying a monthly BREAKFAST CLUB open to all. First breakfast will be Sunday, March 17st.

Come by after pickleball, tennis, morning exercise or when you wake-up. Breakfast will be from 9:30 - 12pm.

Selection of bagels, varied cream cheeses, whitefish salad, egg salad or Nova salmon lox and all the fixings. Includes coffee, tea or orange juice

Put in your order by March 14th. Forms will be in clubhouse, PB courts and tennis courts. Leave your order form and payment in Mailbox#7

Questions please email [rbfoodberryclub@gmail.com](mailto:rbfoodberryclub@gmail.com)

## Tennis Club Pennie Cerino



The Tennis Club has good news to report. As of the date of writing this article, The Rainberry Bay Men's Tennis teams are doing very well half way through the season. Our Level 9 team is in 1st place and our level 4 team is in 2nd place. Rainberry's level 2 Women's team is in 3rd place but 6 points away from the top team. Due to rained out

matches that still need to be played, the other two teams' results are not current. Great job teams. Best wishes for making the League Playoffs in March.

A February Fun Round Robin was held. There were matches and then a pizza luncheon. A late afternoon round robin followed by snacks and beverages will take place in March. These

events are co-sponsored by the Tennis Club and Axis Tennis.

Several of the Tennis Club members were volunteers at the Delray Open.

A few of our Board members will be going off the Board next Fall. Anyone who is interested should let one of our officers know. Elections are in November but it's good to think ahead.



## STORM/CERT

Our Florida Weather by  
**Barbara Goldberg**  
for the STORM Committee

High Seas! Bending Trees!  
Flying Chairs! Firecracker  
Lightening! Big Booms!

YIKES!!!

As a boater, weather is always on my mind. In Florida, weather is mostly pleasant. Except when hurricanes, tornados, and heavy rains are fore-casted. DO NOT become complacent when we have disaster free years.

Heavy storms bring havoc to our safety and homes. In the final analysis - the only real de-fense against storms is informed readiness of your community, your family, and YOU. Knowledge is power. Using that knowledge is im-perative. Even if you are a snowbird, under-standing our weather and how to weather-proof your home will give you peace of mind year-round.

Hurricane season is May through November. Hurricanes have a track and issued warning times. A Hurricane Watch occurs 36 hours be-fore the storm hits. A Hurricane Warning occurs 24 hours before the storm hits.

Tornadoes can happen anytime there is a strong thunderstorm and provide limited warning. You might hear a horn during a storm meaning tor-nado activity is possible in our area. Keep your eyes and ears open for weather updates.

Floods can happen anytime. Floods can happen from intense rains or a fierce north and east wind that drives the water into canals and over the shorelines.

Weather forecasting has improved greatly. Bene-fit from the announcements and heed advice to stay safe.

Stay tuned for more info in our e-blasts!



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## GREEN COMMITTEE

STEPHANIE BRAUNSTEIN AND KAREN APRILL, CO-CHAIRS

### Coming in April: Earth Day

The Green Committee is working on events for Earth Day. This year's international theme is Planet vs. Plastic.

Stop by the showcase in the Clubhouse for a Planet vs. Plastic display.

### SHREDDING EVENT

**SATURDAY MARCH 9, 2024  
9-11am THEATER**

Shredding Event: Bring your old papers, files, tax returns, etc., to the THEATER on Saturday March 9, for the Green Committee Annual Shredding Event.

There is no charge to RB residents for this event. However, a financial donation to the Green Committee is always welcomed to help offset the costs.

On **April 9 at 11am**, in the Clubhouse, the non-fiction book club

along with the Green Committee will present the book ***To Dye For: How Toxic Fashion is Making Us Sick-And How We Can Fight Back*** by Alden Wicker. A journalistic eye-opening and engrossing investigation of the fashion industry.

### EARTH DAY ACTIVITIES

**April 14, 10am-1pm THEATER**

◇ **Repurpose Collections:** 10-11am In collaboration with Foodberry, SOLES 4 SOULS will turn any and all shoes into educational and economic opportunities. The shoes will be mailed and get a new life. Start checking your closets and save any unwanted shoes instead of throwing them out.

Tri-County No kill Animal shelter always needs: towels, blankets, non-clumping cat litter, bleach, and paper towels. Check the

e-blast for other items.

◇ **Reuse:** Decorate a sturdy canvas bag to use for your shopping needs. Bags are limited to the first 30 people.

A raffle will be held for a free bag filled with no plastic useful household items.

◇ **Recycle:** POTLATCH What about that vase you bought and got home and don't really love, or the lamp that just doesn't go with anything?? In the concept of Native Americans, give away a possession and take a possession you like. This exchange will take place all morning.

◇ **Reeducation:** Display of items to use that don't have plastic or come wrapped in plastic. Movies: to be announced in the e-blast.

## Mix N' Mingle

Debbie Arrigo

Have you heard about "Friday at Five"? They are a super 5-piece band that plays great hits from 50s thru 90s.

Friday at Five will be appearing April 5th from 7-10pm. All show tables are set up cabaret style at our beautiful theater!

Tickets are \$25 and can be purchased on Mondays and Thursdays from 4-5pm at the Clubhouse. Feel free to call Debbie Arrigo to have your tickets delivered. Or put a check, made out to THE MIX N' MINGLE CLUB in mailbox #17 at the Clubhouse.

Thank you to all who attended our Samantha Russell & City Band evening! Fabulous music and super energy!! Big shout out to our most recent Mingle Club member, Linda Dagenais, who helped with advertising, band selection, and ticket sales.

On Friday, March 8, there will be a tribute to Neil Diamond. We hope you will join us and bring some friends for a fantastic evening!! Tickets are \$25.

Thank you to our NITE AT THE RACES participants. There was a wonderful turnout, great participation, lots of laughs, and fun! We look forward to doing it again and will be announcing other game nights in the near future!



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Join us on Tuesdays and Fridays at 10:00 AM in the Men's Card Room of our Clubhouse. Wear comfortable cool clothing, bring a drink and a mat for the end of class. Write to Niadelray@gmail.com for more information.

## STICKBALL

**MICHAEL CANTWELL**



Stickball is played Wednesday afternoons at 3:45 PM at the 3-sided concrete enclosure at the back of the tennis center. Join our RB stickball players for a fun time pitching and hitting but with no running and lots of laughing. —Char Lane photo

## Current Events

**Nancy and Jack Effrain**

Are you an individual who keeps abreast of international, national and local events? Do you have an opinion about these events? Come every Thursday to "Current Events" at 10:30 am in the Clubhouse auditorium and share your opinions and thoughts with a similar group of neighbors. All opinions are appreciated and there is a thought provoking discussion each week. We want your input!

For more info contact Nancy or Jack Effrain at [jneffain@aol.com](mailto:jneffain@aol.com)

## Bike Safety Tips

**By Palm Beach County Commissioner  
Marci Woodward**

Here are some important safety tips for both bicyclists and motorists:

### **Bicyclists:**

Wear protective gear like a fitted helmet and shoes with a good grip.

Check your bicycle for any malfunctions before riding.

Wear clothing with bright colors during the day and lights at night.

Be aware of dangerous road conditions.

Obey all traffic laws.

Yield to traffic when appropriate.

Signal your intent and be predictable.

### **Motorists:**

Stay aware, and actively look for cyclists.

Know that cyclists have the same rights on the roads as you do.

Be patient around cyclists even if they are moving slower than traffic.

Do not pass a cyclist until you are sure that your passing lane is clear.

Look for cyclists when turning and at intersections.

Give cyclists plenty of space, and never tailgate a bicycle rider.

Watch for cyclists before you open your door.

## ARTS & CRAFTS:

- ♦ **Beading with Karen** meets Monday evenings, 7pm in the Crafts Rm
- ♦ **Craft Class:** 1st & 3rd Tuesdays 10:00am. These flowers look so real, you will keep smelling them. Join the fun. Clubhouse Crafts Rm.
- ♦ **Card Making Workshop:** 2nd & 4th Tuesdays 10:15am. All supplies provided. New projects every class including cards, journals & collages. \$4.00pp.
- ♦ **Clay Studio:** Friday 10am-12pm.  
Information: Joyce Poses

**CURRENT EVENTS:** Thursdays, 10:30am, Clubhouse Aud.

**CANASTA CLASSES:** Mondays 2-4pm, Men's Card Rm. All skill levels welcome. No need to register, just show up. Information: Phyllis Berke.

## EXERCISE:

- ♦ **EZ Fitness Classes:** keep your muscles in motion. M W F 9-10am. Clubhouse Aud.  
Information: Madeleine Bochner  
mboch0612@gmail.com
- ♦ **Water Fitness:** Thursdays 12:30pm, Pool 1, no charge. Information: Nan Robb
- ♦ **Yoga Classes:** Men's Card Room, \$20 month or /\$10 class. Information: Deb Mayes
  - ♦ **Chair Yoga**, Monday 10-11am, No mat needed.
  - ♦ **Gentle Yoga**, Saturday 10-11am, Bring your mat.
- ♦ **NIA Dance:** Tuesdays and Fridays 10:00-11:00am, Men's Card Room. \$5.00 per class. Information: Helen Sohne: [niadelray@gmail.com](mailto:niadelray@gmail.com)

CLASS	DAY	RM	TIME
Beading	M	ART	7pm
EZ Fitness	M-W-F	AUD	9-10am
Chair Yoga	M	MCR	10am
Canasta	M	MCR	2-4pm
French Classes	T F	CH	11:30am 1pm
Nia	T, F	MCR	10am
Mah Jongg	W	CH	10am-12pm
Crafts	T (1st & 3rd)	ART	10am
Art of Painting	Th	ART	10am
Art Studio	M	ART	11am
Card Making	T (2nd & 4th)	ART	10:15am
Water Aerobics	Th	P 1	12:30pm
Current Events	Th	AUD	10:30am
Book Discussion	W(3rd)	MCR	1:30pm
Clay Studio	F	ART	10a-12pm
Mat Yoga	S	MCR	10am

## DEAR Mindy:

I am a 67 year old white, single male. Here is my problem:

I have recently fallen in love with a black woman. You might say it happened by accident. I perused a few on-line dating sites and saw this woman and indicated that I liked her. I didn't expect her to respond but respond she did. We started messaging on line and in a few days, it felt like we had known each other our whole lives. We have not met yet but I have a feeling, based on our writing, that sparks will fly. I don't know what to do. We both have children and family and friends. I don't know if I can



be strong enough to survive the prejudices that still exist in this country. Should I break it off before it begins, or be brave and risk everything for love?

— One Shade of Gray

## DEAR GRAY:

**Just do it or regret it the rest of YOUR life.**

*Mindy is absolutely smart, sweet, funny, and engaging.*

**Have a question for Mindy?**

**Send it to the Beacon at**

**[RainberrybayBeacon@gmail.com](mailto:RainberrybayBeacon@gmail.com)**

**or drop it in the BEACON mailbox at the Clubhouse.**





Rainberry Bay mourns the passing of Mrs. Susan Kane.

Sue was a long time resident of Rainberry Bay, a beloved grandmother to 6, a loving mother, friend, and mentor. She was loved by her friends and family and will be missed.



Doris (aka Dorissa) Meyer passed

away peacefully on Feb 5th. She loved living in Rainberry for the past 6 years, with her daughter, Lauren Meyer.



Marcel St. Laurent passed away on February 4, 2024 at a young age of 82. Marcel and his wife Catherine enjoyed living in Rainberry Bay since 2009.

Marcel was a man of many talents. He was a professional drummer for many years. As a side profession, he was instrumental in helping neighbors with home improvements for many years, most notably, painting and wallpaper removal always focused on perfection.

Marcel loved music and he participated in the Rainberry Showcase productions in the past. He also enjoyed painting and sketching during retirement.

Marcel leaves his wife Catherine, daughter Giselle, sister Jeannine and he was predeceased by his brothers Gerald and Christopher. He had grandchildren, Ashley, Mary, Caroline, Jordan, Bridget, Sophia, Madelyn, Jackson and great granddaughter Lilliana, and many nieces and nephews.

Marcel will be deeply missed by all family and friends.



April is a very busy month for a wonderful and loving couple,



**Estelle & Sandy Gold.**

On April 8th they will be celebrating their 62nd wedding anniversary.



Also, April 9th is Estelle's birthday and April 10th will be Sandy's birthday.

Please notify the Beacon at [RainberryBayBeacon@gmail.com](mailto:RainberryBayBeacon@gmail.com) if you would like to inform the community of the passing of a member of our Rainberry family. Also send us get well wishes and congratulations you want to share with our many caring and thoughtful residents.



**Charlie, you are in the hearts and prayers of our entire community.**

**We love you, and we're here for you, Charley, and Chester.**





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– Thomas F.

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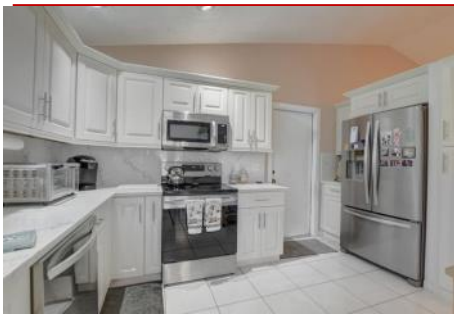


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**Contact me for menu of seller pricing options.**

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