



RAINBERRY BAY BEACON

OCTOBER 2022

SHARING COMMUNITY NEWS

L' Shanah Tovah
Have a sweet year!



SAVE THESE DATES:

SEP 25, ROSH HASHANA EVE
OCT 4, YOM KIPPUR EVE
OCT 7, 6:30 PM, TH PKG LOT
THE ED BAND
OCT 9, 7 PM, MOVIE NIGHT, TH
ELVIS
OCT 12, 7 PM, HYBRID
MASTER BOD MEETING
OCT 13, 12 PM, THEATER
WOMEN'S CLUB BINGO/LUNCH
OCT 21, 6:30 PM, THEATER PKG LOT
THE ED BAND
OCT 23, 7 PM, THEATER
WHERE THE CRAWDADS SING
OCT 31, 6 PM, POOL 5
TC-HALLOWEEN PARTY

Wishing you a
spook-tacular
Halloween!



THE CLOSED CIRCLE

ARTICLE BY JUSTINE TEITLEBAUM

REPRINT FROM 1991 BEACON

What do the addresses 731 NW 24th Avenue and
712 NW 25th Avenue represent?

"Oh," you say, "19 digits and one avenue away." But there's more to it than that, for they also represent number one and number 901; the first and last houses to be purchased here in Rainberry Bay.

731 belong[ed] to Elynore Golden, Rainberry Bay's first resident. She and her late husband Bob moved here in February 1978 when nothing existed other than dirt roads and scrubby trees. They were looking for a quiet place in which to retire from their home in Cherry Hill, New Jersey. Like real pioneers, they gathered with the residents who followed them to form a community. Elynore recognized the need for people to get to know each other, so she planned beach parties, picnics, and dances. These had to be held outdoors since there was no clubhouse or theater. From this evolved our 'Social Club.'

Then came the need to notify people of these activities, so Elynore published a one-page newsletter. As the need to include more news increased, this one-page paper grew to become 'The Beacon' in 1979 with Elynore at the helm. In the midst of all this, Elynore found time for her painting, her classes, and her family.

By the time the Endicks bought the house at 712 NW 25th, in November 1989, the community was thriving and they were able to take advantage of the many activities that were awaiting them, like tennis, travel groups, Men's Club, canasta and lots of classes.

Now the circle has been closed and our community has been completed. Every year there are changes but our first citizen, Elynore Golden, has passed on a legacy to our residents with The Beacon that continues to enrich our lives.

Note: Elynore Golden sold her home to its present owner in March, 1995. The Endicks sold their home in August, 2003.

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Within the Rainberry Bay Family...

Congratulations

To **DEBBIE ARRIGO**, **JILL HORNBERGER LOUGHERY**, **NADJA ENGLISH** and **CATHY RUGGIERO** for crafting a charter, getting board approval and creating a new club, **Mix-N-Mingle**, for Rainberry Bay. They plan to provide another way in which our residents can socialize with one another through events, trips, and games. See Deb's article on page 21. They would love your support.

Thank You

Thank you, **PHYLLIS BERKE**, for all the work you have done for the Beacon and the community. The Beacon has relied on Phyllis for her insightful, interesting stories about the fortunate people who live here at Rainberry Bay for many years. **SUE RIBEN**, **PHYLLIS SHPRITZ**, **CHAR LANE** and myself, knew we could always count on her to produce an interesting insight into our neighbors. And we got to know quite a bit about her as well.

From **MARCIA & MARTY HALPERT**: We wanted to thank all the people who worked so hard to make the first annual Grandparents Day so special. Our grandsons had a great time and we appreciate everyone who organized this and made it such a success. Marcia and Marty

From **PHYLLIS SHPRITZ**. I absolutely do mean to be repetitive, but this is another interesting and well-edited edition of the Beacon. I am very happy to see Rainberry Bay has rebounded from the pandemic and is alive and well. I miss being part of the activities but truly enjoy reading about them. Thanks again for including me in the email of the Rainberry Beacon.

We're Glad You Are Here

- **LARRY ARCH**
779 NW 30TH AV, UNIT C
- **CHARLES CORRIERI & PAUL ORLANDO**
2685 RIVIERA DR
- **MARIA HIJOS**
2622 NW 13TH ST
- **MICHAEL & VIRGINIA HOFF**
2730 RIVIERA DR
- **ATAHUALPA RIBERA & LUZ SUAREZ**
759 NW 27TH AV, UNIT A

Rainberry Volunteers



From **MADELYN HINCKEN**: I just donated 150 hand-knit hats to an organization called **HATS NOT HATE**. This is an anti-bullying program sponsored by Lion Brand Yarn. Hats have to be any shade of blue.

Now to start on next year's hats. So far I have donated 434 hats. Knitting is my nighttime project. My superpower is that I can knit without looking.

In Loving Memory

- ♥ **ROSE LEVITAS**, passed August 21, 2022 in her home surrounded by her family. Her survivors include two sons: Stewart Levitas (Deborah), Robert Levitas (Paula); and grandchildren: Lee, Justin, Zachary, Nicole, Hannah, and Samantha. Rose and predeceased husband, Benjamin, moved into their home in Rainberry Bay in 1987.
- ♥ **STUART L. SINGER** (76) passed away on July 26, 2022. Stuart is survived by his beloved wife Linda, his sons Todd (Carrie), Evan (Hillary), Scott (Nadine) Singer; Jon (Jamie) and David (Erin) Stern(Erin). He was the cherished grandfather of Ethan, Sarah, Samantha, Matthew, Jason, Delanie, Lilliana, Hudson, Brody, Hazel and Harlow. Dear brother of Steve (Norma) Singer and Roni (Ken) Chern). Services were held on July 28 at Beth Israel Memorial Chapel and interment services at Eternal Light Memorial Gardens. Those wishing to honor Stuart with a memorial contribution are kindly asked to consider The American Cancer Society or Your Local NO-Kill Animal Shelter.
- ♥ **GLADYS FOXTOW** (103), one of the original owners at Rainberry Bay, passed away on July 12, 2022, at the age of 103. Gladys and predeceased husband, David, lived in Rainberry Bay since 1984.
- ♥ **ROSEMARY ANN WILSON**, (66), lived in Rainberry Bay for 8 years with her husband, Gregory, who predeceased her.
- ♥ with her husband, Gregory, who predeceased her, **MARTIN (MARTY) ROBINS** (78), the ace of his family, and the Rainberry Bay Bridge Club, passed on June 20, to join the bridge game above. Through bridge, he met his wife of 36 years, Debbie Robins, and had two children. They moved to Rainberry Bay in 1992. He was the cherished father and father-in-law to Rachel and Ian and Sarah Robins and adored gramps to Ruthie and Tyler Robins. Marty was a treasured member of the American Contract Bridge League (ACBL) and a Platinum Life Master, a feat he shares with 25% of

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Master Board News

LOIS WIESLER

By the time you read this September will be (nearly) over and seasonal residents will be returning.

So much is happening in Rainberry Bay. Our roads project had barely begun when there was a concrete delivery issue (it was not available!) so we lost a bit of time but things are in full swing again. All streets in the community will be restored (they will dig approximately 1 ½ inches) and then replace the road asphalt. We will make every effort to keep residents informed when work will impact their sections and ask for everyone's patience when temporary inconveniences occur. It's a year-long project so hang on for more and continuing information. The road project is set up so that we pay as each section is completed. Your money is safely in the bank awaiting the invoices.

The work on the bathrooms for pools 1-4 should begin very soon. The finishing touches are being worked on in terms of choosing colors for counters, light fixtures, etc. No major work is being done, just a "spit and polish" on the existing layout, but you should notice them looking fresher and more modern.

Pool #5 and theater bathrooms will be scheduled for some time next year as well as painting the theater. In other areas, the pickleball and tennis courts are being refreshed and new windscreens will be installed as soon as hurricane season is over. Bocce courts will be next in line for court work and a new storage area for supplies and equipment has been ordered. The gym will get a new paint job soon and the adjacent weight room is now complete.

The budget is being worked on. The boards are all taking a cautious look at what we can plan for short term and long term. With items like electricity up 9% and all contractual obligations increasing, we are taking a long, hard look at what is extraneous. We are a 43-year-old community and the infrastructure keeps giving us reminders in the form of pool leaks, sinkholes, and roof leaks. We are prioritizing the work and moving as quickly as possible, although supply delays and worker shortages are a constant challenge.

The Council of Clubs has begun the seasonal meetings and hopefully all the other clubs and committees are doing the same. It sounds like this will be a fun and busy year for everyone.

Join in!



The new weights room in the Clubhouse is now open and ready for your use. Keep fit.

Homes Board News

KAREN CLOUSER

This month's topic is:

WHAT TO DO IF YOU HAVE AN ISSUE WITH A VENDOR?

The easiest thing to do is to contact the appropriate chairperson or liaison, found in the Beacon, and let them know what your issue is. Phone calls or emails are the easiest ways.

Use the website: www.myrainberrybay.com to process your work order if you can. Otherwise, call the Office. Explain to them clearly what the issue is in detail.

Do not contact the vendor or the workers. If everyone stopped them stop from what they were doing, they would never complete the service in time. This is another reason why they fall behind. Some issues take more time to resolve than others.

Those of us on the Homes Board work very closely with our vendors. We are trying to improve things at Rainberry.

New Documents are being drafted, new colors for your homes are being considered, and the list goes on.

If you don't like something, join a committee and help make a change.

IN CASE OF EMERGENCY

5 Defibrillator Locations

1. Unit located in ROVER vehicle. All Frontline Security guards are trained and certified for CPR/AED.
2. The CLUBHOUSE unit is located in the cabinet near the front entrance and also services POOL 1.
3. Unit is located in the TENNIS CENTER.
4. The THEATER unit is located inside the Women's Restroom and also services POOL 5.
5. Inside the THEATER, the unit is located at the top of the steps next to the Sound Booth.

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BOARD MEETINGS

ALL DATES ARE SUBJECT TO CHANGE

MASTER BOD MEETING

7:00 PM-ZOOM
 WEDNESDAY,
 OCTOBER 12

HOMES BOD MEETING

7:00 PM-ZOOM
 TUESDAY,
 NOVEMBER 1
 (due to Jewish Holidays)

Use zoom link provided. During hybrid meetings, you may attend in person or use the zoom link provided. Recordings of all meetings will be made available on myrainberrybay.com/videos and is password protected.



Office Hours: 8:30 am-4:30 pm
 Lunch Hour: 12 noon-12:30 pm
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QUARTER PAGE	\$ 400.	\$ 300.	\$ 350.	\$ 200.
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Meet Your Neighbor: Phyllis Berke

PHYLLIS BERKE

Here is my fond farewell to my column in the Beacon that I enjoyed writing for the past eight years.

It was my pleasure to meet and get to know you all over the years. Many of you were kind enough to share your stories with me. It was exciting and fun to celebrate your lives in print.

When I first started writing the column, I used to interview people who were older than me.

Now, it's the other way around. The office used to send a bouquet of flowers when residents turned 90, now it's hardly worth mentioning. Both of us, my husband and I, don't even feel old and we're both in our 90's.

Rainberry is still a great place to live. I learned to play canasta with friends I made here. When there was a shortage of canasta players, I started teaching a canasta class, which was fun and solved the problem. Tennis



Here is Phyllis on her wedding day to Conrad in the RB Clubhouse. She was just beaming and this is a favorite picture of her.

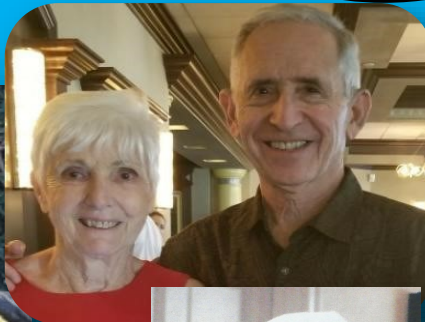
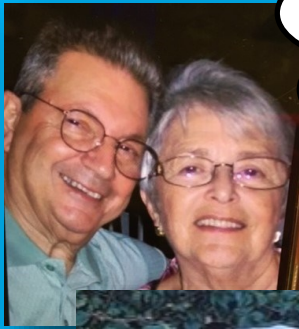
was a favorite sport of mine when I was younger. I fit right in with a group of women who included me in their games. After shoulder surgery I had a swimming pool right across the street from my villa where I could exercise safely every day. I found people here inclusive and easy to get to know.

Six years after my first husband died, I met Conrad and we married and had a party in the clubhouse to which everybody who read my column was invited. It was a grand affair.

As you can see, Rainberry became my home in every sense of the word. Some of my friends are as close to me as my relatives. I treasure my friendships and plan on staying here for as long as fate allows.

It's time for me to step back from the Beacon but I'm still here, playing and teaching canasta, and as interested in everyone as ever.

Thank You!





OCTOBER 2022

AUD = CH AUDITORIUM
ART = CH ARTS & CRAFTS RM
MCR = CH MEN'S CARD RM
WCR = CH WOMEN'S CARD RM
CFR = CH CONFERENCE RM

TH = THEATER
TC = TENNIS CT
PC = PKLBALL CT
BC = BOCCE CT
ZM = ZOOM

P1 = POOL 1
P2 = POOL 2
P3 = POOL 3
P4 = POOL 4
P5 = POOL 5

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>The Origins of Halloween Halloween is actually a 2,000-year-old celebration of the Celtic New Year (called Samhain) and the end of summer when bonfires were lit and revelers would wear costumes to ward off evil spirits.</p>			 <p>Yom Kippur is a somber holiday commemorating the day of atonement, when Moses came down from Mt. Sinai after seeking divine forgiveness for the Israelites who sinned by worshipping a golden calf idol. For those who have friends observing the holiday and who want to acknowledge the holy day, it's better to wish them a good, easy or meaningful fast, which is traditionally done from sundown to sundown on Yom Kippur.</p>			<p>1</p> <p>9A BOCCE 10A YOGA 11A BOCCE CL</p>
<p>2</p> <p>9A BOCCE</p>	<p>3</p> <p>9A EZ FITNESS-AUD 9A BOCCE 10A CHAIR YOGA-MCR 12P TABLE TENNIS-AUD 2P CANASTA-MCR</p>	<p>4</p> <p>10A INTRO TO NIA-MCR 10A FLWR MKG-ART YOM KIPPUR EVE</p>	<p>5</p> <p>YOM KIPPUR 9A EZ FITNESS-AUD 9A BOCCE 12P TABLE TENNIS-AUD</p>	<p>6</p> <p>9A TENNIS CLINIC 10:30A CURR. EVTS 3P BOWLING 4P GREEN COM 6P BOCCE</p>	<p>7</p> <p>9A EZ FITNESS-AUD 10A CLAY STUDIO-ART 10A TABLE TENNIS-AUD 10A NIA-MCR 6:30P THE ED BAND</p>	<p>8</p> <p>9A BOCCE 10A YOGA</p>
<p>9</p> <p>9A BOCCE 7P MOVIE NIGHT-TH ELVIS</p>	<p>10</p> <p>COLUMBUS DAY 9A EZ FITNESS-AUD 10A CHAIR YOGA-MCR 12P TABLE TENNIS-AUD 2P CANASTA-MCR 6P BOCCE</p>	<p>11</p> <p>10A NIA-MCR 10:15A CRD MKG-ART 7P CERT MTG.</p>	<p>12</p> <p>9A EZ FITNESS-AUD 9A BOCCE 11:30A WATER AERO-P5 12P TABLE TENNIS-AUD 7P MASTER BOD</p>	<p>13</p> <p>10:30A CURR EVTS 11A 12P WC BINGO-TH 3P BOWLING 6P BOCCE</p>	<p>14</p> <p>9A EZ FITNESS-AUD 10A CLAY STUDIO-ART 10A TABLE TENNIS-AUD 10A NIA-MCR 1P YIDDISH HERIT.-MCR</p>	<p>15</p> <p>9A BOCCE 10A YOGA</p>
<p>16</p> <p>9A BOCCE</p>	<p>17</p> <p>9A EZ FITNESS-AUD 10A CHAIR YOGA-MCR 12P TABLE TENNIS-AUD 1:30P COUNC CLBS-ART 2P CANASTA-MCR 6P BOCCE</p>	<p>18</p> <p>10A FLWR MKG-ART 10A NIA-MCR</p>	<p>19</p> <p>9A EZ FITNESS-AUD 9A BOCCE 11:30A WATER AERO-P5 12P TABLE TENNIS-AUD</p>	<p>20</p> <p>10:30A CURR EVTS 1:30P BOOK REV-MCR 3P BOWLING 6P BOCCE</p>	<p>21</p> <p>9A EZ FITNESS-AUD 10A CLAY STUDIO-ART 10A TABLE TENNIS-AUD 10A NIA-MCR 6:30P THE ED BAND</p>	<p>22</p> <p>9A BOCCE 10A YOGA</p>
<p>23</p> <p>9A BOCCE 7P MOVIE NIGHT-TH WHERE THE CROWDADS SING</p>	<p>24</p> <p>9A EZ FITNESS-AUD 10A CHAIR YOGA-MCR 12P TABLE TENNIS-AUD 2P CANASTA-MCR 6P BOCCE HALLOWEEN 9A EZ FITNESS-AUD 10A CHAIR YOGA-MCR 12P TABLE TENNIS-AUD 2P CANASTA-MCR 6P BOCCE 6P TC HALLOWEEN PTY-P5</p>	<p>25</p> <p>9A 10A NIA-MCR 10:15A CRD MKG-ART TUES., NOV 1 7P HOMES BOD</p>	<p>26</p> <p>9A EZ FITNESS-AUD 9A BOCCE 11:30A WATER AERO-P5 12P TABLE TENNIS-AUD</p>	<p>27</p> <p>9A 10:30A CURR EVTS 3P BOWLING 6P BOCCE</p>	<p>28</p> <p>9A EZ FITNESS-AUD 10A CLAY STUDIO-ART 10A TABLE TENNIS-AUD 10A NIA-MCR</p>	<p>29</p> <p>9A BOCCE 10A YOGA</p>
<p>30</p> <p>9A BOCCE</p>						

LIBRARY NEWS

JOLIE TRABIN & JOAN POWELL

The Rainberry Bay library is stocked with bestsellers and newly released DVDs. Please make every effort to return items on time.

OCTOBER '22 BOOKS

- ☐ 6:20 MAN, THE..... BALDUCCI, DAVID
- ☐ IT GIRL, THE WARE, RUTH
- ☐ FRENCH BRAID TYLER, ANN
- ☐ FAIRY TALE KING, STEPHEN
- ☐ BOOK OF GUTSY WOMEN, THE HILLARY &
..... CHELSEA CLINTON

OCTOBER '22 DVDS

- ☐ NOLAN..... 294
- ☐ FORGIVEN, THE 354
- ☐ 1883 YELLOWSTONE..... 360
- ☐ JURASSIC WORLD..... 361

WHY I LIKE RETIREMENT Q & A

- Question: How many days in a week?
Answer: 6 Saturdays, 1 Sunday
- Question: What's the biggest gripe of retirees?
Answer: There is not enough time to get everything done.
- Question: Why don't retirees mind being called Seniors?
Answer: The term comes with a 10% discount.
- Question: Among retirees, what is considered formal attire?
Answer: Tied shoes.

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LIBRARY HOURS

SEPTEMBER - MAY: Monday-Friday, 1-3 pm
JUNE - AUGUST: Mon, Wed, Fri, 1-3 pm



10/09

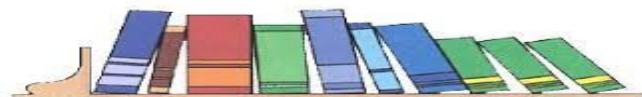
ELVIS

10/23

WHERE THE CRAWDADS SING

* DATES ARE SUBJECT TO CHANGE

BOOK DISCUSSION GROUP



NANCY EFFRAIN

Welcome to the October Book Discussion group. October 20th kicks off our new season. Join us for a stimulating and lively discussion of "The Lincoln Highway," by Amor Towles, author of "The Gentleman from Moscow."

This novel is an action packed joy ride on the Lincoln Highway from Nebraska to NYC. While traveling along the highway, the journey is interrupted with many detours, and this is when new story lines are introduced. We meet new characters and exciting, uproarious adventures occur. The story is centered around three boys who were incarcerated together in a juvenile detention center. Joining the three teenaged boys is the eight year old brainy brother of the recently, legally released Emmett Watson, who was in the reformatory along with his cohorts. The cohorts were not legally released, but were stowaways in the car returning Emmett to his home, after his term concluded at the reformatory. What are they looking for, and what do they discover about themselves, are questions to be discussed amongst our group.

Join us in discussing this fast-paced, well-constructed novel. If that isn't enough enticement to attend, then come to hear Joyce Vogel, who will be facilitating. Our first meeting is Thursday, Oct 20, 1:30 pm, in the Men's Card room.

Everyone is welcome, however, to best appreciate this joy ride, be sure to read the book. Check availability in the RB library, as well as PBC libraries.

The book selected for the November 17 meeting is, "Wish You Were Here," by Jodi Picoult. Details will follow in the November Beacon. NANCY EFFRAIN (561) 877-9166.

As we are in the 2022 Hurricane season, your Rainberry Bay CERT team has been preparing to help our community should we be needed. This year our preparation must go where no one has gone before. Not only do we face the challenges of dealing with the aftermath of a disaster with limited resources and members, we now have to factor in the COVID-19 epidemic.

In past years, part of the clubhouse remained open for residents to come if they lost power. Due to the pandemic, once CERT sets up our Incident Command Post and Triage Area, the entire clubhouse will be off-limits. This measure is needed to ensure the risk of contamination and/or cross-contamination be held to a minimum. As it is, CERT is not and has not been trained or prepared to deal with the pandemic. If people are allowed to come and go, the chances of contamination will rise exponentially and it will put all the volunteers in danger, forcing the closing of the triage area, staging area, and Command Center.

Yes, these are troubling times, and some extreme measures are being considered and revamped in order to deal with a disaster. Your CERT team cannot and will not put ourselves in danger if security measures put in place are broken. We just don't have enough volunteers to cover this entire community.

We are fortunate in Rainberry Bay to have retired nurses and retired first responders as part of our team, all of whom are willing to run toward the impending disaster. We count on you, our Rainberry Bay family, to support us by not placing us in further danger and think about the safety of others.

HURRICANE EDUCATION

HELEN SOHNE

The only thing we can truly count on in hurricane season is that it is unpredictable! We've been lucky so far (as of September 12) but we are in the peak of the season and anything is possible.

So it's time to take stock (again) of your preparedness. While you may know how to shop and prepare your home, it can be challenging to find info on evacuation and shelters. What would you do if evacuation were needed or your power went out for an extended period?

SPECIAL NEEDS AND MEDICAL EQUIPMENT:

- ◆ If you use oxygen, cpap machine, nebulizer or depend on other medical device, consider speaking with your doctor, family, or caregiver about what you will need. Some people opt for a generator or a rechargeable battery pack that can be on standby for power outages.

EVACUATION:

- ◆ Special needs shelters require pre-registration and have requirements. Here

is some info to share with your neighbors if they cannot use a computer or print.
<https://discover.pbcgov.org/publicsafety/dem/SPNS/SpecialNeedsApplication.pdf>

SPECIAL NEEDS SHELTER CRITERIA

- ◆ Persons who cannot be without electricity because they depend upon their own electrically energized life support equipment within the home (i.e. oxygen, nebulizers, G/NG Tubes, uncomplicated IV, etc).
- ◆ Persons that require assistance with transferring or need a Hoyer Lift.
- ◆ Persons receiving assistance with activities of daily living who need a place to evacuate with their caregiver.
- ◆ Persons who with progressive Alzheimer's or Dementia who need a place to evacuate with their caregiver. Caregivers must accompany their patients.

If you do not have special needs but feel

the need to leave, have a "to-go" bag ready.
<https://www.nytimes.com/2021/09/02/well/go-bag-essentials.html>

General shelters require you to bring all of your own supplies and bedding and may not be the best place to be for any extended time. The closest shelter is the high school on Atlantic Ave. in Delray Beach. Consider leaving the area well in advance of a category 3-5 hurricane to avoid the traffic, find a hotel or motel out of the track of the storm or perhaps visit friends or relatives out of state.

GENERAL HURRICANE PREPAREDNESS:

PBC Hurricane Guide:

<https://discover.pbcgov.org/publicsafety/PDF/Hurricane-Guide-ADA.pdf>

The guide from FirstService should be in the clubhouse or the office.

If you still have questions about preparing for hurricanes, drop us a line at rainberryhpc@gmail.com

COPS

CAPTAIN GILLES GOUIN

INTERESTED IN COMMUNITY SAFETY?

FACT: The Delray Beach Police Department is reviewing its partnership with the Delray Beach volunteers, including the COP (Citizens Observer Patrol) program. Traditionally, before the pandemic, COP volunteers worked in six communities within Delray Beach, acting as the eyes and ears for the Police Department in the neighborhoods where they live. COP volunteers play a significant role in supporting the members of the Delray Beach Police Department. They have been directly responsible for reducing crime in their areas by as much as 75%. This Police-driven alliance has improved the overall quality of life for all of us who live in Delray Beach. All COP volunteers are equipped with uniforms and a Police Volunteer vehicle.

FACT: The Delray Beach Police has recently informed us that they hope to authorize the patrolling of the COP program within the next few months. That means that Rainberry Bay volunteers in partnership with our colleagues from Rainberry Lake and the Pines will be resuming patrolling as soon as our volunteer police vehicle is available.

FACT: We need more volunteers in Rainberry Bay, and we hope we can count on you. Our Rainberry Bay volunteers patrol in five assigned nearby communities of Delray Beach, on a two-hour long shift, with a minimum commitment of one shift per week. The five communities that we are patrolling are Rainberry Bay, Rainberry Lake, the Pines, the shopping center at the corner of Lake Ida and Congress Avenues, and Lake Ida Park (aka the "dog park").

ACTION: If you want to learn more about our COP volunteer program, or would like to join us, we encourage you to contact Captain Gouin, Rainberry Bay COP Volunteer, either via cell phone: 301-602-9277, or via email: France.Gillou@gmail.com Applicants are required to attend a half day orientation class provided by the Delray Beach Police and then to be fingerprinted.

Brainberry

As I write this article for the Beacon, I realize I have written ten articles a year beginning July 2009. It has been so enjoyable, I loved doing it. A sense of reminiscing came over me, very bittersweet. Play along with me if you can, and remember: Myrna Goldberger, our favorite storyteller, 'Myster' History always in authentic costumes, Movie Critique with Lydia; Lunch at the Opera at Benvenuto's; Dr. Robert Watson, our popular political analyst; Opera Season at the Met; and, of course, Al Guestafestes' *Piano For The Soul*. As the years passed, our programs changed to fit the needs of an evolving population.

Join us for the 4th Annual Holiday Art, Craft & Flea Market on Sunday, December 11, 2022 outside on the Tennis Center Grounds from 10:30 - 3:30 pm. Please look at our flyer on the next page with the application form. You may remove it from the Beacon, fill it out and return it to me. You can also find the flyer in the Clubhouse lobby.

Following are our 2022-23 presentations, though I must say we have always offered most of these classes with a few additions.

ARTS & CRAFTS PROGRAM

- ◆ **BEAD & BITCH** will begin again in November on Monday evenings at 7pm. You can bring beads or buy them there. Bitching is always free. Call Karen Miller at 302 743 7702.
- ◆ Crafty Tuesdays can keep you busy every Tuesday morning with,
 - ◆ **BABS FLOWER MAKING/CRAFT CLASS**, 1st & 3rd Tues. 10:00 am. These flowers look so real, you will keep smelling them. Join the fun.
 - ◆ **MADLINE'S CARD MAKING WORKSHOP**, 2nd & 4th Tues. 10:15 am. All supplies provided. New projects every class. Cards, journals & collages. \$4.00pp.
- ◆ The Clay Studio, Friday 10-12. Call Joyce Poses for info, 561 276 7694.

EXERCISE PROGRAMS let you MOVE your bodies without fainting from the heat in our air conditioned clubhouse

- ◆ **EZ FITNESS CLASSES** muscles in motion, M W F 9-10am Call Madeline Bochner 561 279 2062
- ◆ **YOGA**, call or text Deb Mayes at 607 302 0009. Both classes are in the Men's Card Room & cost \$20 month/\$10 class.
 - ◆ **CHAIR YOGA**, Monday, 10-11 am, no mat needed
 - ◆ **GENTLE YOGA**, Saturday, 10 11 am, on the mat
- ◆ **WATER AEROBICS CLASS** with Nan Robb, Wednesdays 11:30 am, Pool 5, no charge.
- ◆ **NIA** classes, Tuesdays & Fridays, 10 am, Men's Card Room, join a fun movement class adapted to your fitness level, leaving you energized and uplifted but not exhausted. Bring a towel, mat, drinks, and wear comfortable clothing

CLASS	DAY	VENUE	TIME
EZ Fitness	M-W-F	AUD	9-10 a
Chair Yoga	M	MCR	10 a
Canasta	M	MCR	2-4 p
Beading	M	ART	7-9 p
Nia	T, F	MCR	10 a
Flowers/Crafts	T (1st & 3rd)	ART	10 a
Card Making	T (2nd & 4th)	ART	10:15 a
Water Aerobics	W	POOL 5	11:30 a
Current Events	Th	MCR	10:30 a
Book Discussion	Th (3rd)	MCR	1:30 p
Clay Studio	F	ART	10 a-12 p
Mat Yoga	S	MCR	10 a

Updated: 9-12-22

OUR FAVORITE EXTRAS

- ◆ **CURRENT EVENTS** with Jack & Nancy Effrain, Thursdays, 10:30 am, in the Men's Card Room.
- ◆ **CANASTA CLASSES**, with Phyllis Berke, Mondays 2-4pm, a group of players, with beginning to advanced skills, meet to gain or refresh their skills, playing the game. They meet in the Clubhouse Men's Cardroom. No need to register, just show up. If you have questions, call **PHYLLIS** at (561) 865-5948.
- ◆ **BOOK DISCUSSION GROUP**, with Nancy Effrain, 3rd Thursday of the month in month in the Men's Cardroom. For more details on this class, see page 11.

If nothing here suits your fancy, then eat chocolate.



Brainberry & Classes Presents . . .

The 4th Annual Holiday Art, Craft, and Flea Market

Sunday, December 11, 2022
Tennis Center Grounds (Outside)
10:30 am to 3:30 pm

Come see, enjoy, and/or purchase hand-made works of art and other items.
This is the perfect time to buy your holiday gifts.

Visit with your neighbors and friends. Don't forget to call in your visitors.
We have the most artistic and creative people around.

Prepare to be amazed!

CDC health regulations will be in effect on this day.

Interested in a table? Fill out and return the application below
to the Classes mailbox outside of the library in the Clubhouse by December 3, 2022.
Contact Joyce Poses - 561-276-7594

Cut here ----- cut here

APPLICATION FOR ART, CRAFT & FLEA MARKET

Name _____

Email (required) _____

Phone number (required) _____

Type of items to be sold _____

Fee - \$15 for one table and 2 chairs – only one table per person.

Make check payable to "RB Classes" and place in Classes mailbox in Clubhouse (outside library).

Set up begins at 9:00 am.

Contact Joyce Poses with any questions – 561-276-7594

21st Century Club Ready for Season 22-23?

The 21st Century Club booked a fantastic array of very talented bands. This season will be one we won't forget. If you like great music all of these shows are "must sees." You can preview them on You Tube.

Book your tables early for the best seats. We provide bottled water and ice with buckets. BYO snacks and drinks. All shows are cabaret style. We will start selling tickets every Monday and Thursday from 4 to 5 PM in the Theater starting October 31, 2022. If you would like to make a reservation or buy a ticket in advance, contact **SUE DRESNER** @ 917 882 0973.

FRIDAY, DECEMBER 9, 8 PM , THEATER, TICKETS \$20

MEET LOAF



The Ultimate Tribute to Meat Loaf

If you love the music of Meat Loaf, get revved up because Meet Loaf really ignites and faithfully captures operatic vocals along with the epic theatrical show Meat Loaf fans have come to love.

SATURDAY, JANUARY 14, 8 PM , THEATER

ALMOST ABBA



The #1 Tribute to Abba

This fabulous group must be seen and heard, especially if you love ABBA. They perform all the hits and will have us singing and dancing like "Dancing Queens" to "Mamma Mia," "Fernando," "Waterloo" and many more.

SATURDAY, FEBRUARY 11, 8 PM , THEATER

WILDFIRE BAND



The WildFire Band is the loving, "refiring" of the beloved Blue Fire Band. With their core members, they have been performing and wowing crowds, including here at Rainberry Bay, for years. They are a 5-piece band with amazing chemistry and musicianship.

FRIDAY, MARCH 10, 8 PM , THEATER

THE ROCKETMAN SHOW

Starring Rus Anderson



Hand-picked by Elton John, it was Rus's own live tribute production, "The Rocketman Show," which got him noticed. Rus recreates the magic and live persona of a young Elton like no other. He storms around the stage with a fun-loving sense of flamboyance; part diva, part soccer player, killer vocalist, fierce piano player, all rock and roller. Rus's painstaking attention to detail includes wearing gorgeous colorful and spectacular costumes. This is clearly the most authentic Elton John tribute show in the world.

FRIDAY, DECEMBER 31, 8:30 PM-12:30 AM

THEATER, TICKETS \$25

THE FLYERS



Let's bring in the New Year together, close to home. Join us as we have a blast with one of Rainberry Bay's favorite bands, The Flyers. For those who don't know them, they are a rock band based in Delray Beach. They have a great repertoire of classic sounding Rock, Funk, Blues and Soul. They are a multi-

instrumentalist band.

RING IN 2023 WITH A BAND THAT WILL HAVE YOU DANCING AND HAPPY. THE CHAMPAGNE AND PASTRIES AT EACH TABLE ARE COMPLIMENTS OF THE 21ST CENTURY CLUB.



SUNDAY, JANUARY 29, 8 PM , THEATER

ABSOLUTE QUEEN

Queen Tribute Show Band



Absolute Queen is the most authentic Queen Tribute Show band on the planet. All of the hits are covered, including the **BOHEMIAN RHAPSODY** movie soundtrack.

SATURDAY, FEBRUARY 25, 8 PM , THEATER

CHROME '57



This band is a premier oldies band, the ultimate '50's band that performs throughout Florida. The bandleader leads the band with an amazing horn section, and a male and female vocalist. It is a high energy stage show that always packs the dance floor. They are polished performers who are the preferred vendors for Disney and Universal.

FRIDAY, MARCH 25, 8 PM , THEATER

THE BOSS PROJECT

Bruce Springsteen Tribute Band

This premier Bruce Springsteen and E Street Band tribute is an unstoppable powerhouse ball of energy that brings audiences to their feet, singing and dancing every second of the show! If you can't see Bruce himself, then you **MUST** see The Boss Project.



Rainberry Bay Begins Its Makeover!



If you see Dave Watkins of FirstService around, give him a thank you for making our faded signs look like new again. He finished this one and will tackle the others at the Tennis Center and the Theater. When we tried to do this a couple years ago, the bids we got were too expensive. This year, our staff took on the project, saving us a lot of money. Dave also recently painted the exterior of the building at Pool 1 along with all of the faded windows and trim. It looks great. Thank you from all of us, Dave.

Photo: Shelley Glass



The long-awaited, Rainberry Bay Road Project finally began on August 3, 2022. Board members, Lois Wiesler and Jill Forshey sent in these pictures so we can keep a photographic record for the ages. The big Bobcats came and began at the Villas, tearing out old curbing, making trenches, and putting in the new curbs.



FIRST RAINBERRY GRANDPARENT'S DAY

KAREN APRILL

PHOTOGRAPHY: CHAR LANE

The Rainberry Clubhouse rang out with laughter, singing and little feet as we celebrated the first **RAINBERRY GRANDPARENT'S DAY**.

The afternoon was filled with activities from Bingo with semi-professional caller, **VINNIE ARDILLO**, to rock painting enjoyed by ages 2-70, a singalong of children's classics with the wonderful accompaniment of **ED WILLEY** and friends, special snacks; and concluding with the beautiful, animated, 3D movie *Thunder and the House of Magic*

which was picked and shown by **DAVE KULICK**. It was enjoyed by everyone from the youngest viewer (2) to the oldest.

It was joyous watching families, many with three generations present, enjoying activities together. The day would not have been possible without the Rainberry village that supported it, from the Boards' initial approval, to sponsorship by the 21st Century Club for snacks, **LOIS WIESLER** bingo, **ED WILLEY** music, **CAROL UNGER** rock and paint donations and the great volunteers that made

the afternoon run smoothly: **LOURDES ALFONSO**, **JOYCE POSES**, **VINNIE**, **ESTHER MENDELSON**, **SUE SCHULMAN**, **LINDA MACNEAL**, **CHAR LANE**, **DAVE KULICK** and **BABS HELLER**. I want to thank **CAROL UNGER** for working so hard making my idea into reality, even without her grandchildren being able to attend.

Lastly, for all the Grandparents who were willing to try something new and bring their family onboard for the ride. What a fun afternoon in the Clubhouse.





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LEAK



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Mold Testing



Toxic Black Mold
Removal

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\$0*

*We Bill Insurance
Directly

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– Gerry T.

"J & R and his team were complete professionals. From day one they were easy to communicate with and their follow up was impeccable."

– Thomas F.

"J & R Restoration is truly a company you can trust. They did a fantastic renovation to our home. Their crew consist of highly skilled and respectable professionals."

– Janice T.



CALL: 561-674-2332

24/7 **EMERGENCY** RESPONSE

Jnrrestoration.com



Green Committee

VINNIE ARDILLO

Meetings
1st Thursday of Month
4:00 pm—MCR

FLORIDA NATIVE HEDGES CAN BENEFIT RAINBERRY BAY'S FUTURE

Rainberry's ficus boundary hedges are slowly dying, expensive to trim and require expensive, harmful pesticides to kill the white fly. The Green Committee has spent the last 5 years researching, and planting in our own yards, better hedge choices. Simpson Stopper (*myrcianthes fragrans*) is a highly recommended, native choice for Rainberry residents to choose for replacing ficus hedges. Once established, these natives will require less trimming and no toxic treatment, saving our community money, saving our health and our pets health, as well as beautifying our community and attracting birds and pollinators.

We have 5 1/2 miles of Ficus around our perimeter and in our yards. Our contract fee for the last three years was \$889,000 per year for landscapers, which included trimming the ficus 6-9 times a year, depending on their location. An additional fee of \$20,000 was paid for the toxic root drench method of poison that kills white flies (and any other insects that come in contact with the treatment) as needed, at least once per year.

Dying ficus are currently being replaced with either green arboricola (*schefflera arboricola*) or clusia, which is an additional cost to our community for each planting. The green arboricola planted on Davis Road in 2018 was at a cost of \$15,000. A huge reason that white fly has taken over is because we have a monoculture of ficus all over Florida. Our community is planting and proposes to continue planting "green arbs" along with clusia. Green arboricola are a Florida-friendly shrub, but they are now another monoculture all over Florida. Clusia are known to be invasive, acting like the strangler fig, and are another Florida monoculture. Rainberry even has some trees growing out of clusia.

We can have crucial diversity, along with conformity of appearance, with native choices. The Native Plant experts that the Green Committee has hired to assess our options have suggested many native choices. The most common is Simpson Stopper (*Myrcianthes fragrans*). There are many other good choices, including Crabwood (*Gymnathes lucida*) and Florida Boxwood (*Schaefferia frutescens*).



Simpson Stopper



Schefflera arboricola



Clusia hedge

MONOCULTURE

Too many of the same plant species rob the soil of its nutrients resulting in decreasing varieties of bacteria and microorganisms making the species susceptible to pests

We will be discussing ficus at our first GC meeting on October 6 at 4 PM. We hope to work with our HOA Board and Native Landscapers to propose a gradual ficus replacement schedule. Please join us to explore and learn about easy, beneficial ways to improve our community and to save money, our health, and our pets health.

PLEASE NOTE THE FOLLOWING FOR THIS YEAR

- ☐ **COLLECTIONS:** The Green Com has removed the shelf for collection of pill bottles and corks. We are no longer collecting these items. The Tri-County Animal shelter is no longer accepting the empty medication bottles, so please discard in your recycling bins. Thank you for the thousands of bottles and corks collected over the past few years.
 - Please continue to save old eye glasses and contact lenses, including bubble cases, for collection at a time and place to be determined.
 - Tennis balls can be recycled in the box available at the tennis center.
- ☐ **BLUE REFLECTORS:** Please consider keeping our landscaping company from applying pesticides, herbicides, and fertilizers on your planting beds by signing up for the blue reflector program. The protocol and registration form are available in the kiosk at the Clubhouse. This is a beginning to keep some of the toxic chemicals out of our environment.

Dates: Hazardous Waste Collection:

Shredding Event:

Meetings:

Saturday, January 21, 9am-11am, theater parking lot

Saturday, March 11, 10am-12noon, theater parking lot

First Thursday of the month in the Clubhouse; first meeting of season:

October 6 at 4 pm

Palm Beach-Broward Landscaping

11030 Blue Jay Lane Boynton Beach, FL 33472 (561) 364-8610 (954) 720-3336

FALL- LANDSCAPE MANAGEMENT

DENNIS BRADLEY

In anticipation of the forthcoming Fall Season, it is important that we prepare. Preparation requires us to take a close look at all fundamental aspects of our landscape. Flowers & mulch are the most effective at punching up our curb appeal.

- ◇ Mulch serves to provide three primary benefits, aesthetic improvement, moisture retention, and reduction of weed growth. The thickness of the mulch applied is very important. If no mulch is present the industry standard is a static 2"-3" thick layer of mulch. Once you have a mulch base, a supplemental installation of 2" once or twice per year shall suffice.
- ◇ Annual flower plantings can do more to punch up our curb appeal than any other single enhancement we can provide. Proper color selection, design and strategic placement of color beds must also be considered.
- ◇ Entrance features to communities and all

amenity areas should take precedence when planning your design strategy. For large format color beds, solids or two-color combos create the most out your color program. Failure to amend and fertilize color beds will result in unwelcomed poor performance and subsequent losses.

We must give consideration to the balance of our landscape. This is a great time to trim, prune and adjust our landscape beds to ensure our intended design maintains integrity. While doing so, we should also take time to identify any deficient areas that may require filling in with additional shrubs or groundcover. Filling in all deficient areas is always recommended prior to the Fall mulching. Ideally, forecasting annual landscape replacement budgets will help a great deal when planning this effort.

In preparation for the forthcoming Winter season, fertilization should be prioritized, This supplemental feeding will boost your

landscapes immune system and naturally boost color & vigor. While not a guarantee against possible frost damage, it will aid to minimize both Initial damage and Improve recovery time.

Fundamentally, the transition from Spring/Summer season to our Fall/ Winter season can bring some welcomed changes. We will begin to see some dramatic changes. Days shall become both shorter & cooler. Therefore, all aspects of plant growth shall slow down. Additionally, rainfall shall also diminish providing a welcomed decline in plant pest and disease issues.

In summation, take time to review your Fall preparation plan so you may continue to enjoy great curb appeal and contact us to assist you with a proposal or Landscape design. If you mention this Article, you can receive 10% off on any Landscape work over \$250.00.

LET'S GO NATIVE

AN EXCERPT FROM THE DECEMBER, 1985 BEACON

"The climate in South Florida is changing! The need for water conservation has reached the emergency level and population growth will depend on the availability of fresh water. "

"Ecologists beg us to use plants which need less water. The search for native plants which will survive in our particular environment has become a popular pursuit. Homeowners must look further than K Mart, but the rewards in saving water, energy and maintenance can be important. Because our climate is more arid than before, even native plants will need help with feeding and watering to get them established, but once on their way, they will fend for themselves.

I have listed for you a few trees carefully selected for the native community of Pine

Flatwoods (the ecological name for this area of Delray Beach). Much information is available in the public library also."

Does any of this sound familiar to you? These are direct quotes from an article in the December 1985 Beacon, written by Adele Jackel. For 37 years, at least, we have recognized the need for different plantings here at Rainberry Bay to help the environment. The current Green Committee has done an incredible job educating and introducing us to the importance of replacing our invasive plants with natives.

Adele goes on to name 3 examples of trees that are beneficial to our community. Her examples of good trees for us are: Mahogany, Pigeon Plum and Cabbage Palm (aka Sabal

Palmetto). We do have a number of mahogany trees and found them to be a hazard to our cars, dropping nuts and seed pods that break windows.

What about the Sabal Palmettos and Pigeon Plums? Ms. Jackel tells us that the Palmetto is found growing wild throughout the state and is used in home landscape as well. The stems of the cabbage palm leaves remain attached after the leaf has broken away, and eventually falls off. How many of these do we see here today? Do we have any Pigeon Plum trees? We are in the process of removing the invasive schefflera and the Green Committee recommends replacing our high maintenance ficus. Be sure to read the article on the previous page.

INFORMATION PLEASE

CLUB SODA NOT JUST FOR DRINKING ANYMORE!

LOIS WIESLER



Club soda is just carbonated water, more or less, like seltzer water or sparkling water, but it often has added minerals that set it apart from run-of-the-mill carbonated water. Between its carbonation and mineral content, club soda is a surprisingly useful substance that can do more than just quench your thirst!

USES FOR CLUB SODA

◇ JEWELRY CLEANER

Soak your jewelry in a small bowl of club soda overnight, and the bubbles will help loosen any grimy bits. In the morning, rinse the jewelry and buff to a shine with a soft, clean cloth.

◇ WINDSHIELD GUNK REMOVER

Tar, sap, bird poop, bug splatters... there are a lot of sticky messes that end up on your car windshield! Club soda can help break down those sticky messes and make them easier to wipe away.

◇ HAIR PROTECTOR

Pool water can cause discoloration to your hair, especially if your hair is color-treated. Use a can of club soda to rinse your hair after a swim to help protect it from discoloration.

◇ SOOTHE AN UPSET STOMACH

Sipping on club soda can help calm an upset stomach in two ways. First, the sodium bicarbonate in club soda can help neutralize stomach acid, and second, the carbonation encourages burping, which can help relieve some of the pressure in your stomach.

◇ RUST REMOVER

To help remove rust, soak the rusty object in club soda for an hour or two. The bubbling action of the carbonation will help loosen up the rust and make it easier to remove.

◇ PAN SAVER

Instead of trying to scrub a stubborn, cooked-on mess from a pot or pan, do a soak with club soda to make it easier! While the pot or pan is still warm, pour club soda into the pan and let it soak for a few hours. When you return, the mess should be much easier to clean!

◇ FEED YOUR PLANTS

Club soda's added minerals makes it a great food source for plants! Let a can or cup of club soda go flat, then use it to water your houseplants. Do this once a week to give your houseplants a nutritional boost!

◇ EXTRA FLUFFY FOODS

Use club soda in place of water for foods that could use an extra boost of fluffiness, like pancakes, waffles, tempura batter, omelets, and more!

RAINBERRY RESIDENT DIRECTORY

CHAR LANE

It's almost time to start working on the 2023 Rainberry Bay Directory. The directory is a valuable resource when you want to contact someone or obtain phone numbers for emergency or other services, the office, and guardhouse.

Our Rainberry Directory is a continuously evolving document. We have many new residents in Rainberry who need to make sure they complete the Directory Inclusion form provided to them by First Service or the Welcome Committee. They'll receive a hard copy of the Rainberry Directory, copies of which were given out at multiple distributions and/or hand delivered during the past year. Copies are also available by contacting the FSR office.

Telephone numbers are automatically included in the Directory unless you opt out of having your number(s) included. Email address(es) will be included only if you opt-in on a form.

If you had different information in the print and electronic versions in 2021, you'll need to complete a new form. The 2023 print version of the directory will be sourced from the updated electronic directory. The two versions will be the same.

Directory Inclusion forms are available in the clubhouse lobby wall display and on the Rainberry website. Please make sure you complete a Directory Inclusion form to ensure we have your current information and take your completed form to the FSR Management office or scan and email it to Rainberrybay@FSRResidential.com or mail it to FSR at the address on the form.

Please review your information in the 2021 electronic directory for the correctness and note any changes on a Directory form. If you don't have computer access, please complete a form so we're sure to have good information. Remember to update your information whenever you change telephone numbers or email addresses or other relevant data or circumstances.

An electronic version of the directory is on the password-protected FSR-Rainberry website on the main page under Forms and Documents. *If you don't see it there, please contact the office.*

A number of the Directory forms I've received have boxes checked in the telephone number section. Since most people want their phone numbers included, which is done by default, I or a member of the committee will be contacting people to confirm what they intended.

If you'd like to volunteer for the Directory Committee, please contact me. Because the check-the-box instructions appear to be confusing, I've revised the form to include:

1. **PHONE NUMBER(S)** – write NO by each phone number that you do not want in the directory. Telephone numbers are automatically included in the Directory unless you write NO in the box(es) to have your phone number(s) excluded.
2. **EMAIL ADDRESS(ES)** – write YES in the box by any email address that you want in the directory. Email address(es) will be included only if you write YES in the box(es) by each email address on the form.

MIX-N-MINGLE CLUB

RAINBERRY BAY'S NEWEST CLUB

DEBBIE ARRIGO, PRESIDENT

Hi, Everyone,

It is with great enthusiasm and pleasure that I can introduce you to Rainberry's newest Club, **the Mix-N-Mingle Club**.

First allow me to introduce myself. I am **DEBBIE ARRIGO**, Club President, and together with **JILL HORNBERGER LOUGHERY**, Vice President, **NADJA V. ENGLISH**, Treasurer, and **CATHY RUGGIERO**, Secretary, we are excited to inform you about some of our upcoming events and exactly what our intentions are for our beautiful Rainberry Bay community.

The Mix-N-Mingle Club plans to organize interactive activities for all residents on and off-site. To start with, we are planning several day trips, a fun evening, "Night at the Races," and "A Touch of Greece," which will include dinner, dancing and belly dancers. Please refer to Rainberry Bay Calendar for dates. Be assured, there is more to follow.

We are also planning different types of game nights, karaoke, Fridays with Friends, potluck dinners, theme nights and more! There is no membership fee! We are looking forward to seeing our neighbor residents and the guests, who are always welcome to come out and 'mix-n-mingle' with us. We will focus on increasing the collaboration of residents with one another for enjoyment and enhance our senior community with good times for all. Hope this will be an opportunity for you to come on out and build new relationships, interact with friends, and simply just have fun and a good time.

Looking forward to seeing you all very soon! Any questions or comments, please feel free to email us, themixnmingleclub@gmail.com.



WOMEN'S CLUB

CLAIRE SALTZ, VICE PRESIDENT

Our school supply collection for the Pine Grove School here in Delray Beach was a success. Eleven cartons of supplies were delivered in August and were received with grateful appreciation.

Contributing to this effort were the **RB WOMEN'S CLUB BOARD OF DIRECTORS**, **RB BOCCE CLUB**, and **RB GREEN COMMITTEE**, the **RB BOWLING LEAGUE**, **FERN'S BOWLERS**. Residents who donated were: **VINNIE & FRED ARDILLO**, **VALERIE WOLMER**, **ALAN & CARRIE TRUST**, and **ROSE MACKINNON**.

We are a charitable organization and hope in the future more of our clubs and residents will join us to aid those in need. Our Board is grateful to those who donated and those who shopped for and then delivered the supplies. Kudos to **BEVERLY LIBRESCU**, Ways and Means, for the idea and all she did to carry it out - boxes filled both her trunk and her car. Thank you.

We have reserved our theater for monthly Thursday afternoon events. We are looking forward to our next events, including a cards and games party, and will keep you posted when plans are finalized. If you have any questions or suggestions please call club **PRESIDENT CAROL SHORE** (561) 330-2371, or call or email club **VICE PRESIDENT CLAIRE SALTZ** at (561) 450-7241 or WCRBayClaire@aol.com.

Our first event, on October 13 at 1:00 PM is a Bingo in the afternoon. Our last bingo event was such a success - bingo cash prizes, cash raffle prizes and door prizes! Some came in a group with their family and friends to spend an enjoyable afternoon, and many went home as lucky winners. The tickets you purchase become the cash prizes, so the more we sell, the more you can win.



WOMEN'S CLUB AFTERNOON BINGO

OCTOBER 13 at 1 PM

**3 bingo boards for \$ 10.00 and
Women's Club members
receive a free 4th board!**

**Tickets will be sold on
9/22, 9/29, 10/3, 10/6 and 10/10
from 4:00-5:00 PM in the RB Theater**

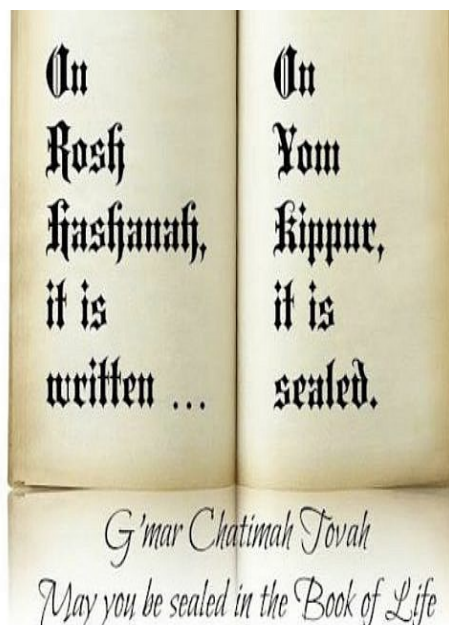
Yiddish Heritage Club

GLENN TODD

L'Shanah Tova to everyone. At sunset on September 25, we celebrate the Jewish New Year (Rosh Hashanah) which will conclude with the DAY OF ATONEMENT, Yom Kippur, on October 5th.

We now move on to our first meeting of the new season. Our meeting will be on Friday Oct 14, 2022 at 1:00 PM in the Men's Card room in the clubhouse. This meeting will not interfere with the holiday of Sukkot (celebrated October 9-16). I hope everyone will be able to attend this meeting. I will be looking for someone to become the Entertainment Chairperson.

I would also appreciate it if everyone would either send their dues to me or bring them to the meeting. Dues are still \$10.00. We will have refreshments at this meeting. Hope to see many of you at this meeting.



BRIDGE CLUB

JOEL SPEISER

This is a very difficult article for me to write. Over the last six years or so that I have been writing this "Bridge Club News" column, I have always tried to include items of general interest to the Rainberry Bay community as they relate to the wonderful game of bridge and, whenever possible, to inject a little humor into it as well. Unfortunately, that is not the case today.

First of all, it is with great sorrow that I report the passing of our good friend **MARTY ROBINS**. A dedicated father and family member, a superior bridge player whose Masterpoint total placed him in the top one-quarter of one percent of all ACBL members, and our Club treasurer for many years, Marty passed away on June 20th. The void he leaves can not be filled.

Second, on to Club news, such as it is. There is a great deal more involved with running a club such as ours than just, somehow, having Bridge games happen. Someone has to schedule the games, arrange for the facility, arrange for a Director, and coordinate with ACBL—and that's just to hold weekly games. In addition, there are Sunday parties, our annual Gala, and a tremendous amount of behind-the-scenes activity; the Bi-laws call for 12 standing committees just to keep the

Club operating smoothly. Since the passing of Bob Sherburne, our Club Manager, no one has stepped forward to keep the club going.

Through the tireless (and largely unheralded) efforts of ex-President **NORMA KOFF**, we did hold one Sunday party with a non-sanctioned game this past spring; she was able to arrange for 3 or 4 tables, hardly enough to justify an ongoing Club. Having already served a term as Club President, Norma understandably would prefer not to take on the tremendous workload of running the club again, and there doesn't seem to be any interest among any other Members to assume the responsibility. As such, the continued operation of our Club is in doubt.

Whether we will continue to operate as a Club or hold a "farewell party" to terminate operations will be decided in the coming months. Input from members is encouraged—email any Bridge Club Board member with suggestions. Hopefully, I'll have better news in the next Beacon.

A FUNILLED EVENING OF



BINGO



SATURDAY, NOV. 5, 2022
7:00 PM IN THE THEATER

**WIN THE BIGGEST CASH PRIZES
WATCHES & REFRESHMENTS**

**SIGN UP EARLY SAVE MONEY
SEATING IS LIMITED**



**4 CARDS FOR \$10.00
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3 CARDS FOR \$10.00
OCT 31—NOV 3**



**TICKET SALES IN THE THEATER
MONDAY AND THURSDAY
4:00 PM—5:00 PM**

21st Century Club

**FRIDAY, DECEMBER 9, 8 PM
RAINBERRY THEATER**

Meet Loaf

The ultimate tribute to Meatloaf

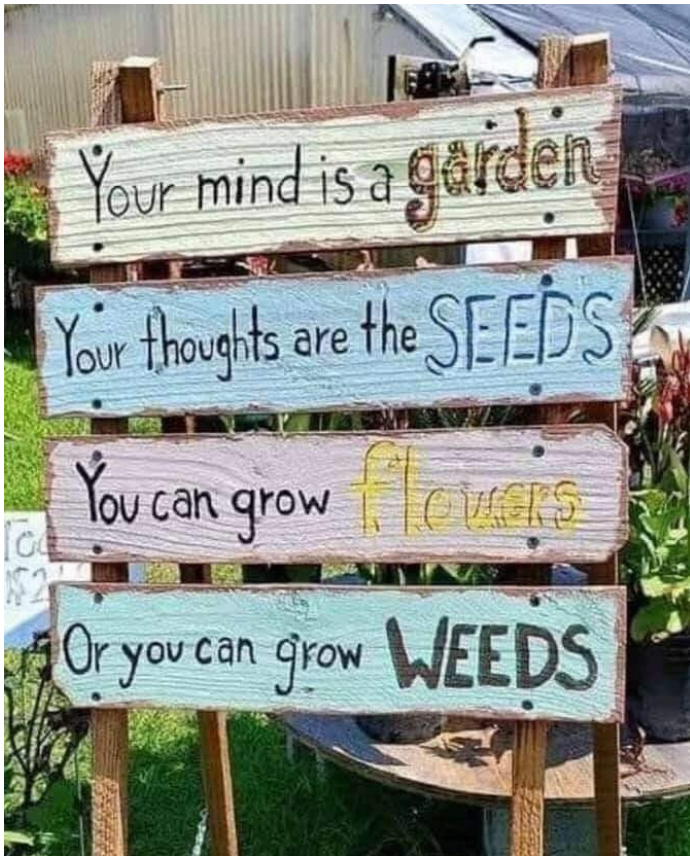
**This 6-piece band will have you
singing and dancing!**

The reviews for them are spectacular.
They play all over the country and
we were lucky to book them for Rainberry Bay.

A must see!

Tickets \$20 each

Mon & Thu 4-5 pm, Theater
or call Susan Dresner (917-882-0973)



Rainberry Sings

A New Music & Variety Show
Presented by On Stage – Neill Klein
Conrad Berke, Chairman

**CASTING CONTINUES
SHOW DATE IS SUNDAY, FEBRUARY 19th**

Our Musical event by residents of Rainberry Bay
for our neighbors.

MEN!!!

I am looking for vocalists.
If you have ever sung in your choir, high school drama,
or just in the shower, I would like to meet you.
There are many opportunities for you to join our show!!!

Ladies, we are still looking for more vocalists
to be part of the fun.

**Contact: Neill Klein 561-271-2219
onstage.rainberry@yahoo.com**

Bocce Club

BARBARA FILIPOWSKI

MORNINGS: WEDNESDAY, SATURDAY, SUNDAY @ 9 AM
EVENINGS: MONDAY, THURSDAY @ 6 PM

**DUE TO THE PROXIMITY OF THE COURTS, THE SHUFFLEBOARD COURTS CANNOT
BE USED DURING BOCCE CLUB TIMES**



Heat and humidity have played havoc on bocce play this summer with fewer games and fewer players. Some days, this was the only visitor to the courts. However, the members who persevered got to improve their game and stay connected to each other.

A new and alternate communication tool has recently been created for Bocce Club members via the Team Reach app on their phones. Over 20 members have already joined the app and shared photos and numerous comments. If you need help joining the Team Reach app, email **DIANE MAXEY** (dmaxey08@gmail.com).

As fall approaches and our snowbird friends return, we look forward to increased activity and welcoming new players to the court. Member dues for 2023 (\$10 a year) will be collected beginning in October (see Vito Tarricone, Treasurer). The Bocce Courts are located on NW 29th Ave. in front of Pool 2. If you're new to bocce, come, observe a game, and then give it a try.



Tennis Club

KEN RUBIN, PRESIDENT



Early greetings Hot South Florida avoiders! By the time you arrive back you may see the lights working on Courts 7 and 8!

We can already see the signs of fall here. It now gets dark about 7:30 compared to 8:40 or so in June and July. With little rain in July and August, we see an above average amount of brown leaves and pine needles on our lawns. Keeps the blowers busy! But September has brought us some rain so Lake Delrain is high.

Our new Sports Director, Shariq Khan, began at our facility on August 1st. He and his maintenance crew have been working hard to recondition the pickleball courts first, as they were in the worst condition. It made no sense to work on the tennis courts during construction. With constant power and irrigation shutoffs, it made regular maintenance more difficult on its own.

Summer is no longer tennis dead in Rainberry Bay now. We have active social play on Monday and Wednesday evenings with organized mixed doubles with 16-20 players per evening.

On Monday, August 29, we had a fun evening with a progressive round robin of 32 players followed by pizza, beer, and soft drinks. Highlighting the evening we had a doubles exhibition by Shariq's staff pros that include former ATP ranked players! They are ready to beat you up in lessons and clinics whenever you are ready!

Interclub senior league planning for the new season is already underway.

The Tennis Club has scheduled its first social event of the new season, the famous or infamous Halloween Pool Party at Pool 5, on Monday evening, October 31, at 6 pm.

With newly lit courts we are planning some evening events like a Friday night mixed doubles round robin. We can only host 8 players under the lights so we will need to work out the details.

The first competitive event of the season will be in November - the Delray Beach Open Mixed Doubles Mega Mixer Qualifier Series 1. Many of you played it last year, where the group of winners advanced to play the main event on February 10, 2023 at the Delray Beach Tennis Center. This event is the opening event and always opens up the Delray Beach Open.



Check the website for main event details:

<https://yellowtennisball.com/mixed-doubles-mega-mixer/>

This season there will be two Rainberry Bay Qualifying events, with the second one in January. So, you will have twice as many chances to get into the main event!

See you all soon!! Get those rackets restrung now onsite and get those new clay court tennis shoes for active play!

Warranty Plan for Rainberry Bay

\$229.00 + tax for one year
includes the following items:

A/C up to 3 Ton:	Refrigerator:
Heating:	Ice Maker:
Thermostat:	Ice/Water Dispenser:
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Guess what? It's our 29th spectacular year for our art and craft show, **AN OLDE FASHIONED HOLIDAY**. We are still at Old School Square, The Fieldhouse (formerly The Vintage Gymnasium). If you have ever been to one of our shows, you know each year brings new crafts of all kinds. Yes, we keep getting better and better. This show is the most incredible, longest running, indoor art and craft show in Delray Beach.

Our local crafters and artists create one-of-a-kind works of art and crafts of distinction. Our gift and holiday items always include: Thanksgiving, Christmas, Hanukkah....along with items that are appropriate for any occasion.



We have jewelry, cards, journals, shell art, glass art, gourds, hand painted and turned wood pieces, ornaments, soaps, purses, quilts, hand-knit hats, sweaters, blankets, headbands, local honey and so much more. Prepare to be incredibly amazed by all of our local talent.



In fact, we have many new items this year.

We will be following the CDC guidelines which will be in effect each day of our show per the city of Delray Beach.

Admission is free with convenient parking across the street at one of the city's parking garages.



DATES AND TIMES OF SHOW:

Thursday, November 17, 2022, 10 AM to 8:00 PM

Friday, November 18, 2022, 9:00 AM to 8:00 PM

Saturday, November 19, 2022, 9:00 AM to 2:00 PM

The Fieldhouse is located on the property of Old School Square on the corner of NE 1st Street and NE 1st Avenue in beautiful downtown Delray Beach, FL 33444. Make it a day and take in the shops and restaurants that are right around the corner on Atlantic Avenue. Please contact Madeline at mhincken@gmail.com for any questions.

Mitch's Computer Services

Registered on SunBiz.org

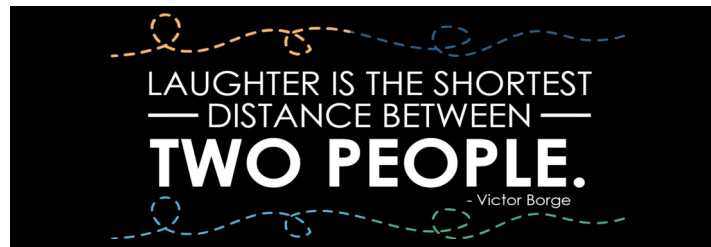
Tune Ups, Viral Cleanups,
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Mitch Brown – Owner
Cell: 207-650-8247
Bus: 561-808-8266
E-Mail: mitchellb526@hotmail.com

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Taking a self-care break and finding things that entertain you can feel like a luxury, but for the sake of your health, it's essential. Even 15 minutes a day to do something that makes you laugh could help you live well during retirement. Or, if nothing strikes you as funny, just force a fake laugh and see what happens. Here are some health benefits of laughter:

- RELIEVES PAIN:** True laughter releases endorphins. One effect of the release of this hormone is that it increases pain tolerance. One study had participants watch 15 minutes of a comedy show in a group. Their pain tolerance increased 10% more than before the laughter. For those who watched a comedy show alone rather than with others, their pain tolerance also increased, but it was slightly less than 10%.
- HELPS YOUR HEART:** A good guffaw is healthy for your heart. It helps your heart by increasing the amount of oxygen in your blood and kicking up your heart rate. It also decreases arterial wall stiffness—a link to cardiovascular disease.
- BOOSTS YOUR IMMUNE SYSTEM:** Laughing can help you stay safe from viruses by improving your immune system. Laughing releases more anti-infection antibodies to help protect your body from infection.
- MAKES YOU HAPPIER:** Laughing helps lighten your mood. It can lessen chronic depression and anxiety as well as make it easier to cope with challenging situations
- REDUCES STRESS:** Your body releases cortisol when you're stressed. Because it's known as the stress hormone, cortisol gets a bad rap, but it plays an important role in the body. It helps manage blood sugar levels, reduces inflammation, manages metabolism, and triggers the fight or flight response in your body at critical times. But too much cortisol and your body feels that stress. Laughter is one of the ways your body can help regulate cortisol. Laughing increases your oxygen intake, which stimulates body circulation and decreases your cortisol levels. Some studies show that just the act of laughing—without having humor in it—can have positive stress-relieving effects.
- RELAXES YOUR BODY:** Stress causes your muscles to tense up. Laughing can help relieve stress because it relaxes your muscles. A good laugh can relieve your muscles of extra stress for up to 45 minutes because it stimulates circulation.



"Laughter is the best medicine, but your insurance only covers chuckles, snickers and giggles."

From Florida law: Lighting Requirements for Bicycles in Florida

Florida's bicycle law requires the following lighting on any bicycle operated between sunset and sunrise:

- ◆ A lamp on the front of the bicycle. The lamp must project white light that can be seen from at least 500 feet away.
- ◆ A lamp on the rear of the bicycle. This lamp must project red light that can be seen from at least 600 feet away.
- ◆ A red reflector on the rear of the bicycle. The reflector must also exhibit red light that is visible from at least 600 feet away.
- ◆ Additional lighting is permitted and highly recommended.

For more, see Section 316.2065(7) in the Florida Statutes.

IS IT LEGAL TO RIDE A BIKE ON A SIDEWALK IN FLORIDA?

Even though bicycles are considered vehicles under Florida law and are allowed to ride on the road, some cyclists prefer to use sidewalks. Where sidewalks are available, they may provide greater safety or accessibility for bikers who are uncomfortable with roadways

As a general matter, it is legal to ride a bike on a sidewalk in Florida. However, cyclists should note that as long as they are biking on a sidewalk or in a crosswalk, they have all the same responsibilities as pedestrians.

Additionally, the bicyclists must always yield the right-of-way to any other pedestrians while in a sidewalk or crosswalk. Bikers must also provide an audible signal before passing foot pedestrians.

IS IT LEGAL TO LISTEN TO MUSIC OR WEAR A HEADSET WHILE BIKING IN FLORIDA?

Auditory distractions inhibit safe driving. When you can't hear what's going on around you, you might miss out on important cues of impending danger. Accordingly, Florida's bicycle law prohibits the use of headphones, earbuds, headsets, and other listening devices while riding. An exception is made for hearing aids.

For more, see Section 316.304 of the Florida Statutes.

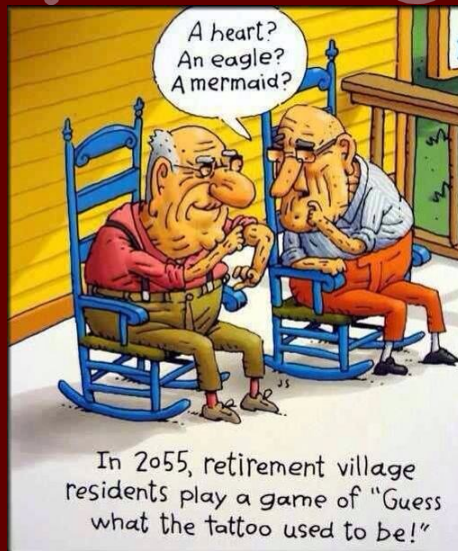
Keep Laughing!



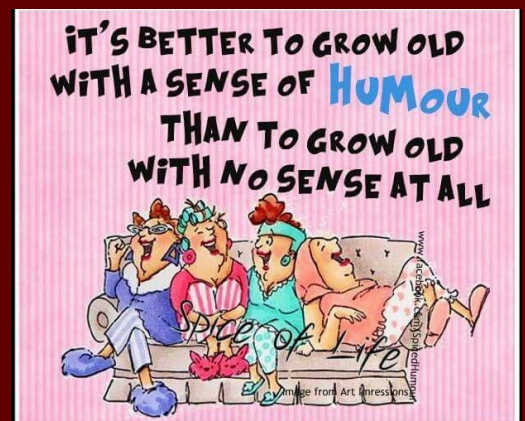
New Word: Exhaustipated

Here is a new word to add to your vocabulary.
It will be especially useful to us senior folks!

Exhaustipated: meaning "too tired to give a ..."



In 2055, retirement village residents play a game of "Guess what the tattoo used to be!"



21st Century Club

What Are You Doing New Year's Eve?

**Join Us for a Rocking Evening with a
Community Favorite**

The Flyers

\$25 Tickets

Includes champagne and pastries

Show time is 8:30PM to 12:30PM

Ticket Sales begin October 31

**Mon & Thu 4-5 pm, Theater
or call Susan Dresner
(917-882-0973)**

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"I've just worked with Carrie & Allan to purchase a villa home in Rainberry Bay. Living in another State, the entire transaction was virtual. Carrie & Allan have been incredibly helpful. They have given clear direction & have been extremely helpful with all my questions. It's been like working with family. I highly recommend using them if you're considering buying or selling a home. Thank you for all your help. A dinner awaits when Linda & I are able to get to Delray Beach." Barry N

"Now that our house purchase is complete, I wanted to thank you both for all your help and the great job you did. Your suggestions and information were very helpful and appreciated. You did so many extra things we could not do, as being snowflakes, we were not physically there. Thank you so much." Dennis B

"Carrie and Allan did a great job listing and helping me sell my villa in Rainberry Bay. It took about three weeks from Listing to SOLD. They helped in everything they could to get the best price and to help in every part of the process. They're the Best." Laurel L

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MY 2022 RAINBERRY BAY SALES

3160 NW 13th ST	SOLD 6/30/22
2530 RIVIERA DR	SOLD 5/12/22
1301 NW 23rd LN	SOLD 4/25/22
2614 NW 12th ST	SOLD 4/20/22
3105 NW 10th PL	SOLD 3/01/22
3205 NW 12th ST	SOLD 2/11/22
801 NW 26th AVE	SOLD 1/25/22
870 NW 32nd AVE	SOLD 1/18/22
TOTAL 2022 SALES TO DATE = OVER \$2M	

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