

APRIL-MAY 2023

SHARING COMM

SAVE THESE DATES

APRIL APRIL 1 CELEBRATE LAKE DELRAIN ALONG THE LAKE PATH APRIL 2 **MOVIE: THE WHALE** APRIL 12 MASTER MTG **APRIL 22 EARTH DAY APRIL 23 MOVIE: THE FABELMANS** MAY MAY 2 HOMES MTG MAY 7 **MOVIE: I WANNA DANCE W** SOMEBODY **MAY 10** MASTER MTG **MAY 21 MOVIE: A MAN CALLED** Отто

Name That Tune... "We had a quarrel, a lover's spat..." Look for answer inside this issue of The Beacon SELEBRATE LAKE DELRAI

A COMMUNITY EVENT

SATURDAY, APRIL 1ST

9AM-11AM AROUND OUR LAKE PATH Bring a **HAT** and YOUR OWN

> **REUSABLE** WATER BOTTLE

WATER DUTILE

Dressner. Photo by Karen Jensen



Photos by Joan Powell

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MARKET WATCH V

YOURHOMESOLD GUARANTEED REALTY® Our Name is Our Promise

Real Estate news for those on the move

VOLUME IV

11 COSTLY HOME INSPECTION PITFALLS

According to industry experts, there are over 33 physical problems that will come under scrutiny during a home inspection when your home is for sale.

Whether you own an old home or a brand new one, there are a number of things that can fall short of requirements during a home inspection. If not identified and dealt with, any of these 11 items could cost you dearly in terms of repair.

In most cases, you <u>can make a reasonable</u> pre-inspection yourself if you know what you're looking for. And knowing what you're looking for can help you prevent little problems from growing into costly and unmanageable ones.

To help homesellers deal with this issue before their home is listed, a FREE report entitled "11 Things You Need to Know to Pass Your Home Inspection" has been compiled which explains the issues involved.

To access this **FREE REPORT**, scan the QR Code or call (844) 461-3848 and enter **ID # 1003**



NATIONAL REAL ESTATE NEWS

PRICES UP IN 2023

With so much talk about a housing 'crash', you'd expect to see big price declines, right? Yet CoreLogic's national Home Price Index for January 2023 was still up 5.5% YoY, and the data provider expects an additional 3.1% price appreciation over the course of 2023. A lack of homes for sale is buttressing home prices.



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This valuable checklist has helped hundreds of area home sellers make thousands of dollars more on their home sale. Now you too can maximize your home's saleability with this Homeseller's Marketing Checklist which reveals the



27 Valuable Tips to Sell Your Home Fast and for Top Dollar.

To access this FREE REPORT, scan the QR Code or call (844) 461-3848 and enter ID # 1023

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ON STAGE HOPES TO FULFILL ITS MISSION STATEMENT:

To create performances of drama and musical shows that residents can participate in.

If you have an interest in being involved in the operations of ON STAGE, please let us know. We are signing up members for the new season. If you are not a performer, there will still be something useful for you to do. Drop a note to onstage.rainberry@yahoo.com This is the time for you to join us and help mold the performances of the future.



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794 NW 32nd Ave. 2-BR, 2-BA 2,100sf. House
1305 NW 29th Ave. A 2-BR, 2-BA 1,404sf. House
1427 NW 26th Ave. 2-BR, 2-BA 2,142sf. House
2959 NW 10th St. C 2-BR, 2-BA 1,188sf. House
3010 NW 12th St. D 2-BR, 2-BA 1,680sf. House
3030 NW 12th St.D 2-BR, 2-BA 1,404sf. House





Reach out today for a complimentary market analysis

LAURIE DIETZ Realtor Associate M: 561.400.1524 laurie.dietz@elliman.com



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Master Board News

Another election is behind us. Thanks to those who stepped up to run and those who have completed their term(s) before "retiring." Hopefully you all will consider being involved in one or more committees. Special thanks to Bob Williams, Karen Wells and their entire committee including those acting as guards to make sure our voting process was secure.

The board will be busy initially with all the paperwork needed to set them up in the systems and taking course(s) for board certification. That is a more recent Florida requirement. It usually is done virtually and takes under 2 hours. I take a few of these each year as things change all the time. The laws tend to change annually and I will do my best to keep the community advised on laws that affect HOAs. The laws last year mostly dealt with the condo building that collapsed and the repercussions of improper building and deterioration.

As always, there are many balls in the air being juggled. I think our roads project is nearing the end. Next up are the tennis villas. Then they will address the parking lots, the circle, lake path and then put in the traffic calmers and the fire hydrant reflectors. After all that, the big clean-up. I already notice the difference riding on those smoother roads. Who knows, maybe they'll be finished by the time this gets to print



Thank you, Jim McMorrow, for all you do for comm<u>unity</u>.



VOLUNTEERS "You make a living by what you get. You make a life by what you give." - Winston Churchill

From the Master Board:

As the newly elected Vice President of the Master Board, I want to take this opportunity to thank everyone in the community for voting in the 2023 election. I would like to thank all who volunteered to work the polls as well as those that put their time and effort into running for the board this year. I am looking forward to rolling up my sleeves and working with our entire team of board members as we endeavor to make Rainberry Bay the best community in Delray Beach to live in.

Joe Maltezo

Homes News

JOHN ENGLISH

The "Good", the "Not so good" and the "Not very good, but Improving"

As we move into the New Year with a new board, we first would like to congratulate Nancy Abel who was elected to join us to serve as Vice President. We have a challenging year ahead and look forward to her assisting us with the issues and concerns of our community.

The Good

I have witnessed over the last month several awesome events including the Mix and Mingle Night at the Races, Almost Abba, and Bingo Night. Pickleball Mania continues to be very popular, along with tennis events such as the Davis Cup and Mega Mixer. All of these events contribute to the wonderful lifestyle we enjoy.

The Not So Good

Unfortunately, we have to notify everyone that 2 significant changes occurred in the last 30 days.

1st: Our property manager has left. She was offered a career enhancing opportunity and accepted the position. All 3 boards are actively reviewing our agreement with FSR and looking for a replacement candidate. At the same time, we will be discussing our current and future needs to determine our best path for the future.

2nd: The long term painting vendor, Dave Gisondi has notified us that he would gradually discontinue his services. Dave and his team have worked at Rainberry for nearly 37 years and are held in high regard by many. We wish him well in the future. Dave has vetted a reliable replacement firm skilled in stucco repair and painting. He will stay on board with them until the end of this year's painting season, which normally ends in late May.

The Not Very Good but Improving

Over the last 60 days, we have seen steady improvement from our Landscaping firm. This is a combination of several things that include improved reporting, continuous communication, and a tighter contract. There is also a greater commitment to solve lawn, hedges, and other issues. Additionally, we have looked at several competitive landscaping firms and may or may not continue with our current

> MY CURIOSITY IS BOUNDLESS ABOUT EVERYTHING, BUT NO ANSWERS, LEST TWO, ART AND LOVE.

IN CASE OF EMERGENCY

5 Defibrillator Locations

- Unit located in ROVER vehicle. All Marksman guards are trained and certified for CPR/AED.
- 2. The CLUBHOUSE unit is located in the cabinet near the front entrance and also services POOL 1.
- 3. Unit is located in the TENNIS CENTER.
- 4. The THEATER unit is located inside the Women's Restroom and also services POOL 5.
- 5. Inside the THEATER, the unit is located at the top of the steps next to the Sound Booth.

FIRE, POLICE, AMBULANCE	911
ELDER HELP LINE	211

RB COMMUNICATION

BEACON:

rainberrybaybeacon@gmail.com CALENDAR: rbcalendar@yahoo.com

EBLAST:

rainberrywebsite@yahoo.com

WEBSITE

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EMAIL rainberrybaybeacon@gmail.com

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BOARD MEETINGS

ALL DATES ARE SUBJECT TO CHANGE

Homes Meeting 7:00pm aud & zoom May 2, 2023

RESIDENTS' CONCERNS 6:30PM MASTER BOD MEETING 7:00PM AUD & ZOOM APRIL 12, 2023 MAY 10, 2023

Recordings of all meetings are available on myrainberrybay.com/videos and are password protected.



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Guest Call-in Security Guard 561-276-8188 561-276-3183

HOA PAYMENT MAILING ADDRESS:

(PLEASE INCLUDE YOUR ACCOUNT NUMBER) Rainberry Bay (Homes/Villas) Association c/o FirstService Residential PO Box 30351 Tampa, FL 33630

PLACE A WORK ORDER IN THE FSR WEBSITE OR OVER THE PHONE: Call Management Office - 561-272-6560 or

After hours, Emergency- 866-378-1099

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DEADLINES: ADVERTISING: 8th of prior month ARTICLES: 12th of prior month				
TYPE OF AD	COLOR ADS (Sales Tax Incl.)		B/W A (Sales Ta	
AD SIZE & PLACEMENT	10 issues	5 issues	10 issues	5 issues
BACK COVER	\$ 2,000.	N/A		
INSIDE COVER	\$ 1,600.	N/A		
FULL PAGE	\$ 1,300.	\$ 700.	\$1,150.	\$ 600.
HALF PAGE	\$ 700.	\$ 400.	\$ 600.	\$ 350.
QUARTER PAGE	\$ 400.	\$ 300.	\$ 350.	\$ 200.
BUSINESS CARD	\$ 300.	\$ 175.	\$ 200.	\$ 125.

Please send original artwork to: rainberrybaybeacon@gmail.com

ELECTION NEWS

Bob Williams

Mark your calendars. The next Rainberry Bay election is March 6, 2024

The 2023-24 election is behind us and we look forward to a new board. Thanks to the outgoing board members Stephanie Braunstein, Jeanette Rubin and Shelley Glass. And congratulations to the new board members, Joe Maltezo, Nancy Abel and Jeanne Givens and to Terry Barberio, returning to serve a second 2-year term.

This was the first election in all three Associations in recent memory. Residents in all three Associations were given a choice. Four candidates prevailed but three other residents stepped up as candidates and enabled us to have a choice. Thank you for giving us a choice.

Of course, the residents that voted, taking the responsibility to participate in the governance of the community is what made it all work. Thank you for doing the right thing and voting. Encourage your friends and neighbors that missed the opportunity this time to get ready for next year.

Roughly 40% of the ballots submitted were electronic votes. The balance were in person and absentee paper ballots. All paper ballots were validated and tallied by a group of volunteers, new residents and veterans, who took on the task of ensuring a proper and accurate vote on and took it seriously.

Thank you to Gilles Gouin, Paul Barron, Jessica Kurtzman, Char Lane, Sandi Bodner, Charley Harrell, Jim McMorrow, Nina Diamond, Donna Hann, Dianne Williams, Judy Zaslofsky, Susan Jones, Eileen Block, Ed Maguire, Deb Sklar, Jean-Ellen King, Mike Catalano, Esther Mendelson, Rose MacKinnon, Ronni DeGiulio, Tom Peterson, Donna Gouin, Rae Matranga, Arnie Strickman, Camille Mazza, Cliff Guinyard, Marty Berger, Janet Eisenman, Barbara Shaw and Mike Schultz for volunteering.

Homes Board	Master Board	Villas Board
PRESIDENT: JOHN ENGLISH	President: Lois Wiesler	PRESIDENT: JILL FORSHEY
VICE PRESIDENT: NANCY ABEL	Vice President: Joe Maltezo	VICE PRESIDENT:JEANNE GIVENS
TREASURER: NORMA KOFF	Treasurer: David Kulick	TREASURER: TERRY BARBERIO

Сомміттее	CHAIR (SUBJECT TO CHANGE)	BOARD LIAISON
ARCHITECTURAL CONTROL	R. LEFEVRE / C. GUINYARD / E. MAGUIRE / S. MALTEZO	J. English
ARCHIVING		
BEACON	Deb Peters / Joan Powell	L. Wiesler
	Jack Mitrani	
	S. LAMPEL / T. BARBERIO / N. KOFF / D. KULICK	
CALENDAR	JOAN POWELL	N. KOFF
CLUBHOUSE	Allen Glass	T. Barberio
DIRECTORY (BIENNIAL PUBLICATION)	Char Lane	
ELECTION	ROBERT WILLIAMS	N. Koff
EVENTS	DEBORAH ARRIGO	N. Koff
GREEN	VINNIE ARDILLO	
GRIEVANCE	Rob Gaeta / Sue Ragovin	N. Koff
HURRICANE EDUCATION	HELEN SOHNE	L. WIESLER
IRRIGATION	Patrick Noon	D. Kulick
LANDSCAPING OVERSIGHT / BEAUTIFICATION	EILEEN BLOCK	J. ENGLISH / J. FORSHEY
LEGAL CONTRACTS	Allen Glass	J. FORSHEY / L. WIESLER
LIBRARY	JOLIE TRABIN	
MANAGEMENT OVERSIGHT	DIANE KLUSNER	
PAINTING (HOMES & VILLAS)		J. ENGLISH & J. FORSHEY
	Steve Bodner	
RENTAL / RESALES	DIANE KLUSNER	L. WIESLER / J. FORSHEY
	Lourdes Alfonso	
	JOE MALTEZO	
	JOYCE MARCHETTE	
	NANCY ABEL	
	JIM MCMORROW.	
	PATRICK NOON.	
()		

LIBRARY HOURS SEPTEMBER - MAY: Monday JUNE - AUGUST: Mon, W

HOURS Monday-Friday, 1-3 pm Mon, Wed, Fri, 1-3 pm

JOAN POWELL & JOLIE TRABIN

APRIL '23 DVDs	
WHALE, THE	29
BABYLON	36
ALICE DARLING	59
DEVOTION	90
SPOILER ALERT	162
INSPECTION, THE	163
APRIL '23 BOOKS	
HOUSE IN THE PINES, THE	REYES, ANNA
NEVER NEVER	HOOVER, COLLEEN
VICTORY CITY	RUSHDIE, SALMAN
DESERT STAR	CONNELLY, MICHAEL
WHEN WE WERE BRIGHT AND BEAUTIFUL	MEDOFF, JILL
MAY '23 DVDs	
MAN CALLED OTTO, A	165
WOMEN TALKING	314
MAYIDO	325
I WANNA DANCE WITH SOMEBODY	326
GASLIT	337
MAY '23 BOOKS	
THINGS WE HIDE FROM THE LIGHT	SCORE, LUCY
MITFORD AFFAIR, THE	BENEDICT, MARIE
VILLA, THE	HAWKINS, RACHEL
LUCY BY THE SEA	STROUT, ELIZABETH



Movies are shown in the theater. All shows begin at 7PM.

April 2 - The Whale April 23 - The Fablemans May 7 - I Wanna Dance With Somebody May 21 A Man Called Otto

LIBRARY NEWS by ESTHER MENDELSON

There is much to share with you. Among the many new books are several debut novels which have received recognition and good reviews. They are well-written, covering subjects which we anticipate will be interesting and provocative reading for our residents. **BLACK CAKE** by Charmain Wilkerson chronicles half a century of one family's journey, centering on a 70+ first generation Caribbean immigrant living in Southern California.

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Reminder, you can call the library (between 1-3pm, Mon-Fri/ 561 279-0748) to check on availability of a book, to renew one you currently have on loan (if it isn't on a waiting list) or to recommend one to be considered for purchase in a future order. Come by and browse through the shelves stacked with books that you may have either missed or were written by an author you like. The open shelf books are not signed out and have no time limit. If you're into sharing you can give it to a friend or family member to have a follow up discussion.

BOOK REVIEW GROUP by NANCY EFFRAIN

The April Book Review will be held on Thursday, April 20, 1:30, CH. The Pierpont Morgan Library in New York is a stunning building filled with literary treasures. It was a young female librarian who made this one of the most impressive collections in the world. Not such a simple task for a woman who was hiding her identity as a Black woman from a middle class family the whole time that she was negotiating and interacting with scholars, royalty, and the super-rich!

The Personal Librarian is a fictionalized account of her true story of becoming a confidante of JP Morgan and using personality and skill to accomplish so much and help make these treasures accessible to the public.

In May we will read and discuss "Lessons in Chemistry". From the Amazon Books description: Chemist Elizabeth Zott is not your average woman. In fact Elizabeth Zott would be the first to point out that there is no such thing as an average woman. But it's the early 1960's and her all-male team at Hastings Research Institute takes a very unscientific view of equality.

But like science, life is unpredictable. Elizabeth finds herself not only a single mother, but the reluctant star of America's most beloved cooking show. Keep reading the book to find out what happens.

This laugh-out-loud funny, shrewdly observant, fast-paced novel reminds us of the plight of women in the 1960's in the USA. Please join us on Thursday, May 18, 1:30, Clubhouse MCR. Both books are available in the local libraries, the RB Library, and online. Join us for lively discussions.

NON-FICTION BOOK GROUP ALLAN TRUST



On 4/4/23, in cooperation with the Green Committee, the Non-Fiction Book Group will meet to discuss **Nature's Best Hope** by

Douglas W. Tallamy.

If you're concerned about doing something good for the environment, *Nature's Best Hope* is the blueprint you need. By acting now,

you can help preserve our precious wildlife and the planet for future generations. If you'd like to attend, please contact: Karen Aprill of the Green Committee, at klaprill@gmail.com, or Allan Trust, of the Non-Fiction Book Group at Ctrust371@comcast.net.



The Women's Club had their second Saturday night of BINGO and it was a very successful event. A shout out of THANKS to the many people who helped to make it a success: Claire Saltz, Fern Katronetsky, Sue Ragovin, Harriet Lewis, Carol Shore, Dave Kulik, Jim McMorrow, and Donny Ragovin. We also want to take this opportunity to make special mention of Linn Okkelberg who, while unable to attend, donated funds to purchase gift cards to be used as door prizes; and to Jack's NY Pizza, who always gives us several gift cards to his restaurant every time we hold this type of event. Last, but not least, let's remember our BINGO callers, Donny Ragovin and Mort Lewis, as well as "Vanna" played by Sue Ragovin. You can anticipate that there will be more Saturday night BINGOS in the forthcoming season.

Since some of our residents are snowbirds and many clubs will not be meeting after May, we are asking for donations to be made to purchase school supplies for the August 2023 opening of the Pine Grove School term. Donations may be dropped off in the Women's Club mailbox in the clubhouse.

The Women's Club is anticipating some new changes starting in September. Our events will be moving to the third Tuesday of the month. Mark your calendars accordingly and keep an eye out for the Beacon, e-Blasts, flyers and posters as we set our schedule for what we hope will be a busy year. We do plan to hold one afternoon Bingo event during the summer months of July/August. Stay cool and healthy, and we will see you in September if not before.

-Fern Katronetsky

Since some of our residents are Snowbirds and many clubs will not be meeting after May, we are asking for donations to be made for school supplies for the August 2023 opening of the Pine Grove School term.

Donations may be dropped off at the Womens Club mailbox in the clubhouse. —Bev Librescu

THOUGHTS FROM A RAINBERIAN... deb peters

I truly appreciate the organization that Allan Trust puts into each Non-fiction Book Group meeting. The March book, chosen and presented by Cliff Guinyard, was Annette Gordon-Reed's 816 page *The Hemingses of Monticello: An American Family.* The book was an eye-opener and led to important conversation on so many levels between the 20 people in attendance. In addition, the delicious





brisket, macaroni and cheese, collard greens, and corn bread, along with Nancy Weinstein's homemade vanilla ice cream and chocolate cake, made for another

perfect day in Rainberry Bay.

Nancy, thanks for the Thomas Jefferson recipes, in his own hand. More importantly, thank you for the insight into Thomas Jefferson's French-trained chef: his slave James Hemings. Hemings, and his sister Sally, were both members of Jefferson's Paris Household for years. The gifted young man, trained in French cooking at the direction of his master. cooked for some of the most distinguished people in France.

Shouldn't James Hemings be the person given credit for brinigng, among other culinary delights, vanilla ice cream and macaroni and cheese to America?

ORIGINAL RECIPE IN JEFFERSON'S OWN HAND SUBMITTED BY NANCY WEINSTEIN

If you would like the Jefferson-Hemings recipes for **macaroni and cheese** and LEGIBLE directions for the **homemade ice cream** published in the June-July issue of the Beacon, Send a request to **RainberryBayBeacon@gmail.com**

AP	RL2	023	AUD = CLUBHOUSE AUD ART = CH ARTS & CRAFT MCR = CH MEN'S CARD F WCR = CH WOMEN'S CAF CFR = CH CONFERENCE	s RM RM RD RM	TH = THEATER TC = TENNIS CT PC = PKLBALL CT BC = BOCCE CT ZM = ZOOM	P1 = POOL 1 P2 = POOL 2 P3 = POOL 3 P4 = POOL 4 P5 = POOL 5
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Twice	Look for the ED BAND at the Theate a month beg this April	D r	CLUB LEGEND BC = Bocce CL MnM = Mix-n-Mingle CL OS = OnStage PB = Pickleball CL TC = Tennis CL TT = Table Tennis CL WC = Women's CL CC = Council of Clubs 21CC = 21st Century CL			1 CELEBRATE LAKE DELRAIN 9-11am Followed by Dog Parade 9a Bocce 9a Bocce 9a Yoga 11a Bocce CI Mtg.
2 9a Bocce Movie Night "The Whale" 7PM TH	3 9a EZ Fitness-AUD 10a Chair Yoga-MCR 11a Painting CH 11:30a Table Ten Lessons 12n Table Ten-AUD 2p Canasta Play-MCR 6p Bocce	4 10a Flower Making CR 10a NIA 11a NF Book Group 6p Beg. Bocce	5 9a Bocce 9a EZ Fitness-AUD 11:30a Water Aero-P1 12n Table Ten-AUD 5:30 Pickleball Open Play	6 10:30a Curr. Evts - Aud 3p Bowling 6p Bocce	7 9a EZ Fitness-AUD 10a Clay Studio-ART 10a Table Ten-AUD 10a NIA– MCR 5:30 Pickleball Open Play	8 9a Bocce 10a Yoga
9 9a Bocce	10 9a EZ Fitness-AUD 10a Chair Yoga-MCR 11a Painting-ART 11:30a Table Ten Lsns 12n Table Ten-AUD 2p Canasta Play-MCR 6p Bocce	11 10a NIA 10:15a Card Mkg CR 6p Beg. Bocce	12 9a Bocce 9:30 Green Cay Trip 10a EZ Fitness-AUD 11:30a Water Aero-P1 12n Table Ten-AUD 5:30 Pickleball Open Play 7P Master BofD Mtg	13 10:30a Curr Evts Aud 3p Bowling 4P Green Comm 6p Bocce 7P CERT	14 9a EZ Fitness-AUD 10a Clay Studio-ART 10a Table Ten-AUD 10a NIA- MCR 5P Pickleball Club Party P1 5:30p Pickleball Open Play	15 9a Bocce 10a Yoga
16 9a Bocce	17 9a EZ Fitness-AUD 10a Chair Yoga-MCR 11a Painting-ART 11:30a Table Ten Lsns 12n Table Ten-AUD 1:30p Counc Clbs-ART 2p Canasta Play-MCR 6p Bocce	18 10a Flower Making CR 10a NIA 6p Beg. Bocce	19 9a EZ Fitness-AUD 9a Bocce 11:30a Water Aero-P1 12n Table Ten-AUD 5:30 Pickleball Open Play	20 10:30a Curr. Evts - Aud 1:30 Book Review Group 3p Bowling 6p Bocce	21 9a EZ Fitness-AUD 10a Clay Studio-ART 10a Table Ten-AUD 10a NIA- MCR 5:30p Pickleball Open Play	22 EARTH DAY 9a Bocce 10a Yoga 1P Earth Day TH
23 9a Bocce 7p Movie Night TH "The Fabelmans" 30 9a Bocce	24 9a EZ Fitness-AUD 10a Chair Yoga-MCR 11a Painting-ART 11:30 Table Tennis Lessons 12n Table Ten-AUD 2p Canasta Play-MCR 6p Bocce	25 10a NIA 10:15a Card Mkg-ART 6p Beg. Bocce	26 9a EZ Fitness-AUD 9a Bocce 11:30a Water Aero-P1 12n Table Ten-AUD 5:30 Pickleball Open Play	27 10:30a Curr. Evts-Aud 3p Bowling 6p Bocce	28 9a EZ Fitness-AUD 10a Clay Studio-ART 10a Table Ten-AUD 10a NIA- MCR 5:30 Pickleball Open Play	29 9A Bocce 10A Yoga

	Y 2	023	AUD = CLUBHOUSE AUDI ART = CH ARTS & CRAFT MCR = CH MEN'S CARD R WCR = CH WOMEN'S CAR CFR = CH CONFERENCE	SRM 2M RDRM	TH = THEATER TC = TENNIS CT PC = PKLBALL CT BC = BOCCE CT ZM = ZOOM	P1 = POOL 1 P2 = POOL 2 P3 = POOL 3 P4 = POOL 4 P5 = POOL 5
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLUB LEGEND BC = Bocce CL MnM = Mix-n-Mingle CL OS = OnStage PB = Pickleball CL TC = Tennis CL TT = Table Tennis CL WC = Women's CL CC = Council of Clubs 21CC= 21st Century CL	1 9a EZ Fitness 10a Chair Yoga 11a Painting 11:30a Table Tennis Lsn 12p Table Tennis 2p Canasta 6p Bocce 7p Pickleball Exhibition	2 10a Flower Making CH 10a NIA 6a Beg Bocce	3 9a Bocce 9a EZ Fitness 11:30a Water Aerobics 12a Table Tennis 5:30a Pickleball Open Play	4 10:30a Curr. Evts-Aud 6p Bocce	5 9a EZ Fitness-AUD 10a Clay Studio-ART 10a Table Ten-AUD 10a NIA 5:30p Pickleball Open Play	6 9a Bocce 10a Yoga 11a Bocce Cl Mtg.
		7p HOMES Mtg				
7 9a Bocce Movie Night "I Wanna Dance With Somebody" 7P TH	8 9a EZ Fitness-AUD 10a Chair Yoga-MCR 11a Painting-ART 11:30 Table Tennis Lesson 12n Table Ten-AUD 2p Canasta Play-MCR 6p Bocce	9 10:15 Card Making 10a NIA 6p Beg. Bocce 7p CERT Mtg	10 9a Bocce 9a EZ Fitness-AUD 11:30a Water Aero-P1 12n Table Ten-AUD 5:30p Pickleball Open Play 7p MSTR BOD-AUD	11 10:30a Curr. Evts-Aud 4P Green Comm 6p Bocce	12 9a EZ Fitness-AUD 10a Clay Studio-ART 10a Table Ten-AUD 10a NIA– MCR 5:30p Pickleball Open Play	13 9a Bocce 10a Yoga
14 9a Bocce	15 9a EZ Fitness-AUD 10a Chair Yoga-MCR 11a Painting-ART 11:30a Table Ten Lsns 12n Table Ten-AUD 1:30p Council of Clbs ART 2p Canasta Play-MCR 6p Bocce	16 10a NIA 10A Flower Making 6p Beg. Bocce	17 9a Bocce 10a EZ Fitness-AUD 11:30a Water Aero-P1 12n Table Ten-AUD 5:30 Pickleball Open play	188 10:30a Curr Evts-Aud 1:30p Book Review MCR 6p Bocce	19 9a EZ Fitness-AUD 10a Clay Studio-ART 10a Table Ten-AUD 6:30p Pickleball Open Play	20 9a Bocce 10a Yoga
21 9a Bocce Movie Night "A Man Called Otto" 7P TH	22 9a EZ Fitness-AUD 10a Chair Yoga-MCR 11a Painting-ART 12n Table Ten-AUD 2p Canasta Play-MCR 6p Bocce	23 10a NIA 10:15 Card Making 6p Beg. Bocce	24 9a EZ Fitness-AUD 9a Bocce 11:30a Water Aero-P1 12n Table Ten-AUD 5:30 Pickleball Open Play	25 10:30a Curr. Evts-Aud 6p Bocce		27 9a Bocce 10a Yoga
28 9a Bocce	29 9a EZ Fitness-AUD 10a Chair Yoga-MCR 11a Painting-ART 11:30a Table Ten Lsns 12n Table Ten-AUD 2p Canasta Play-MCR 6p Bocce	30 10a NIA 6p Beg. Bocce	31 9a EZ Fitness-AUD 9a Bocce 11:30a Water Aero-P1 12n Table Ten-AUD 5:30 Pickleball Open Play	Submitted by 1 box yellow c 2 cups chocola 2 eggs 5 tablespoons Combine abov Bake 350° app	ate chips	. Toothpick

Stepping out of Rainberry---NATIONAL READING NONTH Eat Better, Live Better

Jessica Kurtzman

The General Federation of Women's Club (GFWC) of Delray Beach, in conjunction with the Delray Beach Parks and Recreation Dept., has installed 4 "little free libraries" as part of the Books in the



Rainberry Bay Residents Jessica Kurtzman and Janet Eisenman by a Little Free Library.

Park Project. The first installation was in nearby Barwick Park on March 1.

A busload of 4 and 5 year-old Junior Achievement students came on a field trip and were each given a free book by 2 police officers. They all got to meet Mayor Shelly Petrolia as well as former City

Community Outreach

The Rainberry guys Bill, Frank, Juan Carlos and Jaime stack groceries at **Eat Better, Live Better**, a non-profit food bank, providing healthy food to families in need. Another Rainberry Bay resident, Lourdes, not pictured, helps with distribution of food to families in need.

If you would like to have more information or volunteer, contact Eat Better, Live Better at 1-561-344-1022. -Photos Lourdes Alfonso





VINNIE ARDILLO AND KAREN APRILL, CO-CHAIRS

Welcome Spring and our annual celebration of Earth Day activities. This is always a busy month for us. Please think of joining us for one of the activities listed below:

April 1 Celebrate Lake Delrain and First Annual Dog Parade 9am-12 noon.

See our April Showcase in the Clubhouse with informative and fun information on our lake, including a quiz you can submit for prizes awarded on Earth Day, April 22nd.

April 4 Join the Green Committee and the Non-Fiction Book Gourp for an informal discussion about the book: Nature's Best Hope- A New Approach to Conservation That Starts in Your Yard by Douglas W. Tallamy. An easy read with a positive outlook. Followed by lunch. RSVP to Vinnie at vardillo@aol.com.

April 12 Green Cay, 9:30-11am, 12800 Hagen Ranch Rd. outing. "Discover the wonders of wetlands with a Naturalist through a presentation followed by a boardwalk tour! This program includes: The water cycle, Functions of wetlands, Wetland wildlife wetland tour." Cost \$5.00 please RSVP to Karen Aprill, text 217-714-2342. **April 13 Monthly GC meeting** at the Tennis Center.

April 22 Annual Earth Day Celebration at the Theater, a day to rejoice Planet Earth, recycle, repurpose and reuse. 1-2pm Bring an old t-shirt and learn how to repurpose it to a shopping bag. Recycling- all those clear pill bottles for animal rescue, and old glasses.

New this year- have some old worn tennis shoes in your closet, we'll recycle them for you.

2pm Prior to showing the movie, we will announce the winner of the Lake Delrain quiz. 2-4pm AVATAR in 3D at the Theater.

AVATAR is the top grossing movie ever and winner of 3 Oscars. Made in 2009 this is a cautionary tale about the possible impact of overusing resources on Earth. The movie is visually stunning and entertaining. **May 11, 4pm next GC mtg**. We will reserve a room in the Clubhouse in case it's hot.





Nia is an internationally acclaimed self healing AND conditioning movement practice. Learn what it means to move "THE body's way and YOUR body's way!" Have fun while developing flexibility, agility, mobility, stamina and stability. Dance and move to great music in a safe and supportive environment. Classes continue on Tuesdays and Fridays from 10-11AM in the "Men's Card Room" of our Clubhouse. But please note, no class: Friday May 19. Your first class is free then it's only \$5.00. Wear comfortable clothing, bring a drink and a mat if you like to stretch on the floor at the end. Call or email Helen Sohne for more information:561-376-9789 or Niadelray@gmail.com

Clay Studio



Joyce Poses and Diane Notarbartolo show off the colorful birdhouse and blue and white sushi dishes that they made in Clay Studio.

-Photos by Deb Peters

YOGA WITH DEB MAYES









MAKING Photos by Karen Jensen



CLASSES





APRIL-MAY 2023

RAINBERRY BAY BEACON



JUDI MARK "MERELY MARVELOUS" The Songs of Gwen Verdon

A HIT !!! ON STAGE presented an entertaining one woman show by Rainberry Bay's **Judi Mark**. The show featured songs and stories that paid tribute to Gwen Verdon. Judi and her trio of live musicians delighted the audience.

Producer/sponsor Neill Klein, organized all details and successfully brought this show to Rainberry residents who were delighted to have this theatrical performance Judi's moving performance was felt by everyone in the room.



and sound were provided **Jim McMorrow** and **Mike Woodbury**. Our music director was **Marvin Kessler**. Lighting Design and sound playback were provided by **Diane Zerega**. Creation of song tracks and

narration was provided by Neill Klein. Conrad Berke is the President of the ON STAGE club.

Rainberry Sings, presented

by ON STAGE, was created by Neill Klein

ducer of the show. She was responsible for

selection. Carol was also a featured perform-

recruiting talent, all rehearsals and music

er. Other featured singers included Diana

Fane, Judi Lemoine, Peter Leonard,

Irwin Rifkin and

our special guest

Lighting

Tom Zerega. Judi Mark was

performer.

Carol Lynn Flanigan was the pro-

who was also executive producer.

IF YOU WOULD LIKE TO BECOME A MEMBER OF ONSTAGE, PLEASE CONTACT NEILL KLEIN FOR AN APPLICATION. Onstage.rainberry@yahoo.com

by Karen Jensen and

Photos

Deb

Peters



Pasquale, Jimmy, Barry, Mollie, Gloria, Diane, Irma, Tina



Sandy, Estelle, Alan, Barbara, Jack, Carol, Katy, Jack, Jerry, Shirley, Jude, Danny



Gee, Greg, Carol, Camille, Sandy, Joe, Rose Ann, Sid, Gene







New Logo by Bocce member Juan Carlos Conde

BOCCE players gathering for our welcome Coffee and Cake morning: Estelle, Sandy, Barbara, Gigi, Carmen, Tina, Diane, Gloria, Pat, Camille, Katy, Lourdes, Rose Ann, Phyllis, Rita, Susan, Millie, Carol and Nina



The Bocce Group at Irving and Fran's farewell party. From Left: Gregory, Diane, Gloria, Barry, Karen, Alan, Sid, Rose Ann, Rose H., Gene, Joe, Katy, Carol, Irv, Fran, Camille, and Sandy



Terry, Sandy and Doc



Estelle, Rose Ann and Diane enjoying Bocce play



ADDRESS	SOLD \$	AREA	TYPE	BE-BA	DOM
1325 NW 23rd LN	\$270,000	1,283 SF	VL	2-2	20
945 NW 29th AVE C	\$265,000	1,384 SF	тн	2-2 1/2	35
2935 NW 15th ST	\$400,000	2,423 SF	SF	2-2	85

RAINBERRY BAY

REAL ESTATE MARKET UPDATE JAN 2023

The Best Time To Buy or Sell Your Home ? When <u>YOU</u> Are Ready!

For More Information, Please Call or Text Naomi Motta @ 561-246-2125 CENTURY 21

Tenace Realty

RETRACTABLE LEASHES CAN EVIDENTLY HARM BOTH YOU AND YOUR DOG

BY KORI WILLIAMS/ GREEN MATTERS (EDITED BY LOIS WIESLER)

Taking your dog on a walk can be an integral part of your day so finding the right leash is so important.

The Northshore Humane Society points out that retractable leashes are bad because they can injure you and your dog when you use them. They can easily get wrapped around your fingers, hands, and more if your dog is getting overly excited, and can create wounds like rope burns and can even break your skin.

Retractable leashes can injure their neck and throat by snapping back. This can cause some long-term health issues with their trachea and neck vertebrae.

... Interactions with other dogs could be dangerous. If you're too far away, it will be more difficult for you to intervene if something bad were to happen. Of course, many retractable leashes have locks on them that allow users to control how long they get. But many times, these can break or simply not work the way they are meant to ...

On top of this, *Rover* says that experts avoid retractable leashes because they can enforce negative behavior in your pets. ... R+Dogs Renee Rhoades told *Rover*: "Retractable leashes don't offer a consistent amount of space. There can also be a lot of tension from your end, causing your dog to feel the pull and also become desensitized to there being tension on the leash."

... Overall, the best kind of leash, is one that is 6-foot long and made out of nylon or leather. These are both durable materials and six feet is enough to give your dog some freedom while still keeping them close by.

...You need to find a leash that works best for you and your pet. Pick something that not only feels comfortable in your hands but also gives your pet an amount of distance between the two of you that you feel comfortable with.

ULTRA AIR CONDITIONING (877) 333.0189 REPLACEMENT SYSTEMS





Other Brands Available Upon Request 2 Ton System- (14 Seer) Rheem \$3,675 2.5 Ton System- (14 Seer) Rheem \$3,975 3 Ton System- (14 Seer) Rheem \$4,175 15 &16 Seer also available upon request

WARRANTIES

10 years complete systems / 1 year first co Air-handler / 1 year labor on all systems

Includes: Digital thermostat, flood safety device disconnect box, crane lift, hurricane straps, armaflex insulation, heater, permit fee, removal disposal of existing system, and labor

REPAIR DIAGNOSIS.......\$85 MAINTENANCE CHECK UP......\$99

Other services available upon request Ductwork replacement, UV Light installation, duct cleaning, emergency water leaks (Prices subject to change without notice)





ARTS & CRAFTS PROGRAM

Crafty Tuesdays can keep you busy every Tuesday morning with,

- BABS FLOWER MAKING/CRAFT CLASS, 1st & 3rd Tues. 10:00 am. These flowers look so real, you will keep smelling them. Join the fun.
- MADELEINE'S CARD MAKING WORKSHOP, 2nd & 4th Tues. 10:15 am . All supplies provided. New projects every class. Cards, journals & collages. \$4.00pp.
- THE CLAY STUDIO, Friday 10-12. Call Joyce Poses for info, 561 276 7694.

OUR FAVORITE EXTRAS

- CURRENT EVENTS with Jack & Nancy Effrain, Thursdays, 10:30 am, in the Men's Card Room. For additional information, see page
- CANASTA CLASSES, with Phyllis Berke, Mondays 2-4pm, a group of players, with beginning to advanced skills, meet to gain or refresh their skills, playing the game. They meet in the Clubhouse Men's Cardroom. No need to register, just show up. If you have questions, call Phyllis at (561) 865-5948.
- BOOK DISCUSSION GROUP, with Nancy Effrain, 3rd Thursday of the month in the Men's Cardroom. For more details on this class, see page 8.

EXERCISE PROGRAMS let you MOVE your bodies without fainting from the heat in our air conditioned clubhouse

- EZ FITNESS CLASSES muscles in motion, M W F 9-10am Call Madeline Bochner 561 279 2062
- YOGA, call or text Deb Mayes at <u>607-382-0009</u>. Both classes are in the Men's Card Room & cost \$20 month/\$10 class.
 - CHAIR YOGA, Monday, 10-11 am, no mat needed
 - GENTLE YOGA, Saturday, 10 11 am, on the mat
- WATER AEROBICS CLASS with Nan Robb, Wednesdays 11:30 am, Pool 1, no charge.
- NIA LOW IMPACT DANCE AEROBICS are held in the Men's Card Room of our Clubhouse on Tuesdays and Fridays from 10:00-11:00 am. Learn how to move with ease, build stamina, improve balance and have a blast dancing with us to great music from around the world. Nia is the original body, mind, emotion, spirit workout combining the dance arts, martial arts and healing arts. It is low impact and appropriate for all fitness levels. Only \$5.00! For more information call or email Helen Sohne: 561-376-9789 / niadelray@gmail.com



CLASS	DAY	RM	Тіме
EZ Fitness	M-W-F	AUD	9-10a
Chair Yoga	М	MCR	10a
Canasta	М	MCR	2-4p
Painting Studio	М	Art	11a
Nia	T, F	MCR	10a
Flowers & Crafts	T (1st & 3rd)	ART	10a
Card Making	T (2nd & 4th)	ART	10:15a
Water Aerobics	W	Р 1	11:30a
Current Events	Th	AUD	10:30a
Book Discussion	Th (3rd)	MCR	1:30p
Clay Studio	F	ART	10a-12p
Mat Yoga	S	MCR	10a



Jessica Kurtzman

Class meets MWF 9-10 under leadership of Madeleine Bochner. Exercise to DVD's walking, lifting weights and using stretchy bands. Lots of conversation and laughs shared while moving!

Bring water, a towel, weights and stretchy bands. If you don't have any, there are plenty to borrow. Come try it out!



Rainberry Bay Green Committee's **Celebrate Lake Delrain** Saturday, April 1. 2023, 9am-12 noon **Calendar of Events** Co-chairs: Susan Jones and Debra Peters Steering Committee: Karen Aprill, Vinnie Ardillo, Roz Appell Dog Parade Chairs: Joan Schneider, Jon Brucks Signage Chair: Carol Unger, Etana Finkler, Babs Heller, Sue Schulman, Eileen Jardini, Linda MacNeal Cookie Dough Makers, Bakers, Workers, & Donators: Karen Miller, Char Lane, Edie Miller, Eileen Block, Natty Lapidus, Anne Barron, Roz Appell, Barbara Kessel, Donna Hann, Aida Hooper, Scott Aijo, Kim Rudolph, Vinnie Ardillo, Susan Jones,

Deb Peters, Karen Aprill, Linda MacNeal, Mary Kay, Judy Zaslofsky

Perimeter of Lake between Theater and Clubhouse, & a bit more. Parking at Theater, Tennis Center, Clubhouse

\mathbf{x}	In Memoriam, Ruth Razzetti Photography	Hal	2977 NW 10th St	Listen to Author
1.	Entertainment: Guitar, Singing	Doug , Pat	2923 NW 10 th St	Jay R. Worsham
2.	Dog Treats, Water	Wilma, Ron	2923 NW 10 th St	Read his original Otter
3.	Lake Stories	Carrie, Allen	2923 NW 10 th St	story aloud
3. 4.	Monarch Butterfly	Andrea, Susan	Bench near office	
5.	Make and Take Craft	Carol, Babs	Outside Clubhouse Cra	aft Room
6.	Watermelon/compost bin/cloth napkins	Joan, Mary Kay	Outside Clubhouse	
7.		s, Bocce, Tennis, Brainberry U-Classes	Near Clubhouse	
8.	Aquatic Plants	Beth, Vinnie	Corner of Clubhouse, S	950 NW 26th Ave
9.	Let it Rot (Worm Queen)	Melissa, Roz	2637 NW 10 th St	
	Plant craft	Jo, Roz	2637 NW 10 ⁻ St	
	Green Tea Refreshment	Natty, Selma	2601 NW 10 th St	
	Earth Day Pledge	Peter, Karen, Barbara	2519 NW 10 th St	
	Homemade Cookies	Joyce, Sharon	2455 NW 10 th St	
	Mechanics of the Lake	Robert, Ann	Head of Lake across fr	om Tennis Center
	Biodegradable Poop Bags (5/\$1)	Donna, Cindy	2524 NW 12 th St	
	Dog and People Treats/water	Susan, Richard	2546 NW 12 th St	
	Orange Slices/lemonade/cloth napkins	Kim, Linn, Dennis	2584 NW 12 th St	Floaters on Bikes circling the Lake and
18.	Use and Purpose of Lake	David, Cliff, Norma, Cathy	2604 NW 12 St	giving breaks to station leaders and
19.	Lake Birds (and cookies)	Karen, Sturges, Steve	1240 NW 26 th Ln	their facilitators, so everyone has the
20.	Bird Photography	Andrea, Linda	1240 NW 26th Ln	opportunity to visit
21.	Delray Beach Sustainability Officer	Kent, Stephanie	Theater Pool 5	other stations: Deb, Susan, Eileen, Linda,
22.	Share your "Pfish" Stories/water	Robert, Esther, Helen	1225 NW 29 th Ave	Leena.
23.	Dog Parade Registration	Joan, Jon	Theater	
24.	Dog Parade Grand Marshals	Lila and her owner, Barbara	Parade Route	
25.	Dog Parade Line up/Start	Joan, Jon	Rainerry Circle across	from NW 10th Place
26.	dog Parade Cookie Station	Irene	Rainerry Circle across	from NW 10th Place
27.	Dog Parade Dog Minders	Pam, Barry, Maria, Arnie	Along Parade Route	\diamond
27.	Dog parade Judge's Station	Karen, Char, Roberta	1225 NW 29 th Ave by 2	Pine trees Ave
28.	Dog Parade Awards	Joe, Master of Ceremonies	Theater	CIMB-
Plea	ase:			-4445
	ar a Hat or bring a parasol/umbrella	♦ Compost	Watermelon Rinds and Orange Pe	eels

- ♦ Bring a reusable bag to carry literature, your bottle and cloth nap ♦ kin that's yours to keep (as long as supply lasts)
- ◊ Wear comfortable shoes
- ♦ WATCH YOUR STEP ON UNEVEN TURF

- Sign-in at the Stations you Visit
- Make an Earth Day Pledge that Meets your Needs
 Bring a Reusable Water Bottle-refills available a
 - Bring a Reusable Water Bottle-refills available at clubhouse, Tennis Center and various lakeside stations

 \Diamond

[22]



BOCCE

Katy Mitrani

THE BOCCE COURTS ARE LOCATED ON 29TH.

Bocce members gather for regular competitive play on: Mondays and Thursdays @ 6pm and

Wednesdays, Saturdays, and Sundays @ 9am

Beginner's Bocce on Tuesdays @ 6pm. This training zeros in on the specific needs of new players. (If you can't make it Tuesdays, you can come down any of the play days listed above and our bocce players will be happy to teach you.) See photo Gallery pages 18 & 19.

STICKBALL Michael Cantwell



Photo by Char Lane

A few weeks ago, 11 people turned out for a 6-on-5 game. Come out and join us-we play every Wednesday at 4:00pm at the wall in the Tennis Center.

"Stickball, It's a Man's Game." I trust most readers will appreciate that I'm being ironic, as I detest macho metaphors and their makers. Moreover, the claim is both at odds with prior posts touting the relative safety of stickball and is ridiculous on its face. I doubt anyone would say of stickball, as Rafa Nadal has said of tennis, that the human body is simply not designed to play the sport at the professional level.

Caveat Pitcher. Although it's unlikely stickball will dislodge pickleball as the favorite of orthopedists anytime soon, I'd be remiss not to warn that the game is not without risk. We've had two mild concussions to date, both suffered by pitchers. While backpedaling to catch a ball hit back to the mound last year, Tim Bennett lost his balance and hit his head on the asphalt. More recently, I became aware of one player's "best hit of the day' only when it made contact with my mouth, probably the least vulnerable spot on my body.

Safety and Security Joe Maltezo

The popularity of electric bicycles (E-Bikes) throughout Florida and the entire country has made E-Bikes the fastest growing industry in the nation. Many of our Rainberry Bay residents own them. These bikes are very quiet and can travel at very fast speeds which is cause for concern. Currently there are no real traffic rules or restrictions for E-Bikes.

As a courtesy to others when using the path around the lake, we ask that E-Bike users <u>turn off</u> the motorized option as some of our residents and their pets have been startled by these bikes when walking. We must all share the path on the lake, whether walking, riding bikes, jogging or just taking a stroll. Be alert to others using the path and always be aware of your sur-



roundings. As a precaution when wearing headphones, ear buds or speaking on the phone while on the path, you should expect that someone may attempt to pass you. Please stay to the right when walking or riding on of the path. When passing, always pass on the left and call out **"ON YOUR LEFT"** to

alert someone. For those who walk or bike in the evenings, carrying a flashlight is helpful. If you are in a hurry to go somewhere, please use the circle. <u>Stay alert, stay safe, stay alive.</u>





PHOTO BY DEB PETERS

BARBARA GOLDBERG KNOWS: ALWAYS WEAR YOUR BICYCLE HELMET WHILE BIKE RIDING.



Casino Night 2023, organized by Pat Peppard and Anne Barron, was a great success thanks to all who volunteered, attended, sponsored and donated prizes. Everyone had a great time and we have the photos to prove it! 120 attendees enjoyed delicious food, drinks, and lots of laughs.

Congratulations to all the winners of the Chinese Auction Gifts and Jackpots. Many thanks to our donors: HY PA-HY MA, FAITH VIRGILIO, CALVIN WELLMAN, LINDA DAGENAIS, JOAN ROSS, DUFFY'S (BOYNTON BEACH), TAMMY FENDER HOLISTIC SKIN CARE, PHIL MACRI & PENNIE CERINO, DIANE ROMANELLO, PAUL SAPERSTEIN, ESTHER SCHWARTZ, and PAT PEPPARD.

Once again, many thanks to all the volunteers at this event. It couldn't have happened without them: PENNIE CERINO, NANCY ABEL, TATYANA POLETSKY, JIM MCMORROW, LINDA DAGENAIS, DAVID KULICK, EILEEN JARDINI, MARIA KOYANAGI, PAUL BAR-RON, KEN RUBIN, CHARLIE THOMAS, PETER MORROW, ARNIE YEANUZZI, MARIANNE MONTELEONE, BETH MORROW, ANN LA FORTUNE, JOYCE GOLDBERG, KATIE GIRARDEAU, JILL REES, and SEENA HERNITER.

And finally, thanks to all our sponsors for their generous support: MARC BEILINSON, AXIS TENNIS, JOYCE STO-BO, YOURCOURTS, NANCY ABEL, PENNIE CERINO & PHIL MACRI, ANNE & PAUL BARRON, ANN SOLOMON, KEN & JEAN-ETTE RUBIN, PAUL SAPERSTEIN, VICKY SALVO, JIM McMOR-ROW, CHARLIE HARRELL, ESTHER SCHWARTZ, PAT PEP-PARD, NUSHA MOSCOWITZ, and PHYLLIS BAXTER.

THE TABLE TENNIS CLUB

Helen Sohne

Our club is thriving thanks to our steady players, some new members and renewed interest in learning how to play. We welcome returning and new players with open arms! And we even offer beginning lessons now on Mondays at 11:30AM. Find out why this game - Ping Pong as we grew up with - is great for brain training as well as for stamina and agility. Remember to bring water and wear shoes you can move in that are not too grippy. We have loaner paddles and balls for play. Call or email Helen Sohne for more information: 561-376-9789/RBtabletennis@gmail.com

PICKLEBALL INFO

There are a number of ways to communicate. You are reading this in the monthly Beacon. If you want to know more recent news about the Rainberry Bay Pickleball Club, you have two ways to do it. On Facebook, search for Rainberry Bay Pickleball. We also use an App called TeamReach. Once you install it, use the code RB002 to join our club TeamReach. There you can seek out other people to play.



Pi<u>ckleball Club</u> Nina Diamond





RBPC hosted a pickleball exhibition, under an almost full moon with 75 people in attendance. The 5.0 players who showed us their skills were James Ignatowich, #3 in world professional men's singles. Anna Bright, #3 in world professional women's singles, Mircea Marrario, #2 senior pro in the world, and Tyra Black who just got drafted to major league pickleball, joining Brooklyn. Thank you to all who came out to watch.

INFORMATION PLEASE

The Hurricane Education Committee -For Snowbirds Before You Fly Away Helen Sohne

Before you pack your bags:

Inform the office that you will be gone during the hurricane season and leave contact information for yourself and an emergency contact either in Rainberry Bay or close by.

Clear your yard before leaving for a month or season from June 1-

November 30 (or if you leave earlier).

Leave a key with a neighbor before traveling.

Inform key holder of location to shut off water main.

Know who can help with your shut-

ters or outdoor furniture if necessary.

The fire dept. suggests that you do not lock shutters for the season. Have your shutters serviced before vou leave.

Also remember to:

Leave the a/c on at recommended "away" setting.

Lock your windows and doors.

Change address with the post office. Empty your refrigerator.

Leave house alarm code with neighbor if applicable. Turn off water under sinks and to unused appliances.

Have a great summer!! For more information please email Helen Sohne.

Rainberryhpc@gmail.com

Name that Tune. Answer:

"Return to Sender: -Elvis Presley, 1962

Caregiver Support Meetings

MADELINE HINCKEN

As we all get older and need more physical, emotional, mental, etc. help, there's a great resource for anyone that is a caregiver. Are you interested in going to a caregiver support meeting? This meeting is not for the person you are caring for.....it's for YOU! This meeting is held at Verena at Delray at 5624 Linton Boulevard, Delray Beach, FL 33484. The meeting is held on the third Wednesday of every month from 10:30 am to 12 noon. It's free. The group is headed by Marcia Teele, 561-876-8276. Marcia works for Arden Courts. Marcia is a great memory care "expert." Please feel free to call Marcia or email me if you want more information at mhincken@gmail.com.

RAINBERRY RESIDENT DIRECTORY CHAR LANE

We straggled a bit past the deadline of March 5, 2023, to accommodate some forms submitted after that date. By the time you read this, the Directory will hopefully have been through final proofing and at the printer.

Thank you to everyone who provided forms. If you had no changes from the 2021 Directory, a form was not necessary. If you didn't submit a form and have changes or are a new resident, please complete a Directory form. If your information is incorrect or incomplete, please fill out a Directory form. Whenever you have life changes or changes to your telephone number or email address, please complete a Directory form. The forms are in the display case in the club house lobby, on the website or available in the FSR office. Please return your completed Directory form to the FSR office. Any changes that were received after March 8, 2023 will be in the 2025 Directory.

The new 2023 Directory will replace the 2021 Directory on the website. I'll send out distribution times and locations so you can pick up the new directory and if you are not mobile, we will be happy to drop off a directory. Distribution will be sometime in April.

And a special thank you to the eagle-eyed proofers who will be listed at the front of the Directory. Your work was invaluable.

Tennis Ball Collection Beth Morrow



The average play of a can of tennis balls may be two or three days of court time. All events and team matches start with fresh cans of balls.When the balls have been "played out" they can go to the pro who will use them for lessons, or the ball machine. After the balls have died in the pro basket or machine where do they go? Most likely tennis balls go to the landfill. Yes, some are given to dogs and some people use them so their walkers slide easily. However, the vast majority are tossed in the garbage and delivered

to landfills where it takes 400 years to decompose.

The Rainberry Bay Tennis Center now collects tennis balls in all conditions and sends them to Recycleballs.org in Vermont. We send boxes of 200 balls to their facility where there are large machines that scrub the fuzz off and crush them into rubber pellets. The pellets are sold to companies that make play surfaces or equestrian footing for indoor arenas. It's a win-win recycle program that has recently celebrated their collection of 10 million balls in their short life.

Please do your part by picking up balls in any condition and bring them to the recycle box in the tennis center. Do not leave them at the courts as they will be thrown in the trash. And before the snowbirds leave, empty your tennis bags of all practice balls at the center.

Wilhin the Rainberry Bay Family

Say Hello to



Selma Marcuche, and her husband Dominic

Marcuche, are our new lakeside neighbors. Selma enjoys working out in the Club House gym. Dominic spent all his spare time beautifully remodeling their new home. Welcome to Rainberry, Selma and Dominic.



Magalys, originally from Cuba, has been working for First Service in Rainberry Bay for 5 years. Magalys likes all the people she meets in Rainberry because they are very nice to her. Be sure to say hi next time you see this smiling face at the Clubhouse.

LESSONS LEARNED

SHELLEY GLASS



Monday started like any other day at my house and after lunch my husband Allen left for the pool to play bridge. Forty minutes later I got a call from him asking for

aspirin and saying he was dizzy. I found him looking disoriented and slightly slumped over but able to speak. A friend helped me get him to my car and when I got him home, he immediately became nearly unresponsive. I called 911 and they were there in minutes and took him to Delray Medical where they have a firstclass stroke unit. They quickly administered a clot busting treatment and removed a clot from his brain.

So, the lessons:

Don't ignore health warnings! My husband had untreated atrial fibrillation for a couple years which he said, "only happens periodically."

Listen when your physician suggests you see a specialist! Don't put it off, don't quit going if you don't like the first one, be proactive! If you see someone is having a health issue that you are unsure about don't wait to call 911! I think we are all somewhat hesitant to call on someone's behalf when we aren't sure what the issue is but go ahead. Meanwhile try to keep the person awake and responding.

Some treatments for stroke are time sensitive so every minute counts! The most widely used treatment available cannot be administered after 4 hours from the onset of symptoms. A blocked artery in the brain causes the rapid loss of brain cells.

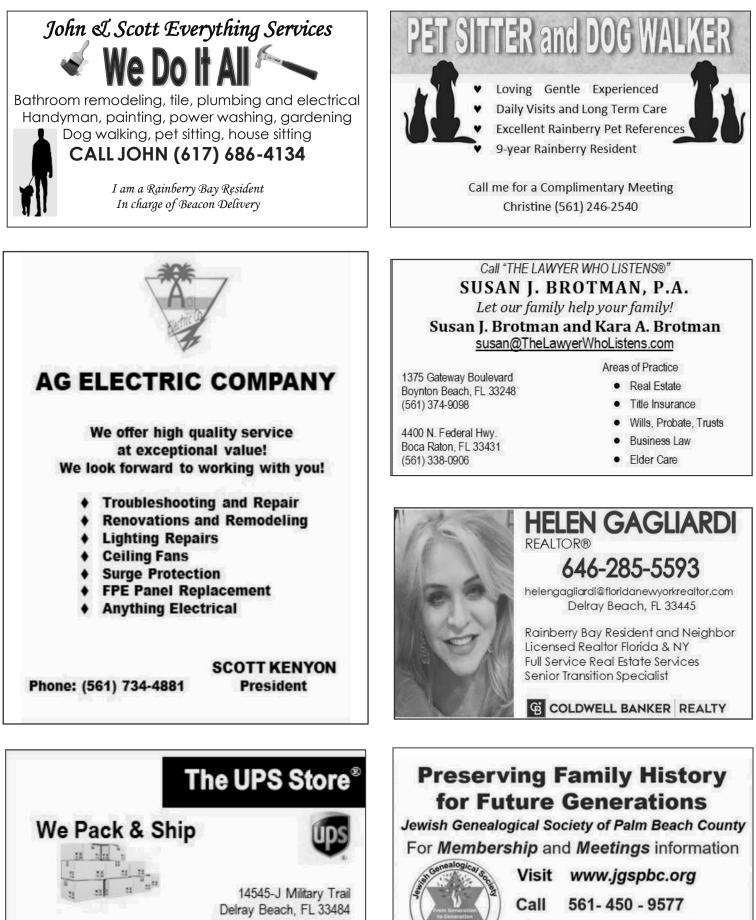
Don't drive the person to the hospital yourself! We are fortunate to have response teams nearby that arrive quickly, are extremely skilled and can get the patient to the hospital while administering aid along the way.

Be thankful you live in Rainberry! The outpouring of support and caring meant so much and believe me, it made a difference!



- Please notify the Beacon at RainberryBayBeacon@gmail.com if you would like to inform our community of the passing of a member of our Rainberry family.
- Also send us the get well wishes you want to share with our many caring and thoughtful residents.





Eleanor & Jack Leinwohl Owners elray Beach, FL 33484 (561) 498-7115 Tel. (561) 498-5016 Fax

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Email outreach@jgspbc.org

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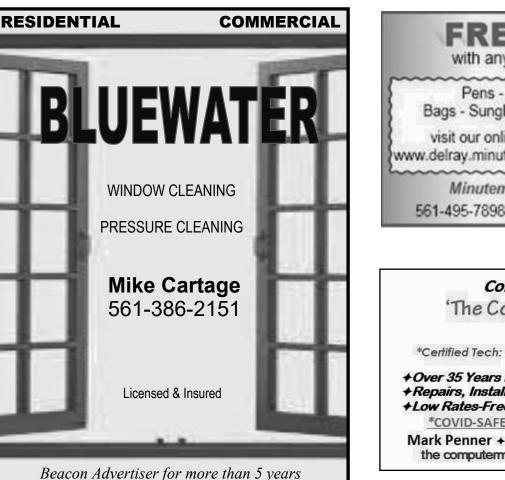
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"I've just worked with Carrie & Allan to purchase a villa home in Rainberry Bay. Living in another State, the entire transaction was virtual. Carrie & Allan have been incredibly helpful. They have given clear direction & have been extremely helpful with all my questions. It's been like working with family. I highly recommend using them if you're considering buying or selling a home. Thank you for all your help. A dinner awaits when Linda & I are able to get to Delray Beach." Barry N "Now that our house purchase is complete, I wanted to thank you both for al your help and the great job you did. Your suggestions and information were very helpful and appreciated. You did so many extra things we could not do, as being snowflakes, we were not physically there. Thank you so much." Dennis B KEEP INFORMED Contact us to receive our bi-weekly newsletter with updated infomation on current real estate activity in Rainberry Bay. ctrust371@comcast.net

"Thanks for looking after our townhome for so long. Not only did you help us get such a good value in a great community, it's comforting knowing you are there taking care of things. We never have to worry. We so value and appreciate your help." Craig & Marie

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782 NW 31st AV	SOLD 11/26/22
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 SOLD 6/30/22

 OR
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 LN
 SOLD 4/25/22

 ST
 SOLD 4/20/22

 PL
 SOLD 3/01/22

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 So

 801 NW 26th AVE
 So

 870 NW 32nd AVE
 So

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