



RAINBERRY BAY BEACON



JUNE-JULY 2023

SHARING COMMUNITY



SAVE THESE DATES

June 4

Movie: Cocaine Bear

June 9

The Ed Band

June 14

Master Mtg.

June 18

Movie: Creed III

June 19

Juneteenth



June 20

Homes Mtg.

June 23

The Ed Band

July 2

Movie: 80 for Brady

July 4

Happy Birthday, America

July 12

Master Mtg.



July 14

The Ed Band

July 16

Movie: Everything
Everywhere All at Once

July 18

Women's Club Bingo

July 28

The Ed Band

There's a New Club in Town:

Welcome

Rainberry FOODBERRY Club



Foodberry Club Hosts a Challah Bake

Let me introduce myself. My name is Marlene Elmowitz. My family and I are from Stoughton, Massachusetts. My husband Lee and I have been married for almost 34 years, and have been Rainberry residents now for over 2 years and we love it!

The Rainberry community has great activities and everyone has made us feel welcome here. We are big foodies: cooking, entertaining, dining out, and we have been involved in many fundraising events involving food over the years up north in Stoughton.

Food, family, and friends is our motto. Rainberry Foodberry has been approved and hopefully here for many years.

Our goal is to share recipes, different cooking methods, hold group cooking classes, and share the diverse cultural methods and recipes our community has to offer. This will include Rainberry resident expert led classes and on occasion experts from the food industry. The club also welcomes ideas from our members and I am already gathering some great ideas. We plan

to have many great cook-offs, social activities and even host and co-host events in the Rainberry Theatre.

Membership forms are in the clubhouse, so fill one out and give it to one of the club officers or leave in clubhouse mailbox #7. Feel free to contact us. Our email is rbfoodberryclub@gmail.com and also we have a Facebook page Rainberry Bay Foodberry page. Once events start happening, we may use the Teamreach App to communicate when needed.

FLORIDA NATIVE CORNER



LIGNUM VITAE (GUARACUM SANCTUM): SOUTH FLORIDA "TREE OF LIFE". BRIGHT BLUE FLOWERS MOSTLY DURING MARCH AND APRIL, YELLOW SEED CAPSULES OPEN UP TO BEAUTIFUL RED PULP THAT ENCASES A BLACK SEED, VERY SLOW GROWING, UP TO 15 FT HEIGHT AND WIDTH. DROUGHT TOLERANT, LOVES SUN.

Irrigation

David Kulick

The theory is simple, water from rain and the underground aquifer fills the lake, and the pump sta-

tions send that water to your lawn and garden. The complex part is how that is accomplished, and what can go wrong.

Rainberry has around 30 individual clocks (controllers) that are connected by thin underground wires to valves located near each of your houses as well as the

common areas. Programs run on each clock to tell the valves when to open and close. Usually one valve controls the water flow for two houses so there are around 450 valves that can fail. Each clock controls from 10 to 30 valves, depending on how the wiring was installed decades ago.

Continued on page 12

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Tom & Val Pidgeon



Real Estate news for those on the move

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MARKET WATCH

June – July 2023

“Currently, one-third of housing inventory is new construction, compared to historical norms of a little more than 10%.” said NAHB Chief Economist Robert Dietz. “More buyers looking at new homes, along with the use of sales incentives, have supported new home sales since the start of 2023. And while AD&C loan conditions

are tight, there is not significant evidence thus far that pressure on the regional bank system has made this lending environment for builders and land developers worse.” The HMI, Housing Market Index, survey shows that the share of builders reducing home prices continues trending down. The average price reduction in April was 6%.

Source: National Associations of Home Builders

We have discount programs with all major builders.

Builder confidence rises for 4th-straight month.

Did you know that 1/3 of the homes available for sales today are new homes? (That figure is usually only around 10%). [NAHB]

ListReports
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Which of These Costly Homeseller Mistakes Will You Make When You Sell Your Home?

A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that fully three quarters of home sellers don't get what they want for their home and become disillusioned and - worse - financially disadvantaged when they put their home on the market.

In answer to this issue, industry insiders have prepared a FREE special report entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollar". This report clearly identifies potential trouble-spots, and lays out an easy-to-follow step-by-step system to help you get the most money for your home.

To access this **FREE REPORT** scan the QR Code or call **(954) 245-9346** and enter **ID # 1000**.



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ON STAGE HOPES TO FULFILL ITS MISSION STATEMENT: To create performances of drama and musical shows that residents can participate in.

If you have an interest in being involved in the operations of ON STAGE, please let us know. We are signing up members for the new season. If you are not a performer, there will still be something useful for you to do. Drop a note to onstage.rainberry@yahoo.com This is the time for you to join us and help mold the performances of the future.

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- 1305 NW 29th Ave. A | 2-BR, 2-BA | 1,404sf. House
- 1427 NW 26th Ave. | 2-BR, 2-BA | 2,142sf. House
- 2959 NW 10th St. C | 2-BR, 2-BA | 1,188sf. House
- 3010 NW 12th St. D | 2-BR, 2-BA | 1,680sf. House
- 3030 NW 12th St. D | 2-BR, 2-BA | 1,404sf. House



Reach out today for a complimentary market analysis

LAURIE DIETZ
Realtor Associate
 M: 561.400.1524
laurie.dietz@elliman.com



elliman.com/florida

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THE HURRICANE EDUCATION COMMITTEE Protecting The Dream - Together! — Helen Sohne

When we moved to Florida permanently in 2015, we didn't just bring all our "stuff." We brought our dream of the good life in Delray Beach. And for the most part, we have seen that dream come true. Meeting so many wonderful people, starting new work ventures, the great climate most of the year and having so many conveniences and sources of entertainment nearby makes our life in semi-retirement great!

BUT - and this is a big one - we didn't realize how coping with hurricane season would affect us. We learned to prepare early and often. Hurricane shutters were installed. Then we took the free **CERT (Community Emergency Response Team)** course with the Fire Department.

Not only did we learn a great deal about how to prepare and recover from a hurricane, we are now qualified to be part of the Rainberry Bay CERT group of volunteers.

As chairperson of the Hurricane Ed. Committee, I share information on hurricane preparedness and recovery. Material will be available in the clubhouse throughout the hurricane season June 1- November 30. And we will have a hybrid (in-person and Zoom) meeting in August, with a presentation and time for any questions that you might have.

But there is a very important piece of the puzzle of protecting all of our dreams here. That is something we call "neighbor helping neighbor." This means that whether or not you decide to take the CERT course, which I highly recommend, that you reach out to your neighbors if you need help or can offer help with closing shutters, putting away outdoor furniture, barbecues, or shopping for essentials.

****And to be very clear, our CERT group needs YOU!!!** We need additional hands, eyes and ears during recovery from any storm that causes damage. There will be more information coming your way. In the meantime:

PLEASE let us know asap if you are interested in learning more.** Email Helen Sohne at rainberryhpc@gmail.com for info on how to prepare for a hurricane, shelters including special shelters, or for any other questions that you may have. If you would like information on CERT or volunteering to **help CERT, email Van Kushner rainberrybaycert@gmail.com**

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TECH. OVERSIGHT (TOC).....	PATRICK NOON.....	D. KULICK
WEBSITE.....		D. KULICK

Name That Tune...

"From the park you can hear the happy sound of the carousel..."

Look for answer inside this issue of The Beacon

BOARD MEETINGS

ALL DATES ARE SUBJECT TO CHANGE

HOMES MEETING

7:00PM AUD & ZOOM
JUNE 20, 2023

RESIDENTS' CONCERNS

6:30PM

MASTER BOD MEETING

7:00PM AUD & ZOOM
JUNE 14, 2023
JULY 12, 2023

Recordings of all meetings are available on myrainberrybay.com/videos and are password protected.

RB COMMUNICATION

BEACON: rainberrybaybeacon@gmail.com

CALENDAR: rbcalendar@yahoo.com

EBLAST: rainberrywebsite@yahoo.com

WEBSITE myrainberrybay.com

PLEASE ADDRESS AND MAIL YOUR CHECKS AND INQUIRIES TO:

RAINBERRY BAY BEACON
c/o 2635 RIVIERA DRIVE
DELRAY BEACH, FL 33445
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CO-EDITORS	DEB PETERS JOAN POWELL
TREASURER	CHAR LANE
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PHOTOGRAPHERS	LOIS WIESLER KAREN JENSEN CHAR LANE

EMAIL

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IN CASE OF EMERGENCY

5 Defibrillator Locations

1. Unit located in ROVER vehicle. All Marksman guards are trained and certified for CPR/AED.
2. The CLUBHOUSE unit is located in the cabinet near the front entrance and also services POOL 1.
3. Unit is located in the TENNIS CENTER.
4. The THEATER unit is located inside the Women's Restroom and also services POOL 5.
5. Inside the THEATER, the unit is located at the top of the steps next to the Sound Booth.

FIRE, POLICE, AMBULANCE 911
ELDER HELP LINE 211

"It was only a sunny smile,
and little it cost in the
giving,
but like morning light
it scattered the night
and made the day worth
living."

-F. Scott Fitzgerald



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Office: Call 561-272-6560
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Beatriz DeJesus, AM
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Erin Claffy, AA
David Clewes, Maint. Sup.

Guest Call-in 561-276-8188
Security Guard 561-276-3183

HOA PAYMENT MAILING ADDRESS:

(PLEASE INCLUDE YOUR ACCOUNT NUMBER)
Rainberry Bay (Homes/Villas) Association
c/o FirstService Residential
PO Box 30351
Tampa, FL 33630

PLACE A WORK ORDER ON THE FSR WEBSITE
OR

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We urge our readers to please support the advertisers found in the Beacon the way they support us.

DEADLINES: **ADVERTISING:** 8th of prior month
ARTICLES: 12th of prior month

TYPE OF AD	COLOR ADS (Sales Tax Incl.)		B/W ADS (Sales Tax Incl.)		
	AD SIZE & PLACEMENT	10 issues	5 issues	10 issues	5 issues
BACK COVER	\$ 2,000.	N/A			
INSIDE COVER	\$ 1,600.	N/A			
FULL PAGE	\$ 1,300.	\$ 700.	\$ 1,150.	\$ 600.	
HALF PAGE	\$ 700.	\$ 400.	\$ 600.	\$ 350.	
QUARTER PAGE	\$ 400.	\$ 300.	\$ 350.	\$ 200.	
BUSINESS CARD	\$ 300.	\$ 175.	\$ 200.	\$ 125.	

Please send original artwork, as a JPEG, to:
rainberrybaybeacon@gmail.com

Homes News

JOHN ENGLISH, PRESIDENT

THE SENSES REVEAL
THE WORLD,
BUT NOT ITS MEANINGS.

Master Board News

LOIS WIESLER, PRESIDENT

New board + new property manager = changes ahead. This board's majority consists of residents who are fairly new to our community or are new volunteers with new ideas and fresh eyes.

We are currently getting bids to freshen up the theater bathrooms, apply a fresh coat of paint, and to replace the curtains which have been there for a very long time. The theater kitchen has gotten very little use of late, especially since the Men's Club hasn't had regular dinner gatherings. With a new food group planning to use it in the fall, we're looking at what is needed. The refrigerator has been fixed and we'll be seeing what other things may be required. Let's make sure it's safe and cleaned up.

This is only a short column from me as Dave Kulick has written an expansive article explaining some of our irrigation systems and how rain sensors work.

YOUR HOME!

As you are aware, the homes association through its Declarations performs Exterior Maintenance for all structures. This is accomplished through the painting program, roof inspection, cleaning, and replacement shortly after the useful life of the roof occurs. Homeowners who notice any issues with their exterior walls can contact the office and any and all reasonable repairs will be completed at no cost to the homeowner.

Cost of repairs is increasing.....

It is unfortunate to report that the cost of repairs is ever increasing. This year alone the HOA has paid \$50,000 in repairs AND IS trending towards \$80,000.

Why is this happening?

1. The average age of our homes is about 40 years. We are seeing homes painted 7 years ago with no issues at all now have significant repair.
2. Many Homeowners routinely wait too long to report a problem.
3. Tree growth causes issues for the roof and external walls with either branches falling on the roof and/or roots impacting the exterior walls.
4. Homeowners who have plants or hedges too close to the walls of their home may cause exterior walls to deteriorate.

What can homeowners do?

1. Inspect your home periodically.
2. Call in work orders or place them on the website.
3. Look at the trees and roots around your property. If it is a small amount of branches that can be cut by a worker while standing, the HOA will perform this work at no expense. Otherwise, you will need to contact a certified service at your expense. The office can coordinate this for you.
4. Inspect the lower part of your walls behind your planted flowers, plants and hedges and ensure they are 18 inches away from the wall. If not, arrange to have them cut or removed. Contact the office or open a work order on-line for assistance.

What can the HOA do?

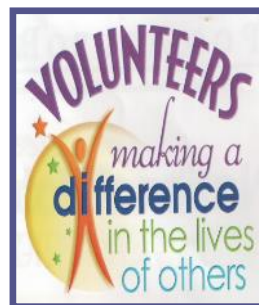
We are proposing the following:

Inspect each home with a licensed service to look at your exterior walls. We have not finalized this proposal; however we hope to do 1/2 the homes each year. The concept is that we will find the issues while they are small and the money we save will equal the cost of the inspector and curtail the high cost of repairs. This will be a topic for discussion at our Board meetings going into the summer. Any and all commentary would be helpful. I think we are all interested in increasing the value of our homes and that begins with ensuring our homes remain in good condition.

April 1, 2023

Hi Joy (Adamaitis). Great seeing you today and thank you for taking pups Winston & Darcey to the parade! I'm so lucky to have canasta gals and pickleball gals to help walk my pups. **Diane Klusner, Nancy Waltram, Barbara Braverman, Charley Harrell, Terry Barberio, Nina Diamond, Mary Kay Macri, Janet Vallee, and Sandy Harrison** are my walking warriors.

—Megan Doran



VOLUNTEERS

"You make a living by what you get. You make a life by what you give."

- Winston Churchill

Thank you
DOG WALKING WARRIORS
for all you do for community.

RAINBERRY BAY RULES REFRESHER JILL FORSHEY

All places we reside in tend to have rules that need to be followed. Here are a few that I think we tend to forget about, and thought we all could use either a reminder or a refresher, or this is first-hand news. In any event, please take a moment to review.

Residents' Entry: All Residents' vehicles must have a Rainberry Bay vehicle barcode sticker permanently displayed on the driver's side rear window. The barcode is obtainable at the Management Office upon presentation of your license and registration. If a Resident is using a

temporary vehicle, obtaining a color-coded, monthly pass from the Management Office will allow him/her to enter through the Resident gate by showing the pass to the guard on duty.

Guest Passes and Permanent Lists: Entry is through the Guest Gate and requires the display of a valid driver's license. No exceptions. Do not share your personal PIN number with anyone!

Trash and Recycling: When not in use, trash cans must be hidden from street view. They are to be kept in one's garage or behind screens or fences. • Garbage and recycling containers should be put out no earlier than 4:00pm the night before pickup. All empty containers must be removed from the street by 11:00pm the day of pickup. Recycling material is picked up Tuesday. Blue bins contain cans, drink boxes, glass bottles and jars, milk and juice cartons, and plastic containers #1-7. Yellow bins contain

cardboard, paper bags, dry food boxes, unwanted mail, newspapers, magazines, catalogs and telephone books. Boxes must be broken down to 3 1/2' x 3 1/2'. Garbage Pickup is on Tuesday and Friday. All trash not placed in metal or plastic containers must be put out the morning of pickup. Styrofoam containers go in garbage. Vegetative/Green Waste Pickup is Friday. Lawn clippings, tree and bush cuttings must be tied. Bulk Pickup is Friday. Large items (e.g. appliances, furniture, etc.) must be put curbside Thursday after 4 pm.

Dumpsters: Dumpsters have a limited capacity and are for Villas use only. Contractors are not allowed to dispose of their waste anywhere in Rainberry Bay, including the dumpsters. Whatever homeowners have contracted them to do needs to leave with them.

Correction: At a recent NF Book Group meeting, Nancy Weinstein made the vanilla ice cream BUT, Eileen Block made the chocolate cake, To request the cake recipe, contact the Beacon @ RainberryBayBeacon@gmail.com

From Rainberry Bay to Madrid



ATP tour #99 ranked Zhizhen Zhang, on right, who trained with Axis Tennis here at Rainberry Bay at the end of March has advanced to the 5th round, quarter finals of the Madrid Open, an ATP Masters 1000 event. On his way to the quarterfinals he defeated Shapovalov, Norrie, and ATP #10 ranked Taylor Fritz in the round of 16. In a close quarterfinal match Zhang was defeated by opponent, Asian Karatsev, ATP #121.

Recipe

Thomas Jefferson-James Hemings' Homemade Ice Cream

Submitted by Nancy Weinstein

Ingredients:
2 Qts. heavy cream
6 yolks of eggs
1&1/4 Cup of Sugar
1 vanilla bean* OR
1 Tbs. vanilla extract

1. Whisk together egg yolks and sugar until creamy and light in color. Set aside.
2. Place cream in saucepan. Split vanilla bean with knife's dull side and add the seed and bean to the cream Place saucepan over medium heat until mixture is nearly boiling.
3. Remove cream mixture from heat, and very slowly add 1/2 cup of the hot cream to the egg yolk mixture, whisking constantly. Pour the now-warmed egg yolk mixture into the hot cream, whisking to combine.
4. Return saucepan to stove, stirring constantly over medium heat until mixture is thick and coats back of spoon. Remove from heat and strain through a fine mesh sieve. Allow mixture to chill in refrigerator for several hours or overnight.
5. Churn the ice cream in an ice cream maker according to manufacturer's directions.

*you may substitute Tahitian or Mexican vanilla beans for conventional Madagascar Bourbon vanilla beans to highlight different vanilla flavors, or substitute vanilla bean paste.

LIBRARY NEWS

JOAN POWELL & JOLIE TRABIN

LIBRARY HOURS

SEPTEMBER - MAY: Monday-Friday, 1-3 pm
 JUNE - AUGUST: Mon, Wed, Fri, 1-3 pm

Have You Read? ESTHER MENDELSON

We read *The Personal Librarian* by Marie Bennet & Victoria Christopher Murray for the April Book Discussion.

If you ever visited the Pierpont Morgan Library in New York, a stunning building filled with literary treasures like Gutenberg bibles, Shakespeare first folios, manuscripts of Jane Austen, Tony Morrison and much, much more, you would wonder how one of the richest bankers in American history had the time and expertise to develop this into a world-class collection. He didn't. He had been buying the treasures, but it was a young female librarian who made this one of the most impressive collections in the world. Not such a simple task for a woman who was hiding her identity as a Black woman from a middle class family the whole time that she was negotiating and interacting with scholars, aristocrats, royalty, and the super-rich!

The book tells a fictionalized account of her true story of becoming a confidante of Morgan, keeping the secret of her racial identity, and using personality and skill to accomplish so much and help make these treasures accessible to the public.

Grab a copy of the book from our local libraries, online, or at the RB library.

For May Book Discussion: we read and discussed the book, *Lessons in Chemistry*, by Bonnie Garmus..

From the Amazon Books description: Chemist Elizabeth Zott is not your average woman. In fact Elizabeth Zott would be the first to point out that there is no such thing as an average woman. But it's the early 1960's and her all-male team at Hastings Research Institute takes a very unscientific view of equality. Except for one, Calvin Evans, the lonely, brilliant, Nobel-prize nominated grudge- holder who falls in love with - of all things - her mind. True chemistry results.

But like science, life is unpredictable, which is why a few years later Elizabeth finds herself not only a single mother, but the reluctant star of America's most beloved cooking show. Keep reading the book to find out what happens.

Some of the themes in the story are sexism, feminism, mystery, and love. Interestingly, her dog plays a leading role in the story.. This laugh-out-loud funny, shrewdly observant, fast-paced novel reminds us of the plight of women in the 1960's in the USA.

JUNE '23 DVDs	
MOVING ON	71
COCAINE BEAR	130
CREED III	132
MAGIC MIKE'S LAST DANCE	142
MARLOWE	153
JUNE '23 BOOKS	
LOYALTY (LP)	SCOTTOLINE, LISA
COUNT DOWN	PATTERSON, JAMES
HELLO BEAUTIFUL	NAPOLITANO, ANN
I WILL FIND YOU	COBEN, HARLAN
WORTHY OPPONENTS	STEEL, DANIELLE
JULY '23 DVDs	
80 FOR BRADY	176
ALL QUIET ON THE WESTERN FRONT	182
EVERYTHING EVERYWHERE ALL AT ONCE	318
JESUS REVOLUTION	338
CHAMPIONS	339
July '23 BOOKS	
LOST GIRLS OF WILLOWBROOK, THE	WISEMAN, ELLEN
PINEAPPLE STREET (LP)	JACKSON, JENNY
IN MEMORIAM	WINN, ALICE
SIMPLY LIES	BALDUCCI, DAVID
THINGS I WISH I TOLD MY MOTHER	PATTERSON, SUSAN



Movies are shown in the theater. All shows begin at 7PM.

June 4 - "Cocaine Bear"

June 18 - "Creed III"

July 2 - "80 for Brady"

July 16 - "Everything Everywhere All at Once"

BOOK DISCUSSION GROUP NANCY EFFRAIN

The Book Discussion Group ended the season on a high note. Our discussions were lively and stimulating. Whether we all enjoyed the selected books or not, was not as important as why we felt that way, and our desire to discuss the book. Reading the books in advance allows us to talk about what we had just read.

Note: There will be a change for next season, meetings will occur on the Third Wednesday of the month at 2:00. We hope by moving the group to Wednesdays the residents who had conflicts will now be able to join us.

The first four selected books are:

Oct: *I'm Glad My Mom Died* by Jeanette McCurdy

Nov: *Mad Honey* by Jodi Picoult & Jennifer Boylan

Dec: *Hang the Moon* by Jeanette Walls

Jan: *Tomorrow and Tomorrow and Tomorrow* by Gabrielle Zevin

Thanks to all our facilitators for their work in making our discussions so enjoyable, and a special thanks to Irene Wernick for preparing the posters.

Looking forward to our Fall season and hope to see many of you joining us.

JUNE 2023

AUD = CLUBHOUSE AUDITORIUM
 ART = CH ARTS & CRAFTS RM
 MCR = CH MEN'S CARD RM
 WCR = CH WOMEN'S CARD RM
 CFR = CH CONFERENCE RM

TH = THEATER
 TC = TENNIS CT
 PC = PKLBALL CT
 BC = BOCCIE CT
 ZM = ZOOM

P1 = POOL 1
 P2 = POOL 2
 P3 = POOL 3
 P4 = POOL 4
 P5 = POOL 5

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
  			1 10:30a Curr. Evts - Aud 3p Bowling 6p Bocce LGBTQ+ Month 	2 8:30a EZ Fitness-AUD 10a Clay Studio-ART 10a Table Ten-AUD 10a NIA-MCR 5:30 Pickleball Open Play	3 9a Bocce 9a10 Yoga 11a Bocce Cl Mtg.	
4 9a Bocce Movie Night "Cocaine Bear" 7PM TH	5 8:30a EZ Fitness-AUD 10a Chair Yoga-MCR 12n Table Ten-AUD 2p Canasta Play-MCR 6p Bocce	6 10a Flower Making CR	7 9a Bocce 8:30a EZ Fitness-AUD 11:30a Water Aero-P1 12n Table Ten-AUD 5:30 Pickleball Open Play	8 10:30a Curr. Evts - Aud 3p Bowling 6p Bocce	9 8:30a EZ Fitness-AUD 10a Clay Studio-ART 10a Table Ten-AUD 5:30 Pickleball Open Play 6:30 The Ed Band	10 9a Bocce 10a Yoga
11 9a Bocce	12 8:30a EZ Fitness-AUD 10a Chair Yoga-MCR 12n Table Ten-AUD 2p Canasta Play-MCR 6p Bocce	13 10:15a Card Mkg CR 7p CERT Mtg	14 8:30a EZ Fitness-AUD 9a Bocce 11:30a Water Aero-P1 12n Table Ten-AUD 5:30 Pickleball Open Play 7P Master BofD Mtg Flag Day 	15 10:30a Curr Evts Aud 3p Bowling 4P Green Comm 6p Bocce	16 8:30a EZ Fitness-AUD 10a Clay Studio-ART 10a Table Ten-AUD 5:30p Pickleball Open Play	17 9a Bocce 10a Yoga
18 9a Bocce Movie Night "Creed III" 7p TH 	19 8:30a EZ Fitness-AUD 10a Chair Yoga-MCR 12n Table Ten-AUD 2p Canasta Play-MCR 6p Bocce 	20 10a Flower Making CR 10a Nia 6p Beg. Bocce 7p HOMES Mtg	21 8:30a EZ Fitness-AUD 9a Bocce 11:30a Water Aero-P1 12n Table Ten-AUD 5:30 Pickleball Open Play	22 10:30a Curr. Evts - Aud 3p Bowling 6p Bocce	23 8:30a EZ Fitness-AUD 10a Clay Studio-ART 10a Table Ten-AUD 10a NIA- MCR 5:30p Pickleball Open Play 6:30pThe Ed Band	24 9a Bocce 10a Yoga
25 9a Bocce	26 8:30a EZ Fitness-AUD 10a Chair Yoga-MCR 12n Table Ten-AUD 2p Canasta Play-MCR 6p Bocce	27 10a NIA 10:15a Card Mkg-ART	28 8:30a EZ Fitness-AUD 9a Bocce 11:30a Water Aero-P1 12n Table Ten-AUD 5:30 Pickleball Open Play	29 10:30a Curr. Evts-Aud 3p Bowling 6p Bocce	30 8:30a EZ Fitness-AUD 10a Clay Studio-ART 10a Table Ten-AUD 10a NIA- MCR 5:30p Pickleball Open Play	CLUB LEGEND BC = Bocce CL MnM = Mix-n-Mingle CL OS = OnStage PB = Pickleball CL TC = Tennis CL TT = Table Tennis CL WC = Women's CL CC = Council of Clubs 21CC = 21st Century CL

JULY 2023

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30 9a Bocce	31 9a EZ Fitness-AUD 10a Chair Yoga-MCR 12n Table Ten-AUD 2p Canasta Play-MCR 6p Bocce					

The Mix N Mingle Club

Debbie Arrigo, President

Hello Rainberry Bay Friends! The Mix N Mingle Club has been busy organizing the following events for your enjoyment:

December 5, 6 & 7, 2023 -Bus Trip To Mt. Dora. This trip has a wonderful, busy itinerary of 3 full days! Meals, a show, winery, museum, shopping and more! Please check out the full schedule on the flyer in the clubhouse. Your ticket must be paid in full by October 1. (\$470/PP)

December 15, 2023 A Night of Comedy and Hypnosis! 7:30. Bring your friends and wine and cheese. Mix N Mingle is supplying crackers and grapes! Let's have fun! (\$25)

January 6, 2024 Greased Lightning w/The Rhythm Chicks. 6-8PM. Come check out the antique cars and take some photos! Our evening of oldies music and fun begins at 8PM! Dress in your poodle skirts for the occasion because we have a special surprise during intermission!! Bring your friends for a fabulous evening! (\$25)

January 17, 2024 Fashion Show 12-3 "Melody of Fashions". Champagne & Lite Lunch. Patchington, Chicos, Macy's and Anthony's will provide the fashions. There will be baskets, vendors, 50/50 raffles plus more! (\$35)

January 21, 2024 - 2-5pm "Shake your Booties". Live DJ music plus Karaoke!! BYOB and we're supplying chips & dip. Let's get together and dance & sing the day away! (\$25)

February 3, 2024 - 7:30pm Tropical Vibes. Dress in your favorite casual Caribbean clothes & we'll supply the leis and some Caribbean treats for everyone! Our island musicians will be bringing their steel drums and talent to have you dancing and tapping all nite! (\$25)

February 7, 2024 - 5pm "Nite At The Races". We had a blast this year and we'll do it again!! This time we are serving your hot dog meal earlier so don't worry! Bring your friends and let's have fun riding our ponies!! (\$20)

March 8, 2024 - 7:30pm Neil Diamond Tribute performed by Neil Zirconia. BYOB & enjoy our desserts! (\$25)

March 15, 2024 - 7:30pm Jimmy Buffett's Margaritaville Nite. Come join the fun with friends! Club will be serving Margarita Drinks as our season comes to an end. (\$25)

We hope to see you at all these wonderful fun events! Mark the dates! Call **Debbie at 646-235-4086** for your tickets or email themixnmingleclub@gmail.com



Irrigation

David Kulick

Continued from page 1

While there is a lot to tell about each component of the system, I wanted to talk about rain sensors, since people often ask why the irrigation system is running when it's raining. Each clock is connected to a rain sensor, which is a small plastic device that is usually mounted at the top of a pipe near the clock. When rain enters the sensor, little disks made of cellulose fibers expand and push a button, which sends a signal to the clock to tell it that it's raining. When the clock gets that signal, it stops irrigation and won't allow programs to run until the disks dry out and contract, releasing the button. There are two settings on each rain sensor to control this. One moves

the disks further away from the button, so more rain has to enter before the disks expand enough to push the button. Generally we set the sensors for 1/4" of rain, but this is not an exact science because the actual amount of swelling of the disks can vary as they get older.

The second setting controls how fast the disks dry out, it's a plastic ring that exposes a hole in the sensor body. The more the hole is exposed, the faster the disks dry out and signal the end of the rain. It takes a minimum of four hours to dry out, but given Florida humidity, it often takes a full day or even longer before the disks dry out sufficiently to end the "rain" signal.

Florida presents some extra problems for Rain Sensors. The soil is very sandy and drains quickly, so we shouldn't go too long without irrigation – the recommendation is to have the quickest dry out time. The rain comes in periodic bursts, but a brief heavy rain might not be enough for disks to expand. I just got a picture from someone

showing the irrigation on while it's raining. But while it rained hard, it didn't rain 1/4" at that time so irrigation is supposed to be running. Later perhaps it rains another 1/10" of an inch, and maybe that's enough to trigger the sensor given the earlier rain.

Most rain sensors are wired directly to the clock, but if the clock is under a tree or obstruction that prevents rain from hitting the sensor, we need to use a wireless system where a receiver is connected to the clock but the transmitting sensor is attached to some object where the rain can hit it. That requires batteries that can go bad, or something can block the water from exiting the sensor and the circuit board gets corroded.

So sometimes the irrigation is on when it's raining, because it hasn't rained enough or some spider web is blocking the button, sometimes the irrigation is off because it rained yesterday. Sometimes a brief rain will prevent the disks from drying and you'll go another day without irrigation. It's simple but can get complicated.



Entertainer | Shelley Keelor | United States
shelleykeelor.com

On Stage
Welcomes

Shelley Keelor
Sunday, August 6, 2023
At the Rainberry Theatre

SHELLEY KEELOR, an award-winning actress, has been a force in Musical theatre as well as in Dramatic and Comedic theatre, including more than 21 performances in South Florida for more than a decade.

After completing rehearsals for her role in the South Florida Premier of **DISENCHANTED!**, the outstanding Off-Broadway musical that had its performances at the Rinker Playhouse at the Kravis Center, Shelley is off to other solo performances before touring with her newest One Woman Show.

Shelley also performs with orchestras and big bands internationally, including with the Istanbul State Symphony, Jordan Thomas, and The NY Connection, with LCO: Orlando's Chamber Pops Orchestra in her debut at the Dr. Phillips Center.

Shelley has performed her one-woman shows to sold-out audiences around Florida including at the Delray Beach Playhouse.

Shelley lives in Jupiter, Florida with her teenage son and two rescue pets, Rex and Phoebe.

Shelley, and her band, will preview her newest one woman show.

Great Songs Of Our Time

“Featuring songs by artists such as Shania Twain, Gloria Gaynor, Billy Joes, and more!”

ADMISSION WILL BE FREE

LET’S GIVE SHELLEY A BIG RAINBERRY WELCOME.

COMMITTEE	CHAIR (SUBJECT TO CHANGE)	BOARD LIAISON
ARCHITECTURAL CONTROL	R. LEFEVRE / C. GUINYARD / ROBERT COHEN / E. MAGUIRE / S. MALTEZO	J. ENGLISH
ARCHIVING	SHELLEY GLASS	D. KULICK
BEACON	DEB PETERS / JOAN POWELL	L. WIESLER
BOCCE	JACK MITRANI / BARBARA FILIPOWSKI	T. BARBERIO
BUDGET & FINANCE	S. LAMPEL / T. BARBERIO / N. KOFF / D. KULICK	L. WIESLER
CALENDAR	JOAN POWELL	LOIS WIESLER
CLUBHOUSE	ALLEN GLASS	T. BARBERIO / D. KULICK
DIRECTORY (BIENNIAL PUBLICATION)	CHAR LANE	N. ABEL
ELECTION	BOB WILLIAMS / DONNA GOUIN	D. KULICK
EVENTS	DEBBIE ARRIGO	N. KOFF
GREEN	KAREN APRILL / STEPHANIE BRAUNSTEIN	N. ABEL, J. GIVENS
GRIEVANCE	SUE RAGOVIN / ROB GAETA	N. KOFF
HURRICANE EDUCATION	HELEN SOHNE	J. MALTEZO
IRRIGATION	PATRICK NOON	D. KULICK / J. GIVENS
LANDSCAPING OVERSIGHT / BEAUTIFICATION	EILEEN BLOCK	J. ENGLISH / J. GIVENS
LEGAL CONTRACTS	ALLEN GLASS	J. FORSHEY / J. MALTEZO
LIBRARY	JOLIE TRABIN	N. ABEL
MANAGEMENT OVERSIGHT	RHONA CAMPTON	T. BARBERIO / N. KOFF / J. MALTEZO
PAINTING (HOMES & VILLAS)	MORT LEWIS	J. ENGLISH & J. FORSHEY
PICKLEBALL	MIKE SHULTZ	T. BARBERIO
RENTAL / RESALES	DIANE KLUSNER	L. WIESLER / J. GIVENS
ROOFING (HOMES)		N. KOFF
ROOFING (VILLAS)		J. FORSHEY
RULES COMPLIANCE	LOURDES ALFONSO	J. FORSHEY
SAFETY & SECURITY		L / J. FORSHEY
SEARCH / NOMINATING	RHONA CAMPTON	N. KOFF
TELECOMMUNICATIONS	JOYCE MARCHETTE	L. WIESLER / N. ABEL
TENNIS	KEN RUBIN	N. ABEL
THEATER MANAGEMENT	JIM McMORROW	D. KULICK
TECH. OVERSIGHT (TOC)	PATRICK NOON	D. KULICK
WEBSITE		D. KULICK

ON STAGE — Neill Klein

is beginning its new year with new officers, great members and what is planned to be an exciting season of shows. Judi Lemoine is our new president, Carol Flannigan is secretary and Preston Glazer is now our treasurer. There will be chairmanships and coordinators to be chosen to bring our shows to life. These positions include Events and Entertainment, Community Relations, Facilities Management, Advertising and Ticket Sales, and a coordinator of shows by entertainers who are not residents of Rainberry. We are even talking about an Open Mic Night.

The first show is ACCLAIMED MUSICAL ENTERTAINER SHELLEY KEELOR. She will be performing a preview of her new ONE-WOMAN SHOW "Great Songs of Our Time". This will be FREE on **Sunday, August 6 at 7:30pm**. We will be the first to see her new show. You can see Shelley's previous work at shelleyskeelor.com. It's exciting.

Our BIGGEST announcement is that SARGE, the great comedian, will bring his show to Rainberry. The show is **October 27th**. Advance ticket orders are being taken now. You don't want to miss this show so make sure to get your order in early. Regular ticket sales begin on Monday, September 4th. Don't miss out on his show which sells out everywhere he performs.

Email: sarge.onstage@yahoo.com to reserve your seats.

The ON STAGE residents' performance will be **Saturday, February 24 at 7:30pm**.

We are welcoming new members to participate in our club activities. There is a job for everyone...not just singing, dancing and acting.

Email: onstage.rainberry@yahoo.com for registration materials.

Dues are \$10. We hope to see all of you all season!



Women's Club

CAROL SHORE & FERN KATRONETSKY
2023-2024 CO-PRESIDENTS

The Rainberry Bay Women's Club has begun the 2023-2024 season with its election of officers. Some have changed and some remain the same. Fern Katronetsky and Carol Shore are Co-Presidents, and Claire Saltz remains as Treasurer. We happily welcome Christine (Chrissy) Walsh as our new Secretary. Sue Ragovin has taken over membership. Harriett Lewis retains Hospitality and she will receive assistance from Board members as needed. Beverly Librescu continues with Ways & Means. At this point, we would be remiss if we did not thank our outgoing Board members for their service of so many years.

Referring to Beverly Librescu, she is once again holding her annual drive for the students of Pine Grove Elementary School in an effort to raise money for school supplies. Monetary donations can be dropped into the Women's Club mailbox next to the Library, or given directly to Beverly (561-330-0711), or either of our Co-Presidents, Carol (561-862-7228) or Fern (732-236-8526). If your preference is to purchase actual school supplies vs. a cash donation, you may contact any of the individuals listed above to see who is available to accept the supplies. The collection deadline for these school supplies is Friday, July 14th. Checks should be made payable to the Rainberry Bay Women's Club.

We have also set our Women's Club Event dates, and they have been placed on the Rainberry Bay Calendar. To accommodate many who

have requested a different day for Women's Club Events so they could attend, our Events will now be held on the third Tuesday of the month. PLUS, the Women's Club will be hosting four (4) BINGO games; one in the afternoon, and three on Saturday nights. Mark your calendars accordingly for all our events listed below:

- July 18 - BINGO on a Summer Afternoon
- September 19 – Season "Kick-Off" Card/Game Party
- October 17 – Wine Tasting with Sommelier Wendy Rosano
- Nov 11 – BINGO Night
- Dec 19 – Winter Holiday Celebration
- Jan 13 – BINGO Night
- Feb TBD - "A Day in Delray" (further details to follow)
- Mar 23 – BINGO Night
- Apr 16 – Season Ending Card/Game Party

Membership for the Women's Club remains only \$10 for the Season, and men are invited to all our Events as well. We look forward to seeing everyone at our first Summer BINGO Event on Tuesday, July 18th. We will be selling tickets in the Clubhouse for Summer BINGO and memberships to anyone who would like to join our Women's Club. Sales will start on Monday, June 26. Look for additional sale dates and information in the weekly e-Blasts, starting at that time.

ON STAGE ANNOUNCES

SARGE



IF YOU WOULD LIKE TO
BECOME A MEMBER OF
ONSTAGE,
PLEASE CONTACT NEILL KLEIN
FOR AN APPLICATION.
Onstage.rainberry@yahoo.com

FRIDAY, OCTOBER 27, 7:30 PM

\$25

ADVANCE TICKET SALES AND TICKET RESERVATIONS NOW!!!

GROUP TICKET SALES CONTACT
sarge.onstage@yahoo.com

**FIRST 100 TICKETS SOLD WILL RECEIVE PREFERRED SEATING
REMEMBER TO INVITE YOUR FRIENDS**

Green Committee

KAREN APRILL & STEPHANIE BRAUNSTEIN
CO-CHAIRS

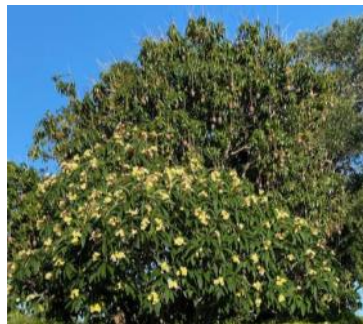
Lake Delrain Quiz and Answers:

1. What is the official names of our lake?
Lake Delrain
2. Is our lake natural or manmade?
Manmade
3. Name the three main purposes that our lake serves for the community.
Collect storm water, mitigate lawns, serenity and beauty
4. Name at least 3 living creatures that inhabit our lake and/or the area.
Birds (including Snow birds), turtles, fish, iguanas, toads sometimes Potter the Otter
5. What non-living creatures float on our lake and why are they there?
Duck decoys to indicate where the pipes are located
6. Do we have a special vendor who works on lake issues?
Yes, Aquagenics
7. What is an algae bloom and how do we avoid it in our lake?
Proliferation of tiny green plants floating on top of the lake often caused by too much phosphorus from fertilizers and imbalance of chemicals in the water.
8. Does our fountain serve any purpose other than to look pretty? What is it?
The fountain aerates the lake and helps the lake stay cleaner, helps increase oxygen in the water, helps increase dissolved carbon dioxide which promotes good algae for animals to eat.
9. What are those small building structure located around our lake?
Pump houses
10. What types of plants grow around the perimeter of our lake and why are they important to the health of the lake?
Pickeral, Papyrus and Lake Cana- they help oxygenate the lake and provide food and shelter for lake wildlife.



Congratulations to Jessica Kurtzman, winner of the Lake Delrain quiz. Thanks to everyone who submitted answers to the quiz and for the various clever responses. Jessica's award was a hand painted brick of the lake by Carol Unger.
--Char Lane photo

(Florida Natives in photo: Fire Bush, miniature Thatch Palm, and Dune Sunflowers)



Frangipani, also called Plumeria, are showing their blooms and mango trees their fruit, which are deliciously ripe and sweet in late May and early June.
--Lois Wiesler photo

Green Committee is committed to helping our residents repurpose, and keep things out of the landfill. This year we repurposed or recycled:

- ⇒ 50 pairs of athletic shoes
- ⇒ 75 pairs of glasses
- ⇒ 100s and 100s of pill boxes
- ⇒ over 200 books throughout Palm Beach County in conjunction with the Rainberry library
- ⇒ 4 carloads of donations to animal shelters



Cane Toad (Rhinellamarina) **INVASIVE**, above. Southern Toad (AnaxyrusTerrestris) **NATIVE**, below.



INVASIVE CANE TOADS

The cane toad, also known as the bofu toad, is a large (6-9") non-native frog. Cane toads are invasive and poisonous to most animals. They are only protected by the anti-cruelty law and can be removed from private property and humanely killed. Captured toads may not be re-located and/or released. To remove a cane toad, wear eye and skin protection. A wildlife trapper will also remove the toads and properly dispose of them.

Cane toads will eat table scraps and pet food. Do not leave any pet food outside.

The cane toads secrete a poison that can sicken or kill other animals. The secretion will also irritate skin and eyes of anyone who handles them. Cane toads eggs are also toxic. The Southern toad is native to Florida and grows to be 3-4". Rainberry has

both types of toads. The Southern toads is endangered because the cane toad eats them. Be aware and protect your pets from the poisonous cane toads.



Thank you, Bob Stewart, for making dozens of Ody's Dog Biscuits (recipe on page 30) for all of our four-legged friends attending Celebrate Lake Delrain's Dog Parade.
—deb peters photo



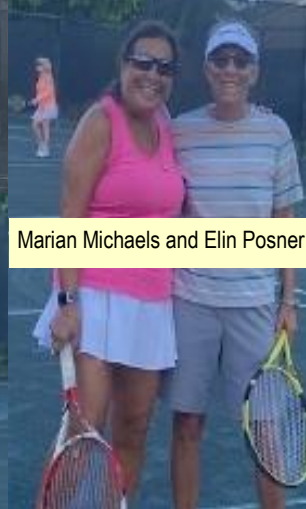
Dave Saks and Mel Gelman.



Karen Lago and Dave Saks



Cindy Herman and Jeanette Rubin



Marian Michaels and Elin Posner



Paul Barron



Deb Sklar and Tanya



David Kulick and Elin Posner



Anne Barron and Santa Allegianis



Tennis Club Tournament

The championships ended Monday, March 27th, with **Dave Saks and Mel Gelman** defeating John Desnoyers and Mark Kurtzman in a close three set match (4-6, 6-1, 10-7) for the Men's A title. Sunday's action had **Nancy Abel and Sue Grover** taking the Women's A crown, defeating Cindy Herman and Jeannette Rubin 6-4, 6-2. The Mixed A champions, **John Desnoyers and Trish Ryan**, had to work hard for a 6-4, 4-6, 10-4 victory over Mark Kurtzman and Linda Dagenais.

The Mixed B final ended with an 8-7 tiebreaker win for **Elin Posner and Dave Kulick** over Joyce Goldberg and Mel Gelman while the Women's B final had **Marian Michaels and Elin Posner** taking an 8-4 victory over Anne Barron and Joyce Stobo.

This tournament succeeded due to the contributions of many... **Jim McMorrow, Linda MacNeal, Pat Peppard and Bob Amlin** (setup and takedown), **Beth Morrow, Santa Allegianis and Anne Barron** (bakers), **Jim McMorrow and Dave Kulick** (cooks), **Nusha Moscowitz** (donation of her famous Greek salad), the Rainberry Bay Tennis Club (tennis balls, water and beverages) and, of course, the players for their excellent play under difficult weather conditions. Well done, all.

—Paul Barron, Tournament Director (Pat Peppard photos)

Stepping out of Rainberry...

THE TALLEST CLIFF IN EUROPE
 FUNCHAL, MADEIRA ISLAND, PORTUGAL
 3,750 MILES FROM RAINBERRY BAY
 BEST TO EXPERIENCE IN DAYLIGHT

FROM ANNE AND PAUL BARRON:
 May, 17, 2023
 Final stop at tallest cliff in Europe. Glass platform allows you to see all the way down. Note cute shoe peering down. Cute guy for that matter! And cute couple!!

—Anne Barron photos

***editors' note:** Do you have current "Where in the World" photos you would like to share with the Beacon? Take a photo or create a photo collage that also has some variety of polka dots and send to RainberryBayBeacon.com with the subject heading Polka Dots. Let us know your in the world and add a sentence or two.



WHERE IN THE WORLD ARE THE POLKA DOTS*?



WALT DISNEY WORLD
 ORLANDO, FL
 163 MILES FROM RAINBERRY BAY
 OPEN 9AM-11PM, BUT VARIES WITH
 THEME PARKS AND SEASONS



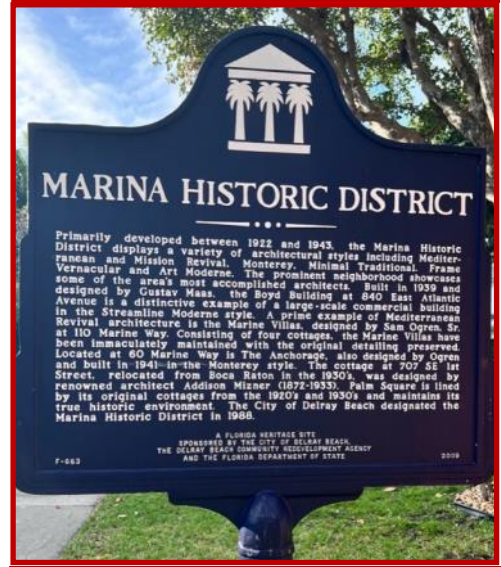
Check out the Swiss Family Robinson treehouse on your next trip to Disney World. Simplicity, Adventure, Magic.
 —deb peters photo

WAKODAHATCHEE WETLANDS
 13270 JOG RD
 DELRAY BEACH, FL
 4.8 MILES FROM RAINBERRY BAY
 OPEN 6AM-7PM



Least Bitterns, at about one foot tall, easily hide their nest in the reeds. The male and female take turns sitting on the eggs. —Andrea Baron photo

MARINA HISTORIC DISTRICT
 60 & 110 MARINE WAY, 840 E. ATLANTIC
 AVE, 707 SE 1ST AVE, DELRAY BEACH, FL
 2.8 MILES FROM RAINBERRY BAY
 BEST TO EXPERIENCE IN DAYLIGHT



The Marina Historic District, developed primarily between 1922 and 1943 displays a variety of architectural styles. The cottage at 707 SE 1st St. was designed by renowned architect Addison Mizner. —dlp



Rainberry Bay Dog Parade participants, prize winners, and spectators at Celebrate Lake Delrain, organized by the Green Committee to open up Earth month and bring attention to the health of our lake. —deb peters photos



LAKE DELRAIN
 ...walking around the lake, please stop by the booth where Alan and Carrie Trust will try to talk with you about the early history of Rainberry Bay & Lake Delrain. ... in a trailer of RICHARD SIEMENS, the Developer/Builder of Rainberry Bay. ... started visiting the community in 1977 when it was little more than a row of Model Homes, vacant land awaiting development, and a lot of sand. They still live in the Villa they bought in 1984 and have seen Rainberry Bay become the vibrant community of 901 homes it is today.
DO YOU KNOW?
 Rainberry Bay was intended to be a Tennis Club Community. After a slow start in 1960, the Condo Documents were amended and it was then built as a 55+ community. Early buyers were "Grand Fathers", including the unit we purchased in 1970!
 Ida Road ended at Military Trail. It wasn't extended until about 1990. Rainberry Bay had paddle boats available at a pier in back of the Clubhouse. In the early days, there were many ducks, but no muskovies, or herons. They didn't arrive until years later.
 Market- Started as a small farmer's stand. Military Trail was built about the same time as Rainberry Woods, & Military Trail was built about the same time as Rainberry Woods, & ... professional tour events.



Carol Unger, Queen of Signage





April 1, 2023
 What a well planned and executed event. It was informative and just plain fun. Awesome job to all who participated!
 —Shelley Glass

Celebrate
 Lake
 Delrain
 A Green Committee
 Event
 —deb peters
 photos

Name that Tune, Answer:
 "Under the Boardwalk"
 —The Drifters, 1964
 Thanks, Doug Dwyer.

Within the Rainberry Bay Family

Say Hello to...



Rainberry Bay residents Elaine and Calvin Weller, enjoyed family time, visiting educational stations, and a walk around the lake path at Celebrate Lake Delrain. They posed for a photo with their visiting daughter, son, and grandson. —deb peters photo

Dear Friends and
Tennis Club Members,

There are no words to describe the feelings of gratitude I feel in my heart from having had you all with me at George's memorial service.

Your love and support gives me strength to go on.
Thank you!

With love,
Nusha



We wish good health to
Megan Doran & Jill Forshey.

Rainberry Bay's Legacy

- ♥ Our long-time friend and neighbor Rhoda Blank passed on May 18th. She and her husband, Sid, moved into Rainberry Bay in 1999. After he passed, she remained here until her move to New Jersey in 2022 to be near her family. We, along with her children (Alan, Lisa and Robert), and her grandchildren, will always miss her.
- ♥ Bob Sykes, a dear friend to many in Rainberry Bay, a really intelligent and "sharp" guy, passed away recently. He and his wife Marion moved here in 2005. He was part of the Social Club, Theater Arts, the Beacon staff, among other volunteer positions in RB. Thank you, Bob for all you did for Rainberry Bay. Our sincere condolences to Marion and their family.

Beatriz and her son, **Rodrigo Andre**, attended the dog parade. Their love for each other is so apparent, and a joy to witness. Beatriz works for First Service and attended Rainberry Bay's Celebrate Lake Delrain with her son on her day off. Beatriz and Rodrigo, conveying his sentiments in sign language, both said they had a lot of fun. —deb peters



- ♥ Please notify the Beacon at RainberryBayBeacon@gmail.com if you would like to inform our community of the passing of a member of our Rainberry family.
- ♥ Also send us the get well wishes you want to share with our many caring and thoughtful residents.

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RAINBERRY BAY

REAL ESTATE MARKET UPDATE JAN 2023

ADDRESS	SOLD \$	AREA	TYPE	BE-BA	DOM
1325 NW 23rd LN	\$270,000	1,283 SF	VL	2-2	20
945 NW 29th AVE C	\$265,000	1,384 SF	TH	2-2 1/2	35
2935 NW 15th ST	\$400,000	2,423 SF	SF	2-2	85

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 armaflex insulation, heater, permit fee, removal
 disposal of existing system, and labor

LIC: CAC1815439



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MAINTENANCE CHECK UP.....\$99

Other services available upon request
 Ductwork replacement, UV Light installation,
 duct cleaning, emergency water leaks
 (Prices subject to change without notice)

Around Rainberry...



Below, Non-Fiction Book Group discussed Douglas W. Tallamy's book, *Natures Best Hope*, the second joint venture for the book group and Green Committee.



Co-editor, Joan Powell, working on the Beacon.



RBPC NINA DIAMOND Pickleball Club

There are a number of ways to communicate. You are reading this in the monthly Beacon. If you want to know more recent news about the Rainberry Bay Pickleball Club, you have two ways to do it. On Facebook, search for Rainberry Bay Pickleball. We also use an App called TeamReach. Once you install it, use the code RB002 to join our club TeamReach. There you can seek out other people to play.



THE TABLE TENNIS CLUB HELEN SOHNE

Our club was really dwindling down to a couple of players due to people moving or others no longer able to play. And sadly a few of our long time members passed away.

By opening up time for newbies and returnees as well as the word of mouth from lovers of the game, we added 10 new people to the club. This may not seem like a lot as compared to Bocce or Pickleball. But having between 8-12 people in the room with 3 tables is quite good. It gives everyone a chance to play and allows for one table to be dedicated to those who need or want a singles game.

Due to changing summer schedules there will be NO lessons on Mondays 11:30AM in both June or July. But you can still stop by to play, watch or even learn as there is always someone willing to show you the ropes. Play is on Mondays and Wednesdays in the auditorium from 12-2PM and on Friday from 10AM - 12PM but only a few people come on Friday at the moment.

Stop by to play or watch. Bring a drink and wear shoes you can move in that are not too "grippy." Email Helen Sohne: RBtabletennis@gmail.com

Tennis Club PENNIE CERINO

The Tennis Club finished its 22-23 season with an afternoon round robin followed by some Happy Hour snacks and drinks. It should be a quiet summer.

Some activities are on the 23-24 calendar. We will have a Halloween Party open to all of Rainberry again. We are also open to suggestions for some new or additional activities. Let us know what you suggest. The number of options we had was reduced over the last three years.

Thanks for all the people who volunteered at our events. Have a great summer everyone.
See page 16 for Tennis Club Tournament photo spread.

Katy Mitrani photos



Rose Ann's 85th. Birthday Celebration



Doc and Louise, Sandy and Estelle, Alan, Doris and Jim, Juan Carlos and Carmen, Susan, Lourdes at Bocce's It's Not a Pizza



It's not a Pizza Party. Rose, Jude, Danny, Jerry, Rita, Jeff,



Left: Barbara Vella and her very pretty centerpieces.

Below: Diane Maxey playing on our Bocce League Team. Barry and Jerry in the background



HAPPY BIRTHDAY TO YOU, HAPPY BIRTHDAY TO YOU. WE WISH YOU A MAGICAL

STICKBALL

MICHAEL CANTWELL



back row: Tim Bennett, Mike Morgano, Mark Kurtzman, James Reilly
 front row: Michael Cantwell, Peter Camacho, Joe Christensen, Marc Beilinson
 Char Lane photo



BOCCE

KATY MITRANI

THE BOCCE COURTS ARE LOCATED ON 29TH. AVE. IN FRONT OF POOL #2

Summer Bocce has begun and we will continue meeting Monday and Thursday evenings starting at 6pm, along with Wednesday, Saturday and Sunday mornings at 9am. It is the perfect time to join us and learn the game from our seasoned players. We have suspended Beginners Bocce until the Fall. At that time, we also plan to hold practices for our Bocce League team and will invite anyone who may want to play on this team which competes with other communities in the league to come down.

Our Bocce League Team did us proud this year and we had a great time supporting their games. After a tough season, they made the playoffs and we placed 4th overall. Our trophy is proudly displayed in the clubhouse.

While we have enjoyed being together to play Bocce, we have also enjoyed participating in fun activities. We would like to thank our Refreshment Committee: Millie, Camille, Sandy, Diane, Lourdes, Gloria, Barbara F, Barbara V, Louise, Carmen, Rita, Barry, Susan, Jimmy, Joe and Jerry for all their help in planning and implementing all the refreshments for our Bocce League games, our Goodbye Luncheon for Irv and Fran Schulman, our Bocce Breakfast, and our It's Not a Pizza Party. The beautiful decorations were created by Barbara Vella. Next season we already have fun events planned.

I personally want to extend my thanks to Diane Maxey, who assisted me in figuring out how to run the club (still a work in progress) and putting together our flyers. To my fellow board members Barry Nisinoff, Susan Maltezo and Rose Ann Niosi, thank you for all your help. We also want to thank our Board Liaison, Terry Barberio, who works closely with our club chairman. Thanks to Jack Mitrani, Joe Avarello and Jimmy Carlin who help to enhance our courts and surrounding areas.

If you have seen any of us around the community with our blue and yellow bocce hats, they were designed and donated to every club member by Doc and Louise Vichinsky. If you were a club member and you came to bocce you received one. We love them and we thank you both!

If you like to laugh, want to learn a fun game, and be with fun people come on down! Bocce is for everyone.

I ♥ Bocce

AT RAINBERRY BAY

The Bocce Club offers many opportunities to play:

Mornings – 9 am – Wednesday, Saturday, Sunday

Evenings – 6 pm – Monday, Thursday

Come as often or as little as your schedule allows.

The Bocce Courts are located on NW 29th Ave in front of Pool 2. Two courts allow for many teams to play.

BEGINNERS BOCCE– Tuesdays at 6 pm – April 18-May 30. Club members are available to teach the strategies and simple rules of the game.

We welcome all new players, both men and women.

Membership dues are only \$10 a year.



NABC

NOT A BIKE CLUB



"The pessimist complains about the wind; the optimist expects it to change; The realist adjusts the sails." ~ WILLIAM ARTHUR WARD
 (Or perhaps, pushes the pedal assist button on their bike.)

		2	6		9	4		
		1	8		2	9		
9	3		4				8	
				7		3	4	6
1	7				6			2
	6		2		3		1	9
6			3	2	5			
3			1	9				
	1		7		4	5		

Sudoku submitted by Carol Unger

WATER CONSERVATION

LOIS WIESLER

Thanks to LWDD (Lake Worth Drainage District), here are some interesting water facts.

It takes about 20 gallons of water to produce a pint of beer.

Average household leaks account for nearly 10,000-gallons of water wasted every year.

75% of the human brain is water and 75% of a living tree is water.

Turn off the water when brushing your teeth to save up to 4-gallons a minute.

Place a bucket in the shower to catch the excess water to be used for watering your plants.

Children in the first 6 months of life consume seven times the amount of water per pound as the average American adult.

Watering your plants and lawn in multiple short sessions supplies better absorption and avoids runoff.



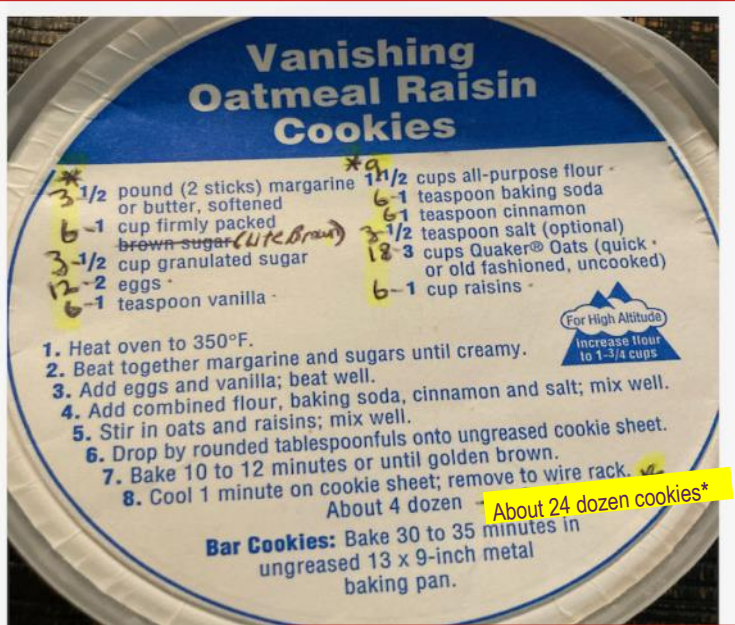
Soak orange peels in vinegar for two weeks in a sealed mason jar. Then pour the vinegar into a spray bottle. Use for cleaning or bug spray. This is great for ants!

A garden hose left unattended can pour out 600 gallons or more in a few hours.

During the growing and production of a tomato, 3 gallons of water are needed.

It takes more than twice the amount of water to produce coffee than tea.

Soak orange peels in vinegar for two weeks in a sealed mason jar. Then pour the vinegar into a spray bottle. Use for cleaning or bug spray. This is great for ants!



RECIPE

Oatmeal Raisin Cookies requested by the Weller Family

The only change to this recipe is to use "Lite-Brown Sugar."

*The yellow highlighted areas are to make 24 dozen cookies

The cookies get harder as they cool so don't overcook. —Laura Peters

CHAR LANE

The 2023 Directory is done and in distribution. In addition to the distributions I've also been delivering directories to ensure that everyone receives one. Please contact me if you need to have your directory delivered. If you're seasonal at RB, directories will be available when you return.

If you notice an error or have a change, please complete a form and contact me. The next directory will be printed in the spring of 2025, but the electronic copy on the website may be periodically updated.

Going forward, please complete a Directory Inclusion form if you have any changes to your telephone number or email address or other relevant data or circumstances. Telephone numbers are automatically included in the Directory unless you opt out of having your number(s) included. Unlike phone numbers, email addresses are not included unless you opt in to have your email address(es) included. Please follow the instructions on the form.

New residents who have not completed a form should do so. Residents who have completed a form do not need to complete another form unless their information needs to be updated.

Directory Inclusion forms are available in the clubhouse lobby wall display and on the Rainberry website. Please take your completed form to the FSR Management office or scan and email it to Rainberrybay@FSRResidential.com or mail it to FSR at the address on the form.

An electronic version of the directory is on the password-protected FSR-Rainberry website on the main page under Forms and Documents. If you don't see it there, please contact the office.

Finally, thank you to my wonderful team of proofers: Barbara Goldberg, Jean-Ellen King, Jessica Kurtzman and Karen Lefevre. And thanks to Jess for helping with the distribution events and to Lois for additional proofing. And more thanks to Fabiana and Erin of FSR for receiving forms and looking up phone numbers and to our former board liaison Karen Clouser and our current board liaison Nancy Abel.

Please contact me if you'd like to help proof and/or distribute the 2025 directory.

Services Provided by Palm Beach/Broward Landscaping

PBBL Provides:

- 34 mow services/year
- 9 residential trimming/year
- Full time management/supervision
- Full time weed spray personnel
- Full time irrigation personnel

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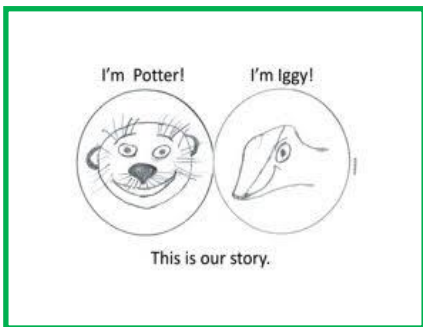
- Trim fruit trees.
- Trim dead palm fronds above a pole saw height.
- Remove all grass clippings and leaves in turf once mowing is completed.
- Trim flowering trees/bushes during bloom season unless requested.
- Provide custom gardening services.
- Trim inside the fenced-in villa courtyards.
- Trim large trees. (PBB removes dead fronds within reach)
- PPBL does not do private work for homeowners.

Less Lawn, means less mowing, less fertilizers, less irrigation needs, less trimming noise, less of a carbon footprint, and less cost to homeowners. **Plant Florida Natives in place of grass.**

Potter, the Lake Delrain Otter

by Jay R. Worsham

Did you miss author, Jay Worsham's reading of his story at **Celebrate Lake Delrain**? Here it is in its entirety. Thank you, Jay, for allowing the Beacon to publish your story.



Original pencil drawing by Peter Reiss

When Potter the otter was just a pup, his mother would constantly tell him, "Don't go near the iguanas. They are monsters who will gobble you up." The first time Potter saw an iguana, he thought it was the ugliest, scariest creature on earth. Potter's family lived along a canal in a den dug into the wall of the canal. Not far up the

canal, there were plenty of scary iguanas. He stayed as far away from them as possible. When Potter reached a certain age, he began to go adventuring away from the canal. On these adventures, he often came to little square lakes filled with pale blue water, and usually crowded with humans, who splashed in the water or lay in the sun around the square lake. He quickly learned not to get too close to humans. "They're always trying to either catch me or chase me away," he said to his mother. "And there are too many of them splashing in the water."

One day, he came to a large body of water he had never seen before. It wasn't square or filled with pale blue water. It reminded him somewhat of the canal, with grass and plants all around.

"What a lovely lake I've found," said Potter. He lay on his back in the water, as otters like to do, and looked around. "It's not too crowded with humans here," he said, as he watched a woman walking on the path around the lake. "That's a good sign."

Sensing some motion in the water beneath him, he rolled over and dove down to snag a small fish that wasn't fast enough to get away. *I guess this fish didn't realize how fast we otters can be in the water*, he thought as he munched on the tasty morsel.

After Potter visited the lake a few times, he overheard some humans talking, and he thought they called the lake "Lake Drain." "That would never do," he said to himself. "We otters don't like polluted drain water, and more and more lakes and streams are becoming polluted." But Potter breathed a sigh of relief after listening more closely. "Its name is Lake Delrain, not Lake Drain," he said.

Potter the otter liked Lake Delrain so much, he quickly settled nearby, digging a burrow in the woods not far away. He had plenty to eat, between the fish in the lake and the small creatures in the woods. But not too long after, he discovered that another creature was competing with him for space, the iguanas. At first, he was frightened because of his mother's warning. But as he observed the creatures from behind



Author Jay Worsham, Stephanie Braunstein, and Steve Farber at Celebrate Lake Delrain, with Jay's original story written especially for Rainberry Bay residents about Lake Delrain.

—deb peters photos

some bushes, he noted that the only food they ate was plants and flowers. Still, he avoided them as much as possible. They, too, loved the lake; and when iguanas like a place, they tell all their friends. So Potter fretted that Lake Delrain was crowded, but not with too many humans. No, it was too many iguanas.

One day, as Potter was contemplating leaving the lake to get away from the crowding, he heard a raspy sound nearby. When he investigated, he saw that a very young iguana was caught in the jaws of a raccoon, and was slashing its tail back and forth, trying to free itself. Potter was so shocked at this that he let out a sharp squeal. The raccoon, hearing this, and seeing Potter, dropped the iguana and ran away. Potter crept closer to see if the iguana was alive. When it didn't show signs of life, he approached it and sniffed at it. In response, the young iguana, whose name was Iggy, lifted its head and rubbed against the otter. A friendship was born. After that, Potter lost all fear of the iguanas. He and Iggy would swim and play together, a very unusual sight.

But good times are often fleeting in the animal kingdom. And one day, Potter was shocked to hear gunfire. Any creature, large or small, is familiar with gunfire, as humans tend to shoot at anything that will move. He still remembered the time he saw human hunters gathered around a dead cow. One of them kept repeating, "I thought it was a deer." *A deer?* Potter thought. *How could anyone, even a human, mistake a cow for a deer?* Potter dove deep into the water while gunfire echoed around him and bullets splashed into the water nearby.

Swimming to a safe spot hidden in the spray of the fountain, he discovered that Iggy was already there. Looking around, he was shocked to see that the humans were shooting the iguanas. *I'll admit I thought the iguanas were taking over the lake but killing them?* he thought. *There must be a better way to discourage them.* He watched as the humans dispatched one iguana after another while other iguanas scurried away. "Those poor creatures seem to be their only target," he muttered. "Still, I intend to lay low until all the humans with guns are gone." He and Iggy huddled under the concealing spray of the fountain and waited.

Finally, peace returned to Lake Delrain, and Potter and Iggy came out from hiding. All the iguanas were gone except for Potter's little friend. He looked at Iggy and thought, *you'd better find yourself another lake.* As if reading his mind, Iggy raced away, and Potter never saw him again. Soon, Potter felt comfortable splashing about, although from that day on, he was much more cautious when humans were nearby. Remembering the hunters and the dead cow, he thought, *I hope nobody ever mistakes me for an iguana.*

Potter, the Lake Delrain Otter
by Jay R. Worsham
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Brainberry U



ARTS & CRAFTS PROGRAMS Crafty Tuesdays can keep you busy every Tuesday morning with:

BABS FLOWER MAKING/CRAFT CLASS, 1st & 3rd Tues. 10:00 am. These flowers look so real, you will keep smelling them. Join the fun.

MADELEINE'S CARD MAKING WORKSHOP, 2nd & 4th Tues. 10:15 am. All supplies provided. New projects every class. Cards, journals & collages. \$4.00pp.

THE CLAY STUDIO, Friday 10-12. Call Joyce Poses for info, 561 276 7694.

OUR FAVORITE EXTRAS

CURRENT EVENTS with Jack & Nancy Effrain, Thursdays, 10:30 am, in the Men's Card Room.

CANASTA CLASSES, with Phyllis Berke, Mondays 2-4pm, a group of players, with beginning to advanced skills, meet to gain or refresh their skills, playing the game. They meet in the Clubhouse Men's Cardroom. No need to register, just show up. If you have questions, call Phyllis at (561) 865-5948.

EXERCISE PROGRAMS let you MOVE your bodies without fainting from the heat in our air conditioned clubhouse

EZ FITNESS CLASSES muscles in motion, M W F 8:30-9:30am.

Call Madeline Bochner 561-279-2062

YOGA, call or text Deb Mayes at 607-382-0009. Both classes are in the Men's Card Room & cost \$20 month/\$10 class.

CHAIR YOGA, Monday, 10-11 am, no mat needed

GENTLE YOGA, Saturday, 10 11 am, on the mat

WATER AEROBICS CLASS with Nan Robb, Wednesdays 11:30 am, Pool 1, no charge.

come: 561-376-9789 / niadelray@gmail.com

—**LOW IMPACT DANCE AEROBICS** are held in the Men's Card Room of our Clubhouse on Tuesdays and Fridays from 10:00-11:00 am. Only \$5.00! For more information call or email Helen SohnBrainberry U.come: 561-376-9789 / niadelray@gmail.com

NEW: Introduction to the iPhone, Deb Peters, instructor. Clubhouse Conference rm.

Saturdays, 11:15am-12:15pm; 6 classes, June 3 - July 8, 2023 **Topics:** Texting, photos, voicemail, calendar, clocks, Lyft and Uber apps, internet & Rainberry website, FaceTime, iPhone management.

Deb will also be available after class from 12:15 -12:30pm to answer specific "beginner" questions. Please bring your fully charged iPhone, power cord, Apple ID, and password. Classes are free. For information please call/text Deb Peters @ (5-ONE-6) 516-987-8618 or email dLp0003@gmail.

NIA Helen Sohne

WHY TRY A NIA CLASS?

When was the last time you used the words "playful," or "creative," or "joyful" to describe your workout? Sure Nia is conditioning but it also improves flexibility, agility, mobility, stability, and stamina (FAMSS). It also improves balance and neuroplasticity for brain health. NIA is so much more than a workout. NIA's philosophy is: "In Movement We Find Health." It is holistic, meaning NIA addresses the body, mind, emotions and spirit using the dance arts, the martial arts and the healing arts with great music from around the world. The schedule for the summer is

limited. Please note that there will be NO class on the following dates in June:

Tuesday June 6, Friday June 9, Tuesday

June 13 and Friday June 16. Also no

classes on the following dates in July:

Tuesday July 18, Friday July 21 and

Tuesday July 25. Please check the e-

blast and/or call Helen to double check

on the rest of the month as more dates

might be

cancelled. niadelray@gmail.com Thank

you to all of our regular dancers and the

people who took a chance and experi-

enced a new way to move and feel good.

It was a wonderful season with you all here

in Rainberry!

Many thanks to the EZ FITNESS group for all the help I received this past year. Kathleen Harvey, Jessica Kurtzman, and Janet Eisenman always had everything set up for a smooth running class. This friendly EZ fitness group meets Monday, Wednesday, Friday 9:00 to 10:00 AM.

My heart is full when I think of **Barbara Goldberg, Kathleen Harvey, John Brown and Monique Goudreau**. You were godsend. You were constantly available to care for my ailing husband and me when I could not be there for him. Through this difficult past year you have been the family I needed and could count on.
—Madeline Bochner

CLASS	DAY	RM	TIME
EZ Fitness	M-W-F	AUD	8:30-9:30a
Chair Yoga	M	MCR	10a
Canasta	M	MCR	2-4p
Painting Studio	<u>Resumes</u>	<u>THIS</u>	<u>Autumn</u>
Nia	T, F	MCR	10a
Flowers & Crafts	T (1st & 3rd)	ART	10a
Card Making	T (2nd & 4th)	ART	10:15a
Water Aerobics	W	P 1	11:30a
Current Events	Th	AUD	10:30a
Book Discussion	W(3rd)	MCR	1:30p
Clay Studio	F	ART	10a-12p
Mat Yoga	S	MCR	10a
iPhone	S	CFR	11:15a



Beading (& BAKING!) with Karen Jackson Miller

This recipe was sent to me by my cousin Michelle. Our Grandmothers were sisters. They were two of the Butler Sisters. Pansey Butler Jackson was my grandmother, and her grandmother was Dorothy Butler Howard. There were two other sisters, and they also made this cake. They were Clarice Butler Cheltenham and Lillian Butler Hart. This was a favorite recipe for family gatherings.

Recipe

The Butler Sisters' Pound Cake

- 3 c flour
- 3 c sugar
- 3 sticks butter
- 6 eggs
- 1 c milk (or buttermilk or sour cream)
- 1 tbs baking powder
- 1tsp vanilla
- 1 tsp mace



Lillian, Pansey, Clarice, and Dorothy Butler.

Note: I don't add salt because I use salted butter. (I add 1/2 tsp salt, using unsalted butter)

Cream butter & sugar. Add eggs one at a time. Alternate flour and milk, starting and ending with the flour (add the vanilla during the milk addition). Bake approximately 1hour @ 325° in a Bundt pan. The cake is done when a knife inserted into the center comes up clean. This might take longer than 1 hour.

THOUGHTS FROM RAINBERRIANS...

All good things must come to an end.

It is with mixed feelings that we are announcing that the **21st Century Club** has decided to end. We feel very proud of the music we brought to our community, striving to bring you the very best entertainment at extremely affordable prices. Rock and Roll definitely lived here with the vision and experience of my fellow board members Steve Bodner, Susan Dresner and Barry Nissinoff. It was a pleasure and an honor to have worked with you.

A special thank you goes out to our committee, Mike Pines, Jimmy and Millie Carlin, Gloria Nissinoff, and Sandi Bodner and to our volunteers, Joe Avarello, Gregory McGann and Jack Mitrani.

Thank you also to the sound crew, and theater volunteers. You were always there for us, especially you Mort.

Our love and thanks are sent to all who work on the Beacon, especially to our darling friend, Karen Wells, who understood what we were trying to do and lent us her advice, loyalty, and talent in helping us advertise, which at times seemed impossible.

We will always be grateful for the support we received from so many of our residents and dear friends who came to our shows, even in the toughest times. We will never forget it.

We wish the very best to any clubs at Rainberry Bay taking on the challenge of bringing you new and exciting entertainment. You all have our best wishes and we look forward to supporting you. —Katy Mitrani, 21st Century Club

Dear Members of the 21st Century Board,

We're so sorry to see the end of the 21st Century Club, and appreciate all of the work you have done over the years for the benefit of the Rainberry Bay community. We also truly appreciate the generosity you have shown to other Rainberry organizations, especially the Beacon and the Green Committee. Because of your substantial donations, that generosity of spirit will live-on through the future Florida native gardens at the Bocce and Pickleball courts. We can also remember the 21st Century Club when we see additional color pages in the Beacon. Thank you to your entire board and to your volunteers. Your shows were fabulous and your work for the Rainberry residents, tireless and unending —deb peters

Thank you to **Steve Bodner!!!**
 Thank you to **Katy Mitrani!!**
 Thank you to **Susan Dresner!!**
 Thank you to **Barry Nissinoff!!**
 Also, thank you to
 Mort Lewis and David Kulick.

Your tireless efforts brought great music and lots of fun to our community. We are grateful for the volunteer work you did to help make our lives more joyful. We appreciate you!

—Jim McMorrow and Linda MacNeal



Past 21st Century Club Board: Katy Mitrani, Barry Nissinoff, Steve Bodner, and Susan Dresner. —Karen Jensen photo

Dear Community:

As "Top Dog" of this year's Rainberry Bay Dog Parade, I want to thank the Green Committee, co-chairs Susan Jones and Deb Peters of the Lake Delrain event, the Lake Delrain Committee, the Dog Parade volunteers, dog owners and their pets as well as the residents who attended for making the event such a huge success.



Special thanks go to Char Lane who donated prizes, Bob Stewart who baked dog biscuits and Roz Appel who gave 500 biodegradable poop bags. It took a "village" to pull the day off, but we did it!

A primary reason for creating the event was to celebrate

Earth Day and to remind us of what an important asset Lake Delrain is to our community. As our only water feature, it's a central attraction for all who live here. Whether you are a walker, a cyclist, bird watcher, dog owner—or a resident that drives by—the Lake is a treasured resource of Rainberry Bay.

The Lake Delrain event and Rainberry Bay Dog Parade were created to draw attention to the importance of the environment and the health of our Lake. We have a lively dog community as witnessed by the 27 entrants to the Dog Parade and countless other dog lovers who attended the event to cheer on the pooches and their owners. Kudos to all Rainberry dog owners who decorated their pet chariots and their fur babies in clever costumes.

Since all our lawns are watered with Lake Delrain water, it's imperative that we keep the Lake clean. The last time the Lake was drained, there were many poop bags at the bottom. To bring attention to the need to use biodegradable poop bags, the waste receptacles that surround the Lake—and not the storm drains or the Lake to dispose of pet waste—the Dog Parade was born.

We hope that all Rainberry dog owners understand the importance of Lake Delrain to the community and will dispose of their pets' "business" properly. I hope the Lake Delrain Event Committee and the next "Top Dog" of the Rainberry Dog Parade continue the tradition of educating the community to love our Lake as much as they love their pets.

Joan Schneider
 Retired Dog Parade Organizer

RECIPE

Ody's Dog Biscuits —Bob Stewart

- | | |
|----------------------------|----------------------------|
| 3 1/2 C wheat flour | 1 PKG dry yeast |
| 2 C whole wheat flour | 2 C chicken broth |
| 1C rye flour | 1/2 C dry milk |
| 2 C cracked (bulger) wheat | 4 tsp salt |
| 1 C corn meal | 1 egg & 1tsp milk to brush |



Warm chicken broth. Dissolve yeast in 1/2 C warm water, combine with broth. Pour over dry ingredients and mix. Knead working into a stiff dough. Roll dough into 1/4 inch thick sheet, cut with cookie cutter. Place on parchment paper covered cookie sheet. Brush with egg/milk mixture. Place in 300 degree oven for 45 minutes. Turn off oven and leave in oven overnight.

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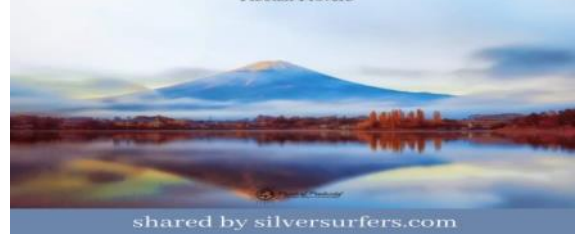


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